Templemore and The Cedars

Northamptonshire

Templemore and The Cedars are situated between the villages of Duston and Dallington, just a short drive from Northampton. Templemore is a 19th century manor house set in one and a half acres of beautiful grounds, which has been extended and refurbished to create a comforting and welcoming home. The Cedars is the complex's purposebuilt courtyard-style wing. Built in 1995, The Cedars caters specifically for clients whom have various forms of dementia including Alzheimer's and who are at the latter stages of the illness. Built in 1997, Cedars II is our latest addition, and is specially designed for clients who have a diagnosed dementia, are at the moderate stage and require a more private and undisturbed living space.

Accommodation in both Templemore and The Cedars is available in a choice of single, single en-suite or companion rooms, which are all pleasantly decorated. Clients are encouraged to personalise their room with their own belongings to help create more familiar surroundings.

Meals may be taken in our dining room, any of the smaller dining areas or in the privacy of clients' own rooms. Our skilled resident cook prepares a varied range of appetising and nutritionally balanced meals, taking into account any specific



dietary requirements or individual preferences. Morning coffee, afternoon tea and other snacks are available throughout the day.

At Templemore and The Cedars life is for living, and a full and active lifestyle is encouraged, including reminiscence therapy, beauty care and fitness therapy. Our Activities Organiser arranges a varied social calendar of activities and a variety of entertainment, including trips to places of interest, pub lunches, bingo sessions and a monthly clients committee meeting.







people to meet

beautiful grounds

quality care





About Care at Templemore and The Cedars

Templemore and The Cedars have a select team of experienced staff who are trained to meet the needs of clients experiencing the varied conditions that often accompany old age. As no two people are the same, the emphasis is on individually planned care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always at hand.

Templemore and The Cedars specialise in:

- · Long term residential care for the elderly
- Long term care for clients experiencing various types of dementia

Templemore and The Cedars at a glance

- · Client call bell system for assistance at any time
- Single, single en-suite or companion bedrooms
- Specially assisted bathrooms with Aquanova bath and disabled shower units
- Rooms fitted with television points
- · Lift to first floor in main house
- · Refreshment making facilities for clients and guests
- · In-house library and hairdressing salon
- In-house shop trolley available offering a selection of sweets, drinks, toiletries and other personal items
- Visits by local GPs, district nurses, opticians and chiropodists by arrangement
- One and a half acres of beautiful grounds and a 'walking path' where clients can move in a safe and secure environment

How to find us

Templemore and The Cedars are situated on the A428 between the villages of Duston and Dallington. From the South on the M1, exit at junction 15a and take the A43 to Northampton which then becomes the A45. From the North on the M1, exit at junction 16 and take the A45 to Northampton.

After several roundabouts along Tollgate Way and Bants Lane, turn right at the roundabout adjoining the A428 towards the town centre. Templemore and The Cedars is on your right, as shown on our map.

To arrange a viewing or for further information

B&M Care invites you to visit the home at any time, but if you would like to arrange a viewing at a specific time or require further information, please contact:

The Manager at Templemore and The Cedars Residential Home . 121 Harlestone Road . Northampton . Northamptonshire . NN5 6AA T: 01604 751863 F: 01604 588638 www.bmcare.co.uk



The outdoor terrace at Templemore and The Cedars





A typical bedroom at Templemore and The

