







## Welcome To Ashgrove House

We have prepared this brochure to help you appreciate the comprehensive range of facilities at Ashgrove House and hopefully give you an insight into the high standards of care that exist.

Should you decide to make this your home we will endeavour to make your stay a happy one.

Ashgrove House is an attractive homely and comfortable home set in half an acre with landscaped gardens. It is situated in the pretty village of Purton, on level ground and close to an abundance of local amenities including the picturesque village church of St Mary's; the local library and village hall; the local post office; village pubs; clubs and a variety of small shops. The bus stop is just outside and there is a regular bus service to Swindon and surrounding villages.

Its policies on staffing, management, customer care and staff care ensure it has the highest reputation of any nursing home in the area for quality care.

Keith and Mary Trowbridge, the owners are both qualified nurses and maintain a very high degree of personal involvement. They feel that this helps them to provide continuity of care and to maintain the high standards they have laid down.

At Ashgrove House our aim is to care for people on an individual basis and provide maximum quality of life with special attention to preserving dignity, independence and self-esteem throughout ones stay. It is also our aim to help people recover sufficiently to return home whenever possible and when desired.

Our Charges are 'All Inclusive' and include many extra services and amenities which may be priced separately in other Homes (for a complete list see Page 10)



We provide a range of rehabilitative services to help facilitate this. We also provide daycare, respite care and our own homecare service to ensure continuity of care in this very important area.

We place special emphasis on activities and work hard to ensure that all clients have fun, pleasure and positive stimulation through wide ranging activities and events both inside and outside the home.

Ashgrove House is registered with The Care Quality Commission and is licensed to care for up to 34 persons in the following groups:-

- Elderly Persons over 65 years of age
- Physically Disabled Persons over 30 years of age
- Persons with a Terminal Illness over 30 years of age
- Persons with Dementia
- Day Care



## Our Aims

#### Safety and Fulfilment

To always provide a happy relaxed, homely and caring atmosphere, where a client can feel comfortable, safe, secure and fulfiled.

#### Individual Care

To care for clients as individuals, by ensuring personal needs, desires and wishes, both expressed and unexpressed, are catered for.

#### Maintaining Independence

To encourage each individual client to gain maximum independence.

#### **Clients Rights**

To always respect a clients individual rights as a citizen.

#### Privacy And Dignity

To ensure that each individual's privacy and dignity is protected at all times.

#### Autonomy And Choice

To always help clients exercise choice and control over their lives.

#### Care Of The Whole Person

To always consider and make provision for each individual's social and psychological needs as well as his/her physical and environmental needs.

#### Care Of Family And Friends

To provide help and support and care for a clients family and close friends.

#### Care Of The Dying Person

A person with a terminal illness will be helped to live life fully and with dignity and comfort. Death will not be precipitated nor postponed. Pain and other distressing symptoms will be alleviated to as great a degree as possible, within the individuals wishes, using pharmacological and non-pharmacological means.

#### Care Of Our Staff

To invest in our staff so that they have the skills and abilities to provide the high standards of care that have been set down, and also to provide them with personal development opportunities for mutual gain, whilst ensuring they feel valued as members of a team.

## Nursing Care

We provide 24 hour nursing care and employ qualified nurses who are trained specialists in caring for persons with nursing problems in old age; physical disabilities, dementia and terminal illnesses.

Our nurses are encouraged to specialise and to improve their knowledge and skills in subject areas that will enhance individual client care. Examples of this are multiple sclerosis; diabetes; nutrition; wound care; infection control; terminal care and dementia care. All our nurses are regularly supervised and appraised and maintain their individual P.R.E.P professional requirements.

Care is provided through personalised care programmes specifically geared towards an individuals needs. The client and their relatives are encouraged to participate in the care plan formation and its delivery.

You will have regular opportunity to discuss any aspect of your care with the matron or with the owners if preferred. You may also see a G.P. at request. There is a key worker system where a member of staff will provide you with a higher degree of personal care.

## Staffing

We have always provided extremely high staffing levels in order to deliver a higher standard of individualised care. We have up to 40% more staff on duty than a comparative home.

