

# Residential and dementia care in Winchester



St Cross Grange



GREENSLEEVES  
H O M E S T R U S T

# Welcome to St Cross Grange

St Cross Grange provides residential, dementia and respite care to 64 residents, offering a warm atmosphere and person centred care.

Located in a quiet suburb of the historic city of Winchester, St Cross Grange offers a peaceful setting. Combining the character of a historic building with the very latest interior design for the care of older people, St Cross Grange provides a safe, comfortable and stimulating 'home from home'.

The lounges, dining rooms and communal areas offer an engaging and relaxing home environment. Some of the bedrooms and communal areas have the original period features.

The home has wide corridors and doorways to accommodate wheelchair users. Bedrooms are tastefully furnished and residents are encouraged to bring personal items to add a familiar touch to their new home.



# Specialist Dementia Care

We have a wealth of experience and expertise in helping older people who are affected by memory loss. The care we provide reflects the individual needs of each resident living with dementia, as underlying conditions of Alzheimer's and other forms of dementia may differ from person to person. Our commitment to personalised care ensures residents are able to maximise their independence and potential.

For those less severely affected by memory loss, we gently prompt purposeful activities and meaningful occupation in order to keep the mind stimulated and to help maintain good mental health.

In all cases, we take great care to keep close contact with relatives in order to provide the best possible support for their loved ones. The home benefits from dementia-friendly and contemporary design. Corridors, lounges and dining rooms feature areas of interest which promote reminiscence and aid orientation, thereby promoting independence.



# Respite Care

At St Cross Grange we provide short term respite care to give carers a well-earned break, subject to availability.

With personalised care, lovely surroundings, a superb menu and a varied programme of activities, even short stays at St Cross Grange will be enjoyable for residents.

# Menu

Food is at the heart of excellent care. At St Cross Grange, we provide three delicious, freshly cooked and balanced meals every day. We cater for different tastes and there is always a choice of food given. Views of residents are at the heart of the service we provide and we welcome feedback from residents and relatives in developing menus.

Our chefs are carefully chosen for their professional acumen and commitment to make a positive difference in the residents' lives.

# Activities

The home has a lively social life with frequent visits from a range of stimulating guests. Regular outings to the many places of local interest and shopping trips are arranged using the home's minibus.

Day trips to nearby coastal resorts and the New Forest are very popular. There are also regular visits from our hairdresser and chiropodist.





# Greensleeves Homes Trust



Greensleeves Homes Trust is a highly innovative provider of care for older people. We do this in 17 residential, dementia and nursing care homes across the Midlands, Southern and Eastern England.

As an organisation we are constantly adapting to meet the needs of older people. We have successfully introduced the Eden Alternative approach to care to improve the quality of life for residents at all our homes. The Eden principles provide a framework to transform traditional approaches to care into the creation of communities where life is worth living and where older people can thrive.

We are committed to developing our staff, and we are delighted that the excellence of our homes and staff has been recognised in a series of national and regional awards.

At Greensleeves Homes Trust we put the needs and wishes of our residents first. From choice of food to furnishings and activities, we empower residents to make decisions relating to their daily life.

At St Cross Grange, you can be sure that the comfort and care of each and every resident is our first concern. Always.

At St Cross Grange your care and comfort  
is our first concern. Always.

Please contact us for more information how we can support you:

## St Cross Grange

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