

Glen Rosa & Kitwood House, Ilkley

Residential & Dementia Care



Person-centred care and support

Glen Rosa & Kitwood House, Ilkley



We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Glen Rosa & Kitwood House offering:

- residential and dementia care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provide peace of mind, security, support and stimulation. We see each resident as a unique individual and provide care that is based on respect and loving support.

Glen Rosa & Kitwood House

Glen Rosa and Kitwood House are situated within their own beautifully landscaped grounds in a quiet residential area on Grove Road in Ilkley. Here we provide both residential and dementia care in an environment designed for your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.

Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Glen Rosa & Kitwood House a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

The Care Team

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Glen Rosa & Kitwood House.



Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

Dementia Care - MHA recognises each person as a unique individual. By getting to know the person and his/her life history, we aim to understand the meaning behind behaviour and plan our care to reduce any frustrations and improve well-being. Most importantly we ensure each resident is treated with the respect and dignity that we all deserve.

Health Care

As a resident of Glen Rosa & Kitwood House, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The chiropodist, optician, occupational therapist and dentist all visit residents regularly.

All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in each room so that in an emergency the care staff can come to your aid immediately – 24 hours a day, 365 days a year.

Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Social Facilities

Glen Rosa and Kitwood House have a number of residents' communal areas including spacious TV lounges, dining rooms, seating areas and tea bars. You'll find all these areas very sociable and popular meeting places for residents.

Whilst we always respect your privacy, we have our own Activities Co-ordinator who organises a complete schedule of activities for you to take part in if you wish. These include painting, crafts, sing-alongs, books on tape, physical fun, games, bingo and speciality coffee mornings. Theatre groups, musicians and entertainers visit regularly and we also like to organise social events such as outings and bus or boat trips.

Community Facilities

Ilkley boasts a superb location at the southern end of the Yorkshire Dales. Just above the town is Ilkley Moor, with its famous 'Cow and Calf' rocks. The town is home to the Airedale Symphony Orchestra and is also the starting point for the Dales Way long-distance footpath. Other community facilities within easy reach of the home include the park and town centre with the post office, supermarkets, shops and library.



Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.

Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

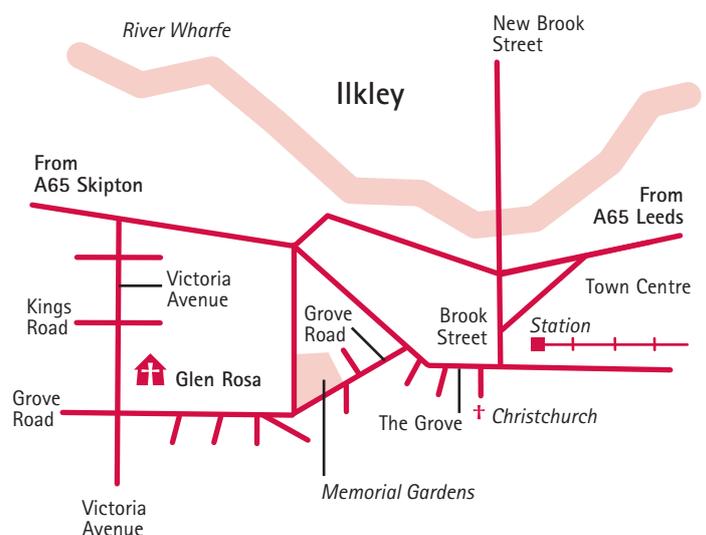
Where Are We?

From A65 Leeds.

Proceed into Ilkley town centre on the A65, turning left into Brook Street through the main shopping area. Turn right at the main junction, along The Grove, with Christchurch on your left. After the church, the fourth turning left is Grove Road. Turn left and proceed past the Memorial Gardens on the right. Pass five roads on the left and, after Grove Avenue, Glen Rosa is next on the right.

From A65 Skipton.

Proceed towards Ilkley, and on the outskirts of the town, at the traffic lights, turn right along Victoria Avenue. Next, take the third turn on the left into Grove Road, the entrance to Glen Rosa is the next turning on the left.



Map not to scale – shown as a guide only



Interested in finding out more?

Please give us a call on
Glen Rosa: 01943 609604
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We will be delighted to talk to you.

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