We believe that the skill mix and quality of our staff are second to none. We invest heavily in them so that they have the skills and abilities to match the standards laid down. We provide them all with personal development opportunities for mutual gain and ensure they feel valued as individuals.

New staff undergo the most stringent checks with a minimum of three written references, health questionnaires, an extensive interview and an enhanced criminal record check. They will also undergo a full three day induction with our own highly acclaimed training company called-First City Training

New staff work for a further three days on a supernumerary basis where they are extra to the workforce They are fully supervised by a senior member of staff.

We provide our nurses with paid training to help them maintain their qualifications. We encourage them to specialise and to develop their skills to the benefit of the clients here.

We encourage all our unqualified staff to undergo NVQ training. This too is provided by First City Training which is approved and registered by City and Guilds

We have our own bank of staff to cover in emergencies.

## **Quality Assurance**

We are always seeking to improve our service and value the opinions of our clients and their families and friends. We welcome your comments at any time. We hold regular meetings where clients and their families are welcome to come along and air their views. These are often in the form of cheese and wine evenings or mulled wine in the winter months. There are also quarterly meetings with the catering team where we aim to incorporate individual wishes and preferences into the menu plan

Annually we carry out a full survey to ensure our clients are satisfied with the service they are receiving and any limitations are acted upon.

Ashgrove House achieved Investors In People status in 2002 and this continues to be maintained.

#### Day Care

Day Care is available for up to 3 persons each day seven days a week, with hours to suit individual preferences. Our normal facilities are available to all. They include:

- Full Nursing Care and supervision
- Physiotherapy
- Chiropody
- Aromatherapy and Massage
- Hairdressing
- Activities and Entertainments
- Meals
- · Assisted Bathing in either a specialist shower or whirlpool spa bath

Transport is available at a small extra charge.

## **Respite Care**

Some beds may be available on a respite basis for urgent short-term care or holiday relief at our normal fee rates.

Regular respite is also available whilst we have a permanent respite room.

We will normally provide transport free of charge, however if you need to be transported by stretcher we can put you in touch with a number of private ambulance companies.



Accommodation is provided for persons in both single and sharing rooms. Each clients room is regarded as his or her own private area and may be arranged and decorated to their own wishes. All bedrooms are attractively furnished and include:

- A full bathroom suite or W.C. and wash hand basin, for extra privacy. (There are also a number of assisted bathrooms two of which have spa baths for your enjoyment and relaxation.)
- A separate sitting area
- Nurse call
- Emergency help system
- Lockable bedside cabinet
- T.V.
- Telephone point
- Small fridge (on request)
- Tea and Coffee making facilities (on request)

Any item of furniture that will conveniently fit, may be brought into the room. A favourite armchair, pictures and ornaments and portable T.V. are encouraged and will always be accommodated.

There are three lounges and a separate large dining room all furnished to a high standard of comfort and care. Clients have complete freedom of choice to spend time in any of the lounges or their own room whenever they wish.

There is a small kitchen that is available to clients and their visitors for tea and coffee making etc. This is open 24 hours a day.

The gardens are fully landscaped with a variety of features and seating areas.



#### **Disabled Transport**

There are four vehicles specially adapted for the disabled to enable clients to go out on theatre visits, shopping trips and visits to places of interest. Clients families may borrow these if they wish to take their relative out for the day or just home for a cup of tea. NB. Drivers must be over 25 with a clean driving licence. The vehicles may also be available for clients to borrow whilst on holiday. All our vehicles have full comprehensive insurance and we are happy to provide families with full instructions on their safe use.

## Library Service

A local library is just 100 yards away and includes a large print book service. Our staff are on hand to take you to the library or to change your books for you. We also subscribe to The National Listening Service For The Blind or Partially Sighted, where you can order your favourite books or tapes.

## Annual Holiday

We offer annual holidays for clients to get away for a break with nurse accompaniment. The cost of this service is shared between the user and the home.

If this is something that interests you, please discuss your requirements with your keyworker or senior member of staff.

## Physiotherapy

The home has its own physiotherapist who provides both individual and group physiotherapy sessions at no extra charge 4 mornings a week.

## Chiropody

A chiropodist visits the home every week and is available to you at no extra charge.

## Hairdressing

There is a weekly hairdressing service - cuts shampoo and sets and perms in our own salon with no charge.

