

# Stratton House, Bath

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Residential Care



Person-centred care and support

# Stratton House

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We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Stratton House offering:

- residential care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

## MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.

## Stratton House

Stratton House is situated within its own beautifully kept grounds on Park Lane in Bath. The location is a leafy suburban setting, which ensures both quiet surroundings and a relaxed pace of life.

Here we provide residential care and support in an adapted setting, designed for both your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.

## Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Stratton House a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

The majority of rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

## Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure



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that we address all your personal needs. Most importantly we ensure each resident is treated with the respect and dignity that we all deserve.

### **The Care Team**

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Stratton House.

### **Health Care**

As a resident of Stratton House, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. A chiroprapist, an optician, an occupational therapist and a dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

### **Cleaning and Laundry**

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

### **Meals and Refreshments**

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

### **Security and Peace of Mind**

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid immediately – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

### **Social Facilities**

Stratton House has a large number of residents' communal areas including a spacious TV lounge, tea bars, seating areas and a dining room. You'll find all these areas very sociable and popular meeting places for residents.

Whilst we always respect your privacy, Stratton House has its own Activities Co-ordinator who organises a complete schedule of activities for you to take part

in if you wish. These include painting, crafts, sing-alongs, needlework, physical fun, games, bingo and coffee mornings. Outside theatre groups, musicians and entertainers visit regularly and we also like to organise social events such as bus or boat trips.

### Community Facilities

Facilities within easy reach of Stratton House include the local post office, library, park and shops. The local attractions are numerous and include the Roman Baths, Victoria Art Gallery, Number 1, the Royal Crescent, the Museum of Costume and the Jane Austen Centre. Just speak with our care team who will be happy to advise you on places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs.

### Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.



## Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

## Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

## Where Are We?

### From A367 Wells.

Head for Bath city centre, on the A367, until it meets the A4 Bristol Road and then follow directions opposite.

### From A4 Bristol.

Proceed toward Bath city centre. Continue straight over the junction with Windsor Bridge Road and then follow directions opposite.

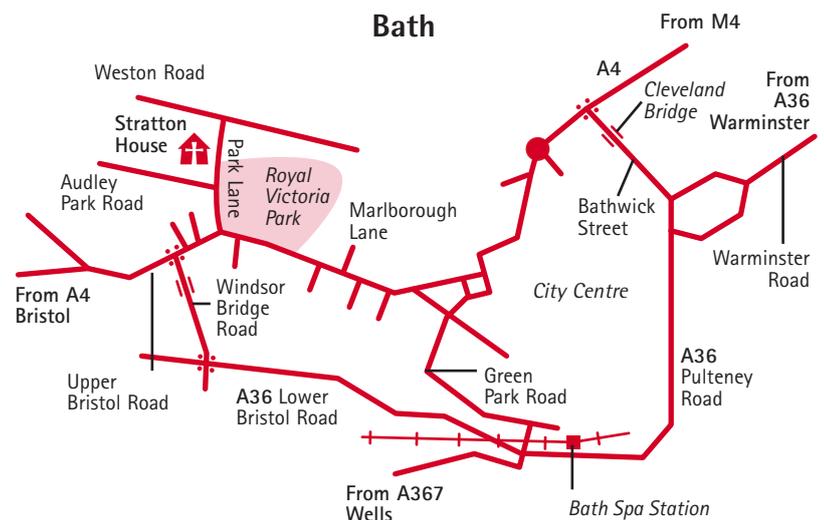
### From A36 Warminster.

Follow signs for A4, joining at the lights by Cleveland Bridge and then follow directions below.

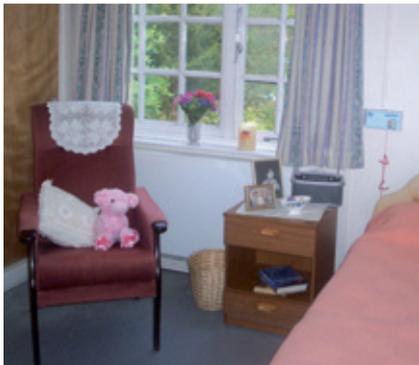
### From M4.

Proceed into Bath on the A4, go straight on at the junction with the A36 Warminster signposted left, at Cleveland Bridge. At the roundabout take the exit for A4 Bristol through the one-way system.

Once on the main A4 Bristol Road, pass Marlborough Lane and Royal Victoria Park on the right. Turn into Park Lane and Stratton House is 100 metres up on the left, after the turning for Audley Park Road.



Map not to scale – shown as a guide only



Interested in finding out more?

Please give us a call on  
**01225 421196.**

We will be delighted to talk to you.

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