

What people with dementia have said about other Supported Housing Schemes?

South & East Belfast Health & Social Services Trust



Tenants in Sydenham Court Supported Housing enjoying their luncheon club.

"I look forward to going out to the shops, the girls come with me and afterwards I love to call in for coffee to the wee café afterwards...."
(Tenant)

"I am my own person here"
(Tenant)

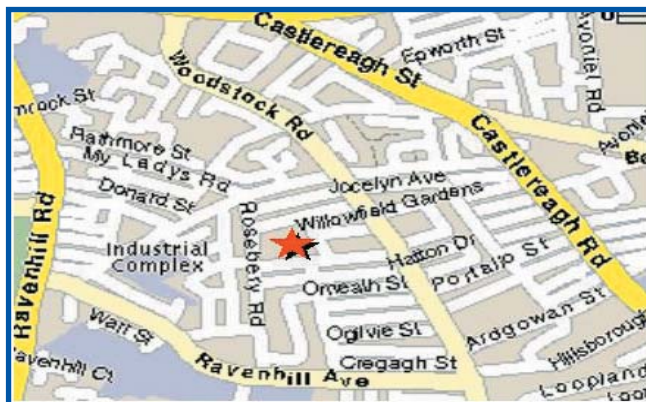


Mullan Mews supported housing for people with dementia

6-16 Willowfield Avenue
Belfast BT6 8HW

"I look forward to our evenings together, there's always something on and afterwards me and my friends take turns to make supper." (Tenant)

"My mother is very happy and contented"
(Relative)



For further information please contact:

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South & East Belfast Trust in partnership with Clannmil Housing Association



About Mullan Mews

Mullan Mews is a supported housing scheme, specially designed to meet the needs of people with dementia. It has been developed in partnership with Clanmil Housing and South & East Belfast Trust.



What is supported Housing?

Supported housing aims to provide each person with dementia with appropriate support and assistance to live a meaningful life in the community.

Tenants are supported and encouraged to carry out daily living tasks and to remain as active and independent as possible. Each individual tenant will have the company, support and reassurance of other tenants living there.

About the Accommodation

There are 5 terraced houses with 6 ensuite single bedrooms in each. Each house has two living rooms, kitchen/dining room, utility room, a downstairs toilet and gardens.

What support is available?

Each tenant will receive assistance from a team of dedicated staff. The staff who are employees of south & east Belfast Trust will have specialist training in dementia care and supported living. They will assist tenants in every day living tasks over the 24-hour period. The emphasis will be on promoting independence and a sense of well-being and ensuring that tenants' remains involved in their community.

Family Involvement

We want family carers to continue to feel as involved in the care of their relative as they have been before they moved to Mullan Mews. This is important as it enhances the quality of their life of the tenant and provides a continued and respected role for the family.

How can I apply for a place?

This can be done in any of the following ways:

- You can register an interest by speaking to your social worker or nurse who will assist you to make contact with the appropriate person
- You can contact Mullan Mews directly by telephone on 028 9046 6480
- You can contact Clanmil Housing or the Northern Ireland Housing Executive
- A housing application will need to be completed and registered with the Housing Executive. Any of the above people will be able to assist you with this form.

What happens next?

To ensure that Mullan Mews is the right place for you an assessment will be carried out by a professional employee of the Trust. This will include asking questions about how you manage and function at home on a daily basis, and problems you may have with your memory and how that affects you. The manager of Mullan Mews will promptly inform you about the outcome of the assessment.