## **Daily Papers**

Free daily papers of your choice. We also subscribe to the large print weekly newspaper for the partially sighted.

## Laundry

Our own in-house laundry will take care of all your washing and ironing and guarantee the return of machine washable clothing within 24 hours. There is an extra charge for dry cleaning.



There is a comprehensive range of activities at Ashgrove House. We have our own activity team led by our own activities specialist Hilary Grout R.G.N.

We pride ourselves on the many, varied and innovative activities freely offered to all clients at Ashgrove House.

Clients activities needs are considered on an individual basis. We endeavour to provide for your social and psychological needs as well as your physical and spiritual needs. Clients are encouraged to maintain any hobbies and leisure activities they may have as well as develop new ones.

#### Social

Social activities include coffee mornings, cheese and wine parties, meetings, discussions and a variety of group activities both inside and outside the home, including pub trips, and days out. Entertainers, musicians and theatre troupes visit the home on a regular basis. We also have regular tasting sessions of unusual or foreign foods and drink.

## Mental Stimulation

Mental stimulation is provided through a variety of quizzes, crosswords, word and number games including bingo, scrabble and card games. We have a team of volunteers who have time to talk, befriend or simply play a game of draughts.

## **Physical Stimulation**

Physically stimulating activities such as exercise to music, skittles, hoopla and Jabadeo are always popular pastimes and go towards improving dexterity and co-ordination. Some pastimes encompass both creative and physical skills such as craftwork, flower arranging and painting. We make our own cards for special occasions and these are available to purchase. All proceeds are ploughed back into new activities.

## Internet Access

A separate clients computer with internet access is available 24hrs a day

#### Snoozelem

We have mobile Snoozelem equipment which can be set up anywhere in the home. This can be used to stimulate all five senses at once. A fantastic light show is incorporated. The equipment can have a dramatic and positive effect on an individuals mood, and general outlook and well being.

## Spiritual

Holy Communion is celebrated weekly and there is a monthly 'songs of praise' in the home. Clergy of most denominations currently visit and help is provided to attend the church of your choice if desired.

## **Outside Interests**

We do our best to facilitate individual needs outside the home. We are fortunate to have a range of wheelchair accessible vehicles and drivers to help clients travel to their destinations.

Examples: Day Centres, Clubs, Educational Institutions and Hydrotherapy Pools. For certain activities there is an extra charge, although the transport is normally provided free.

There is normally at least one general outing each week to parks and gardens, the seaside, shopping centres, the theatre, museums and places of interest.

Friends and relatives are more than welcome to join in any of the activities.



There is a small shop on the premises selling all your favorite confectionery, toiletries, and other goods, on a non-profit basis.

#### Visitors

Ashgrove House will be your home, and as such there are no restrictions on visiting, we merely ask that your visitors show consideration for the comfort and convenience of others. Children and pets are particularly welcome.

Visitors are welcome to help themselves to hot or cold drinks and snacks from the small kitchen next to the dining room.

Meals can be provided for visitors by request. Help with accommodation can also be arranged. If transport is a problem to your family or friends please let us know, we may be able to help.

#### Pets

Pets are always welcome, and visits encouraged. We have a 'PAT' dog who visits every Tuesday. If you wish to have your own pet live with you, this will need to be agreed with the matron or owners.

## Meals

We consider meal times to be a very important part of the day. Our chefs and their assistants take great care in providing nutritious, varied, appetising meals utilizing fresh produce obtained from the local surrounding area. We also endeavour to provide you with your favorite food. For breakfast you may have whatever you wish including a cooked breakfast. You will also be consulted over your choices for lunch and tea each day.

#### Meal times are as follows:-

Early morning tea in bed (optional)	- 6.00 am - 7.00 am
Breakfast	- 8.00 am - 10.30 am
Mid morning coffee/tea and biscuits	- 11.00 am
Lunch	- 12.30 pm - 1.15 pm
Mid afternoon coffee/tea and biscuits	- 3.00 pm
Tea	- 5.00 pm - 5.45 pm
Evening drink	- 7.00 pm
(supper/snack offered)	
Night drink	- 9.30 pm and overnight
(supper/snack available if wished)	NF AREL

- Special diets catered for.
- Choice of meals always available.
- Tea, coffee, soft drinks and snacks are available at all times throughout the day and night.
- Fresh fruit always available.
- Meals can be served in the main dining room or your own room if desired

#### Church

Clergy of most denominations currently visit and provide regular services and communion. Arrangements can normally be made to attend church as required.

