

Morel Court, Penarth

Residential Care



Person-centred care and support



Morel Court

We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Morel Court offering:

- residential care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.

Morel Court

Morel Court is situated in landscaped grounds a short distance from the seafront and one mile south-west of Penarth town centre. The location ensures both quiet surroundings and a relaxed pace of life.

Here we provide residential care and support in an environment designed for both your ease of access and comfort, with a dedicated staff team to provide you with 24-hour care and support.

Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Morel Court a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.



The Care Team

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Morel Court.

Health Care

At Morel Court, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. A chiropodist, an optician, an occupational therapist and a dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining room, plus morning coffee with biscuits and afternoon tea.

Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Social Facilities

Morel Court has a large number of residents' communal areas including a sun lounge, lounge, seating areas, tea bars and dining room. You'll find all these areas very sociable and popular meeting places for residents.

Whilst we always respect your privacy, Morel Court has its own Social Care Co-ordinator who organises a complete schedule of activities for you to take part in if you wish. These include crafts, sing-alongs, physical fun, games - including carpet bowls and coffee mornings.

Outside musicians and entertainers visit us, we have close links with a local school and we also like to organise outings.

Community Facilities

The local post office, library, leisure centre and shops are all situated within easy reach of the home and a library van also visits regularly.

The local attractions are numerous and include the bustling promenade, Alexandra Park and Cosmeston Lakes Country Park.

Just speak with our care team who will be happy to advise you on all the places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs.

Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.



Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

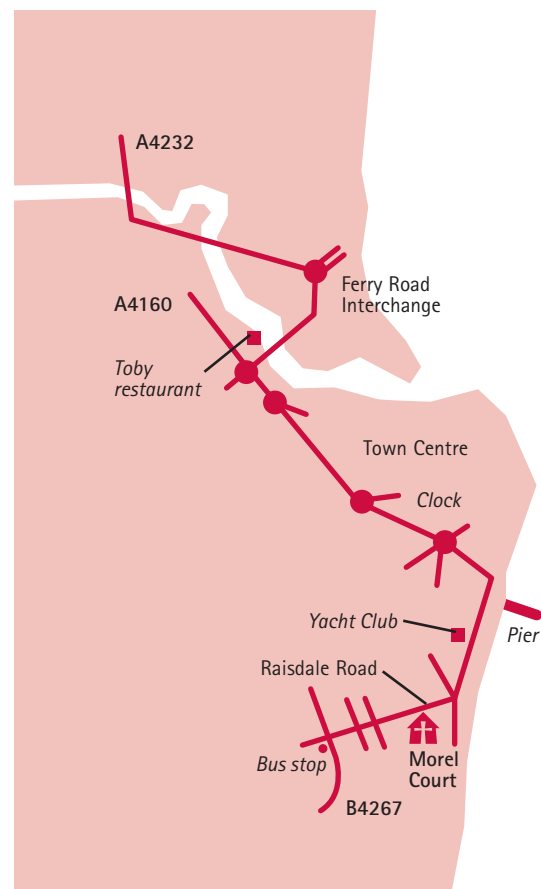
Where Are We?

From Cardiff. Follow the A4160 into Penarth and at the traffic lights with the Toby restaurant follow directions in italics.

From Barry. Enter Penarth on the B4267, turn right onto Augusta Road opposite the bus shelter, go straight across the first junction Moral Court is on the right.

From the M4. Leave M4 at J33, taking the A4232 to Penarth. After eight miles leave the dual carriageway at the Penarth slip road. Turn right at roundabout/traffic lights. Take the left-hand lane over the bridge and turn left at the traffic lights by the Toby restaurant. Follow town centre signs on the A4160.

Continue on the A4160 until you reach a town centre roundabout with a clock in the centre, proceed straight on towards the seafront. Continue past the pier and the yacht club, uphill to a roundabout. Take the second exit (straight on) into Raisdale Road, Morel Court is on the left.



Map not to scale – shown as a guide only



Interested in finding out more?

Please give us a call on
029 2070 4811.

We will be delighted to talk to you.

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