

Residential Care







Person-centred care and support





We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Willersley House offering:

- residential care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

## MHA - Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life.

MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation.

We see every resident as a unique individual and provide care that is based on respect and loving support.



## Willersley House

Willersley House is situated in the village of Willerby, on the outskirts of the city of Hull. The location is a leafy suburban setting, which ensures both quiet surroundings and a relaxed pace of life.

Here we provide dedicated residential care and support in an adapted setting, designed for both your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.

#### Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Willersley House a relaxing and comfortable one. Bright and airy your room is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

#### Your Care

We aim to give each individual personcentred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

#### The Care Team

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Willersley House.

### **Health Care**

As a resident of Willersley House, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services.

The chiropodist, optician, occupational therapist and dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

#### Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

## **Cleaning and Laundry**

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

# Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

#### Social Facilities

Willersley House has a large number of residents' communal areas including quiet room, lounge, seating areas, tea bars and a dining room. You'll find all these areas very sociable and popular meeting places for residents.

Whilst we always respect your privacy, our Social Care Co-ordinator organises a complete schedule of activities for you to take part in if you wish. These include painting, crafts, sing-alongs, physical fun, games, bingo and coffee mornings.

Outside entertainers including theatre groups and musicians visit us regularly and we also like to organise social outings such as bus trips.

## **Community Facilities**

Willerby is situated three miles from the centre of Hull. The city offers a great variety of cultural attractions with art galleries and museums – including Wilberforce House, the Maritime Museum and Ferens Art Gallery. The stunning Yorkshire Wolds are also in close proximity to the city, with their picture postcard landscapes and villages.

Other local facilities within easy reach of Willersley House include the library, park, post office, shops and leisure centre.

# **Quality Standards**

We operate our own Quality Standards
Programme that is constantly audited and
monitored to ensure the highest standards
in all areas. MHA has been highly praised
for excellent service by the Care Quality
Commission, the Centre for Policy on
Ageing and the Government's Audit
Commission. If you would like further
validation of our standards and quality of
services, please do not hesitate to ask.

#### **Visitors**

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.









## **Spiritual Well-being**

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

#### Where Are We?

From the M62. Approach Hull on the M62 and then the A63, taking the exit for the Humber Bridge and A164 Beverley. Continue on A164 for approx three miles going straight on at the roundabout half way along. When you reach the twin roundabouts, turn right at the first and left at the second, down Great Gutter Lane. At the T-junction with Main Street, turn right. Willersley House is on the right, the entrance is concealed.

From Hull. Approach Willerby on A1105, Anlaby Road and Boothferry Road, turning right at the roundabout in Hessle, onto Beverley Road. On reaching Willerby, at the roundabout with the Methodist Church ahead, continue straight on along Main Street. Willersley House is on the left.



Map not to scale - shown as a guide only









# Interested in finding out more?

Please give us a call on **01482 653353.**We will be delighted to talk to you.

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