#### **General Practitioner**

There is a group practice in the village that visit the home regularly. You may see the doctor on request.

#### Dentist/Optician

The local dentist and optician currently visit the home regularly. You may retain your usual dentist and optician if you prefer. We will provide you with transport and escort if desired.

## Hospital Appointments

Transport and nurse escort will be provided to your hospital or specialist appointment for you and your relatives unless you wish to make your own arrangements.

#### Annual Newsletter

We provide you with an annual newsletter to help keep you informed of changes and events. There are also regular meetings for you to air your views.

### **Complimentary Therapies**

These very popular treatments are available with no additional charge, from our own qualified therapist:

- Aromatherapy
- Reiki
- Indian Head Massage
- Massage
- Visits to the local Hydrotherapy pool can also be arranged.



## Home Care

Care and help at home is also available to those in need 24 hours a day, seven days a week. There is also 24-hour emergency help available. Services include:

- Personal care service
- High dependency
- Emergency service, short or long term
- Night sleeping service
- Night sitting service
- Relief/respite/holiday relief service
- Intermediate care
- Getting up putting to bed service
- Preparation of meals
- Collection of pensions
- Laundry and shopping service
- Household cleaning service
- Disabled transport service with escort if required.

These services and others are monitored and supervised by a Care Manager who is an experienced carer or a qualified nurse. All home care staff are fully trained and vetted they undergo a rigorous selection process and are fully trained in all aspects of their work. They are employed by First City Nursing Services Ltd trading as The Care Company public liability insurance.

Please ask for our Home Care Brochure and Price list.

The Care Company can be contacted on Swindon (01793) 612333

## Sample Menu

Breakfast	Choice of Fruit Juices
	Yoghurts
	Selection of Cereals or Porridge
	Toast and Marmalade
	Full English Breakfast
	Eggs, Scrambled, Fried, Boiled or Poached
	Kippers or Poached Haddock
Mid Morning	Selection of Biscuits
	Tea or Coffee
Lunch or Dinner	Cottage Pie or
	Steak and Kidney Pie or
	Macaroni Cheese
	Selection of Fresh Vegetables
	Mashed or Boiled Potatoes
	Rhubarb Pie with Custard, Cream or Ice Cream
	Strawberry Cheesecake
	Rice Pudding with jam
	Selection of Yoghurts or Ice Creams
Mid Afternoon	Selection of Biscuits
	Tea or Coffee
Tea	Homemade Vegetable Soup
	Scrambled Egg on Toast
	Toasted Sandwiches
	Assorted Sandwiches. Ham Salad,
	Cheese and Pickle or Chicken Mayo
	Homemade Sherry Trifle
	Selection of Cakes
	Selection of Yoghurts or Ice Creams
Supper	
Supper	Choice of Hot Milky Drink
Supper	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Supper	Choice of Hot Milky Drink Crumpets with Butter and Sugar
Late Night	Choice of Hot Milky Drink Crumpets with Butter and Sugar Cheese and Crackers
	Choice of Hot Milky Drink Crumpets with Butter and Sugar Cheese and Crackers Tea or Coffee or Cold Drink
Late Night	Choice of Hot Milky Drink Crumpets with Butter and Sugar Cheese and Crackers



## Charges

Fees are as follows from 1st April 201

En-suite shared room upstairs	£		per week
En-suite single room upstairs	£		per week
Large en-suite single room upstairs	£		per week
En-suite shared room downstairs	£		per week
En-suite single room downstairs	£		per week
There is a weekly supplement of under pension age.	£	-	for persons

A person with special needs including continuing healthcare may incur an extra charge.

## Free Nursing Care

Whether or not you are funding your own care, you are entitled to receive some help towards the cost of the nursing element of your care.

If you are happy to accept this you will be assessed by an independant nurse to see if you have any nursing needs.

