Tremona

Watford . Hertfordshire

Tremona is ideally situated in a quiet residential area of Watford in Hertfordshire. It is just a short distance from Watford town centre, where the Harlequin shopping centre is located. Also a short distance from the home are the beautiful Cassiobury parklands and Whippendale woods. Tremona is a three storey home, which has been tastefully furnished and equipped.

Residents have a choice of single, single en suite, or companion rooms, all of which may be personalised with their own possessions to help create more familiar surroundings.

Residents may take meals in our splendid dining room, in one of the smaller lounge/diners, or if they wish, in the privacy of their own room.

Our resident cook prepares a varied menu of appetising home cooked meals, taking into account nutritional balance and any specific dietary requirements or individual preferences. Morning coffee, afternoon tea and snacks are available throughout the day.

At Tremona life is for living and a full and active lifestyle is encouraged. Our Activities Organiser arranges a varied social calendar of activities and entertainment, including trips to places of interest.



leisure activities





arts & crafts

beautiful grounds

comfortable surroundings



Tremona Care Home . 18 Alexandra Road . Watford . Hertfordshire . WD17 4QY T: 01923 228211 . F: 01923 226982 . E: info@bmcare.co.uk

www.bmcare.co.uk



About care at Tremona

Tremona has a select team of experienced staff who are trained to meet the needs of residents experiencing the varied conditions that often accompany old age. As no two people are the same, the emphasis is on individually planned care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always at hand.

Tremona specialises in:

- · Long term residential care for the elderly
- Long term care for residents experiencing a variety of conditions, including forms of dementia
- Short stay and holiday breaks (subject to availability)

Tremona at a glance

- Resident call bell system for assistance at any time
- · Single en suite and companion rooms
- TV points in all bedrooms
- Telephone points by arrangement
- · Lift for passengers/wheelchairs
- In-house laundry
- · Hairdressing salon
- Local GP's, district nurses, dentists, opticians and chiropodist visits by arrangement
- · A beautifully landscaped rear garden
- Visitor parking

How to find us

Tremona is situated on Alexandra Road, just off the A411 Hempstead Road, close to Watford town centre.

From the North on the M1, exit at junction 6 taking the A412 (St Albans Road) to Watford and follow the directions as shown on our map.

From the South East/East, exit the M25 at junction 21A and follow the A405 to Watford. Take the A412 (St Albans Road) exit and follow the directions as shown on our map.

To arrange a viewing or for further information

Contact the Manager at Tremona 18 Alexandra Road . Watford . Hertfordshire . WD17 4QY T: 01923 228211 . F: 01923 226982 www.bmcare.co.uk





The conservatory at Tremona





