

Hampton Lodge, Southampton

Nursing Care



Person-centred care and support

Hampton Lodge

We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Having worked with older people for nearly 70 years, we have used our experience to develop a special service at Hampton Lodge offering:

- nursing care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care

MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.

Hampton Lodge

Purpose-built in 1981, Hampton Lodge is ideally located in a residential area of Southampton, just ten minutes from the main train station, with space for up to 43 people. Here we provide nursing care in an environment designed for your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.



Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Hampton Lodge a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own. Many rooms have modern en suite facilities for your comfort and convenience.



The Care and Support Service

Our Manager is a fully qualified professional who leads a dedicated care team including nurses and care and support staff. All our staff members are fully trained in MHA's high-quality care and provide individual support to residents round-the-clock. They play a vital part in creating the natural, homely atmosphere within Hampton Lodge.



Personal Care and Support

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.



Hampton Lodge

Nursing Care – Our 24-hour nursing care is provided by professional qualified nurses and trained care staff. We seek to meet increased physical needs and mental frailty with our on-going personalised nursing care.

Most importantly, we ensure each resident is treated with the respect and dignity that we all deserve.

Health Care

As a resident of Hampton Lodge, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The chiropodist, optician, occupational therapist and dentist all visit residents regularly.

All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

Cleaning and Laundry

Our Domestic Assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.



Meals and Refreshments

Our food is freshly prepared on site by trained and experienced staff. Daily menus are prepared in consultation with residents; this enables us to provide you with tasty and interesting meals which meet your dietary requirements as well as your own individual preferences.



Security and Peace of Mind

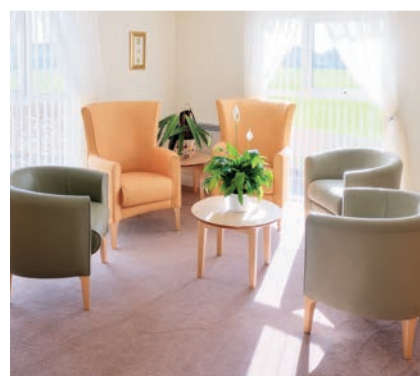
Help is always at hand with our emergency call system. A call bell point is provided in each room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year.

Our external doors are all controlled by an alarm, making the home secure, and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Social Facilities

Hampton Lodge has a number of residents' communal areas, including a library, lounges and landscaped gardens with raised flowerbeds. You'll find these areas very sociable and popular meeting places for residents.

While we always respect your privacy, we have our own Social Care Co-ordinator who organises a complete schedule of activities for you to take part in if you wish. These include painting, crafts, sing-alongs, books on tape, physical fun, games and bingo. Theatre groups, musicians and entertainers visit regularly and we also like to organise social events such as coffee mornings and outings.



Hampton Lodge

Community Facilities

The historic port city of Southampton has numerous places for shopping and leisure pursuits, and Hampton Lodge is within easy reach of them. The city is known for its range of museums, historic buildings and attractive waterfront. There are three art galleries and two theatres and the beautiful Old Town offers plenty of opportunities to explore Southampton's fascinating history.

Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA's services have been independently assessed for quality by the English care sector's regulator, the Care Quality Commission (CQC), and have achieved one of the highest ratings.



Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers in the local area.