#### If so you will be paid per week

#### This money will be paid directly to the home and is in addition to the normal weekly charge.

You should be aware that if you refuse this payment your fee may rise, by up to the amount of free nursing care payable.





We endeavour to make your stay a happy one and deal with any minor problem as we go. However, if you have any complaints we would prefer you to inform the nurse in charge who will report the matter to the registered manager or the proprietors in his/her absence. A complaint form can be provided on request. Acknowledgement of receipt of the complaint will be made within 7 days. The complaint will be investigated and the findings will be relayed to the complainant within 21 days. If you are still unhappy with the outcome you may contact the Care Quality Commission (CQC) at the address below and they will formally investigate the complaint on your behalf. You may of course complain at any time to the Commission for Social Care Inspection if you have a complaint.

Care Quality Commission Citygate Gallowgate Newcastle Upon Tyne NE1 4PA Tel 03000 616161

Our stated philosophies of care and staff guidelines to good practise are available to you on request. A copy of our most recent inspection report is available on request or by visiting the Care Quality Commission website at cqc.org.uk

Ashgrove House Nursing Home 63 Station Road Purton Swindon SN5 4AJ

If we can be of any further help or you would like to see our homecare brochure and charges, please ring The Care Company on;-Swindon (01793) 612333



## Useful Telephone Numbers

Care Quality Commision Citygate Gallowgate Newcastle Upon Tyne NE1 4PA Tel 03000 616161

Purton Surgery High Street Purton Swindon SN5 4BD Tel 01793 770207

Swindon Borough Council Civic Offices Euclid Street Swindon SN1 2JH Tel 01793 463000

First City Training Rochester House 26/27 Victoria Road Swindon SN1 3AW Tel 01793 612380

Wiltshire County Council 34 Marshfield Road Chippenham Wiltshire SN15 1JT Tel 01249 707900

The Care Company Rochester House 27 Victoria Road Swindon SN1 3AW Tel 01793 612333 Department for Work and Pensions (DWP) 29 Cadogon Street Glasgow G2 7BN Benefits Enquiry Line 0800 88 22 00 Help with completing forms 0800 44 11 44

Attendance Allowance /Disability Living Allowance Government Buildings Flowers Hill Bristol B54 5LA Tel 01179 718311

Great Western Hospital Marlborough Road Swindon SN3 6BB Tel 01793 604020

First City Nursing Services Rochester House 26 Victoria Road Swindon SN1 3AW Tel 01793 434222

Wiltshire PCT Southgate House Pans Lane Devizes Wiltshire SN10 5EQ 01380 736012

Age UK Wiltshire 13 Market Place Devizes Wiltshire SN10 1HT Tel 01380 727767

#### Statement of Purpose

Ashgrove House Nursing Home is registered with:

The Registered Provider:

Mrs Mary Trowbridge

The Registered Manager: Mrs Kim Mark **RGN/DIP N/RMA** 

#### **Mission Statement**

have done to you' The Golden Rule of Lao-Tse 604 BC

which we endeavor to encourage all our staff to strive to attain, when delivering care to our clients. The right to be an individual, each with our own thoughts, rights and beliefs is paramount. We should always respect others, as well as ourselves.

• COC

• RNHA

Mr Keith Trowbridge **RGN/RMN/CPN** 

RGN

# 'Do unto others as you would

# This is the underpinning philosophy,

The Aims and Objectives of the Home

At Ashgrove our aim is to care for people on an individual basis and provide maximum quality of life with special attention to preserving dignity, independence and self esteem throughout ones stay. It is also our aim to help people recover sufficiently to return home whenever possible and when desired. Our secondary aim is to maintain the high standards of care set down and to train and develop our staff to their full potential.

#### Our aims are:

- To always provide a happy, relaxed, homely and caring atmosphere, where a client can feel comfortable, safe, secure and fulfilled.
- To encourage each individual client to gain maximum independence.
- To always respect a clients individual rights as a citizen.
- To ensure that each individual's privacy and dignity is protected at all times.
- · To always help clients exercise choice and control over their lives.
- To always consider and make provision for each individual's social and psychological needs as well as his/her physical and environmental needs.
- To provide help, support and care for a clients family and close friends.
- To help a client with a terminal illness to live life fully with dignity and comfort. Death will not be precipitated nor postponed. Pain and other distressing symptoms will be alleviated to as great a degree as possible, within the individuals wishes, using pharmacological and non-pharmacological means.
- To invest in our staff so that they have the skills and abilities to provide the high standards of care that have been set down, and also to provide them with personal development opportunities for mutual gain, whilst ensuring they feel valued as a member of the team.

