

Nigburth, Leicester

Residential & Dementia Care



Person-centred care and support



We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Aigburth offering:

- residential and dementia care alongside respite care and day care facilities within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.

Aigburth

Aigburth is set within its own extensive, landscaped grounds on Manor Road in Oadby, Leicester. The location is approximately two miles south-east of Leicester city centre. The home operates an open door policy to maximise the freedom and independence of residents, with the added benefits of an on-site dedicated staff team to provide you with 24-hour care and support.

Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Aigburth a relaxing and comfortable one. You will be able to personalise your room to your own taste and make it your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.



Dementia Care – MHA recognises each person as a unique individual. By getting to know the person and his/her life history, we aim to understand the meaning behind behaviour and plan our care to reduce any frustrations and improve well-being.

Most importantly we ensure each resident is treated with the respect and dignity that we all deserve.

The Care Team

Our Home Manager is a fully qualified professional who leads a team including three assistant managers, senior carer, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Aigburth.

Health Care

As a resident of Aigburth, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. A chiropodist, an optician and an occupational therapist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to

provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining room, plus morning coffee with biscuits and afternoon tea.

Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Community Facilities

The local post office, library, leisure centre and shops are all situated at Oadby centre. Minibus transport is provided. A library van also visits the home regularly.

Local attractions are numerous and include the National Space Centre and many more. Just speak with our care team who will be happy to discuss places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs.

Social Facilities

Aigburth has a number of communal areas including a spacious lounge, a quiet lounge, tea bar, seating areas and a dining room. You'll find all these areas very sociable and popular meeting places for our residents.

Whilst we always respect your privacy, Aigburth has its own Social Care Co-ordinator who organises a complete schedule of activities for you to take part in. These include crafts, sing-alongs, physical fun, games and coffee mornings. Outside theatre groups and musicians visit us regularly and we also like to organise social events such as bus trips.

- We have our own 17-seater minibus, with a tail lift for wheelchair users.

Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.



Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

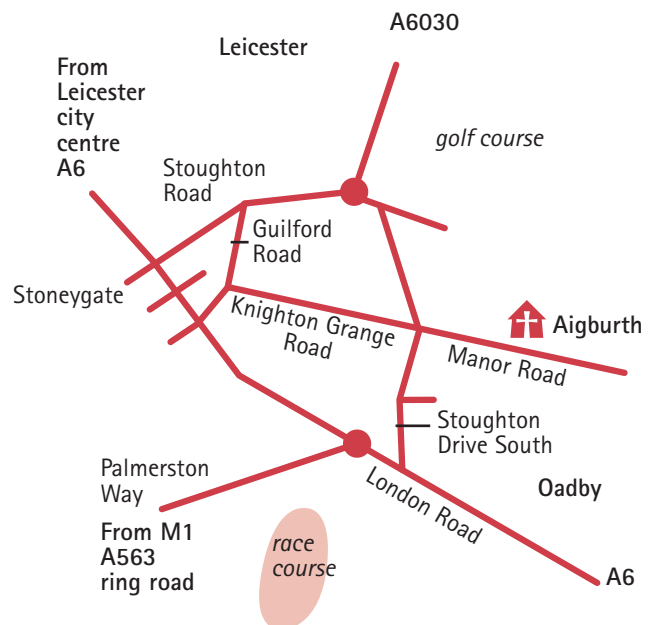
Where Are We?

From Leicester city centre.

Proceed on the A6 towards Oadby. Approximately two miles from the city centre, at Stoneygate, pass the A6030 Stoughton Road on your left. Continue along London Road and take the second left turn, Guilford Road. Next take right into Knighton Grange Road. Continue straight on at the crossroads into Manor Road.

From M1.

Leave at J21. Proceed in the near-side lane, onto the A563 outer ring road, towards Leicester south and east, for Oadby. Proceed along the A563 past the Meridian Business Park and Everards Brewery, for approximately four miles. At the roundabout junction with the A6, adjacent to Leicester Racecourse, turn right and immediately left onto a slip road by the traffic lights, leading to Stoughton Drive South. Continue along here, reaching the crossroads with Knighton Grange Road and Manor Road and turn right, Aigburth is situated on the left.



Map not to scale – shown as a guide only



Interested in finding out more?

Please give us a call on

0116 271 5086.

We will be delighted to talk to you.

Aigburth

21 Manor Road

Oadby

Leicester

LE2 2LL

Fax: 0116 271 4288

Email: home.lei@mha.org.uk



Head Office

Epworth House

Stuart Street

Derby

DE1 2EQ

Phone: 01332 296200

Fax: 01332 296925

Email: enquiries@mha.org.uk

Website: www.mha.org.uk

Registered as a Charity - No. 1083995
Company Limited by Guarantee - No. 4043124
Methodist Homes for the Aged is part of MHA