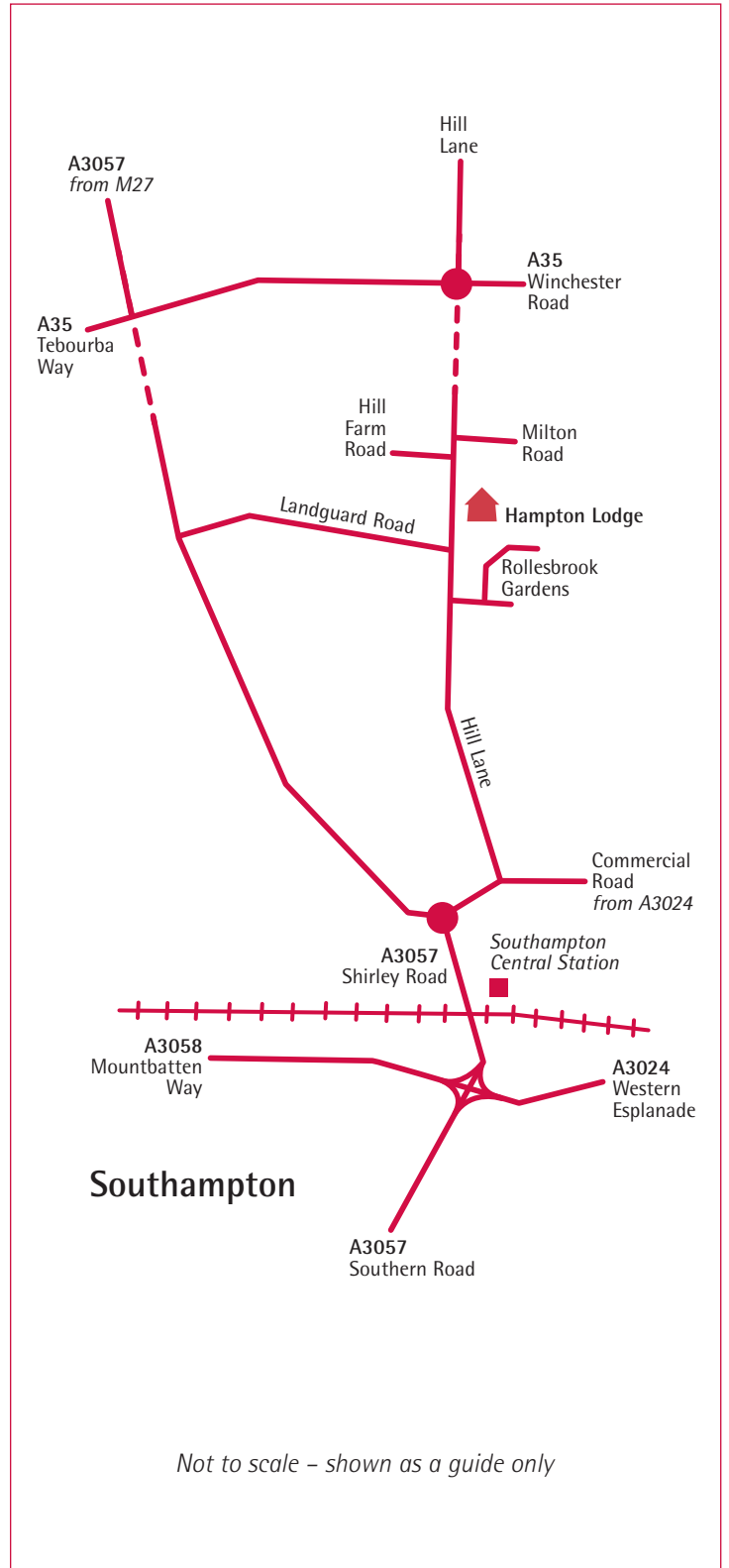
Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a modest fee.



Where Are We?

Southampton can be reached from Junction 3 of the M27. After exiting the motorway, follow signs for Romsey until you reach the roundabout that joins the A3057. Take the A3057 towards Southampton. Continue on this road, following the signs for the A3057 to Romsey, then Shirley at the roundabouts, and continue straight at the four-way junction with the Peugeot showroom. Carry on until you reach Landguard Road on the left. Turn into this road and continue until Hill Lane at the end. Turn left into Hill Lane and the home is a short way down on the right.





Interested in finding out more?

Please give us a call on:

023 8022 6976

We will be delighted to talk to you.

Hampton Lodge

33 Hill Lane

Southampton

Hampshire

SO15 5WF

Phone: 023 8022 6976

Fax: 023 8063 0139

Email: home.hml@mha.org.uk



housing and care for older people

Head Office

Epworth House Stuart Street Derby DE1 2EQ

Phone: 01332 296200 Fax: 01332 296925

Email: enquiries@mha.org.uk Website: www.mha.org.uk

Methodist Homes (MHA), registered as a Charity - No. 1083995
Company Limited by Guarantee - No. 4043124