#### **Regulated Activities**

Ashgrove House is registered with the Care Quality Commission to carry out the following **Regulated Activities:** 

- 1) Accomodation for persons who require nursing or personal care
- 2) Treatment of Disease, Disorder or Injury
- 3) Diagnostics and Screening procedures

#### Nurse led

The proprietors, Matron and Deputy Matron are all nurses and hold a current and effective registration with the NMC. Each with well over 25 years experience within the health care profession

#### **Employees**

Ashgrove House has a team of nurses and nursing assistants with varying qualifications and experience RMN/CPN • RGN (Diploma//Degree level) • NVQ4 • Team leaders NVQ3 Senior Carers NVQ2 • Nursing Assistant

Ancillary staff include: catering, maintenance, drivers, domestic, house keeping, activities, voluntary and administration.

All staff are personally interviewed by the management team and only employed after receipt of 3 satisfactory references, a full employment history, satisfactory CRB and stringent checks on nurses registration and other qualifications with the NMC.

There are over 70 staff employed in total. Qualified nurses must maintain their PREP requirements whilst employed by Ashgrove House. Staff are actively encouraged to specialize to bring new knowledge to enhance research based practice to Ashgrove in areas such as: infection control, MS, wound care, incontinence and dementia, nutrition, diabetes and terminal care. All staff irrespective of grade, receive annual appraisals and regular supervisions. A copy of our recruitment policy is available on request.

#### Training

All new staff are inducted to the Skills for Care guidelines, with continual training through their employment at Ashgrove House. After induction new Nursing Assistants are expected to commence NVQ training within 6 months of their employment start date and to have completed it within 3 years. In-house training is also offered by nursing staff, outside lecturers and our own training company called First City Training. Compulsory training includes: Fire, Health and Safety, COSHH, Food and Hygiene, Infection Control, POVA, Challenging Behavior, and Dementia and Manual Handling Nurses and Drivers also have to attend first aid training in addition to other training

#### **Staff Handbook**

All members of staff are issued with a staff handbook which contains information relating to the Homes policies and procedures.

#### **Investors in People**

In 2009 Ashgrove was reassessed as an investor in people organization. Investor in People is a National Standard for organizational excellence in improving performance through people. As part of our commitment, we will maintain our high standards to training and excel in the development of our staff.

#### Services

Ashgrove House offers a range of nursing services including daycare, respite care and short or long term residential care. 24 hour nursing care is provided and qualified nurses are trained in caring for clients with nursing problems in old age; physical disabilities, dementia and terminal illnesses.

It has a sister organization in First City which provides support for clients in their own homes thus enabling clients to be cared for within the same caring organization and continuation of care maintained. First City also provides replacement staff to Ashgrove House at times of shortage including sickness thus ensuring Ashgrove House is always able to maintain it's own very high staffing levels.

#### Accommodation

Ashgrove has 27 bedrooms; all have ensuite facilities and are above the minimum requirements

#### Insurance

Ashgrove House has Employment Liability Insurance with a limit of  $\pounds 10$  million and Public Liability and Nursing malpractice both set at  $\pounds 5$  million. Clients' personal effects including valuables are insured up to a limit of  $\pounds 1000$  per client. If extra insurance is required this needs to be taken out separately by the client.

#### **Complaints/Compliments and Suggestion**

Ashgrove House adheres to the regulations laid down by The Care Quality Commision and provides each client with a copy of the complaints procedure that is in operation. Should you feel that you have cause for complaint Ashgrove House would like the problem investigated as soon as possible. As one of our clients you are perfectly entitled to make a complaint at any time.

#### **Quality Assurance**

Ashgrove House undertakes a regular Quality Assurance survey to seek ways to improve the service provided. Meetings with clients, families and friends are offered quarterly in the form of a cheese and wine night. Regular meetings with the cook and clients are also offered to discuss menus. A member of staff is always available and an appointment to talk to Matron or the proprietors can be made at any time

#### Admission

Prior to admission a full assessment is conducted to ensure the Home can meet the clients' needs. If short notice or in an emergency another professionals assessment will be sought. This could be a District Nurse, GP or Social Worker. Our own assessment would then be conducted on admission.

#### **Social Arrangements**

Ashgrove House offers an extensive social agenda enabling clients to participate to a level acceptable to them. Maintenance of hobbies and leisure interests is encouraged. A variety of Complimentary Therapies are offered at the Home by qualified staff with satisfactory recruitment checks. Clergy of most denominations currently visit the Home to provide regular services and communion. Arrangements for clients to attend religious services are offered. There are no restrictions on visitors. Friends and relatives are encouraged; we merely ask that consideration is shown to others

#### Fees

Unless stated, fees at Ashgrove House are 'all-inclusive' and include full nursing care, plus

Regular Physiotherapy up to 4 times a week

Weekly hairdressing including cuts, shampoo, sets and perms

Weekly aromatherapy and massage sessions

Weekly podiatry

Daily morning newspaper and local evening advertiser if desired

Regular access to wheelchair accessible transport

Daily activities programme with regular entertainment and outings

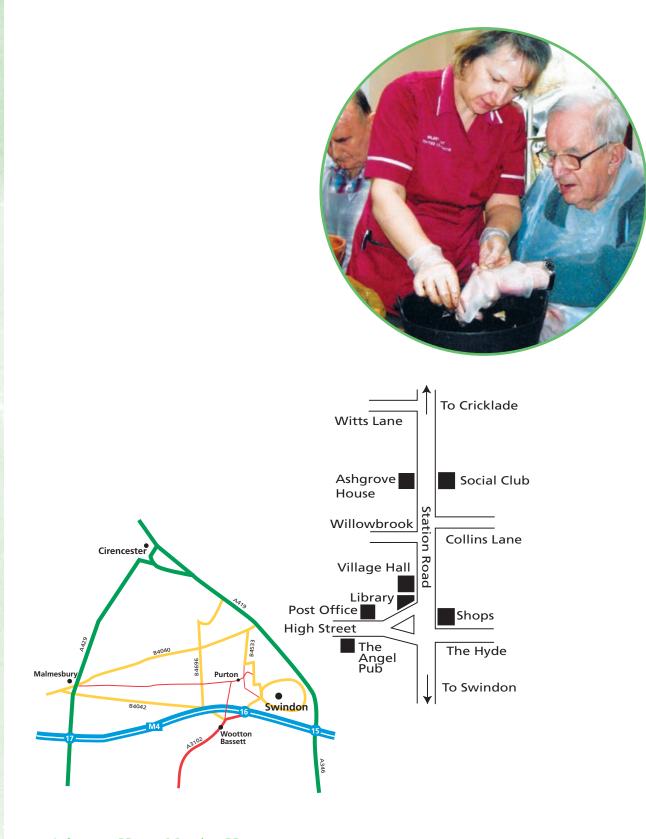
Escorts to most outside activities and hospital/doctors appointments

Use of the internet facilities

All nursing aids and equipment that has been agreed and are necessary to keep skin and pressure areas healthy and intact Personal laundry service although the Home takes no responsibility for items damaged or lost whilst being washed Dry cleaning is not included.

#### **Funded Nursing Care**

Persons receiving nursing care in a nursing home are currently paid an additional amount of money subject to their agreement called Funded Nursing Care or RNCC [Registered Nursing Care Contribution]. This is paid directly to the home and is a contribution towards the cost of the nursing element of one's care. At Ashgrove House this is paid in addition to the fee, however, if it is refused the home may charge up to a similar amount on top of the fee.



#### Ashgrove House Nursing Home 63 Station Road Purton Swindon SN5 4AJ

1

If we can be of any further help or you would like to see our homecare brochure and charges, please ring:-

**Tel:** +44 (0) 1793 771449 **Fax:** +44 (0) 1793 772286 and ask for Keith Or Mary Trowbridge

e-mail: Care@AshgroveHouse.net