



SANCTUARY

RETIREMENT LIVING



ROMAN RIDGE

Sheffield, Yorkshire



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Welcome to Roman Ridge, where you can experience a happy, fulfilling, retirement.

You deserve to enjoy your retirement, and to be as independent and active as you want to be. However, we know that living in your own home can become a bit too much sometimes, and it can be lonely, even if there are two of you.

Here at Roman Ridge, you can enjoy the best of both worlds. You'll live in your own rented or leasehold apartment, but have peace of mind knowing that a dedicated team is on hand 24 hours a day and new friends are never far away.

Don't wait any longer, come and visit us and see for yourself what we have to offer.

# LIFE AT ROMAN RIDGE

At Roman Ridge, you choose the lifestyle that suits you.

In the morning, a local shop can deliver your daily milk or newspaper, and during the day we'll call you to check that you're okay. After breakfast in your apartment, you might choose to meet friends in our lounge, or take part in one of our regular activities.

At lunchtime, the restaurant serves delicious hot meals, or you may want to prepare lunch for yourself, or for friends or family in your apartment.

If you fancy a change of scenery, Meadowhall Shopping Centre is less than a 10 minute drive

away, or you could visit Rotherham and go to the Magna Science Adventure Centre or the South Yorkshire Transport Museum.

In the afternoon, you might join us for one of our regular social events, take part in our singing group or a chairobics class, or perhaps pop in to our onsite hairdressing salon for a bit of pampering.

By evening you may want to take it easy after all the activity! If not, you can always join friends to watch TV, or for a chat, a game of cards or a mutual hobby.



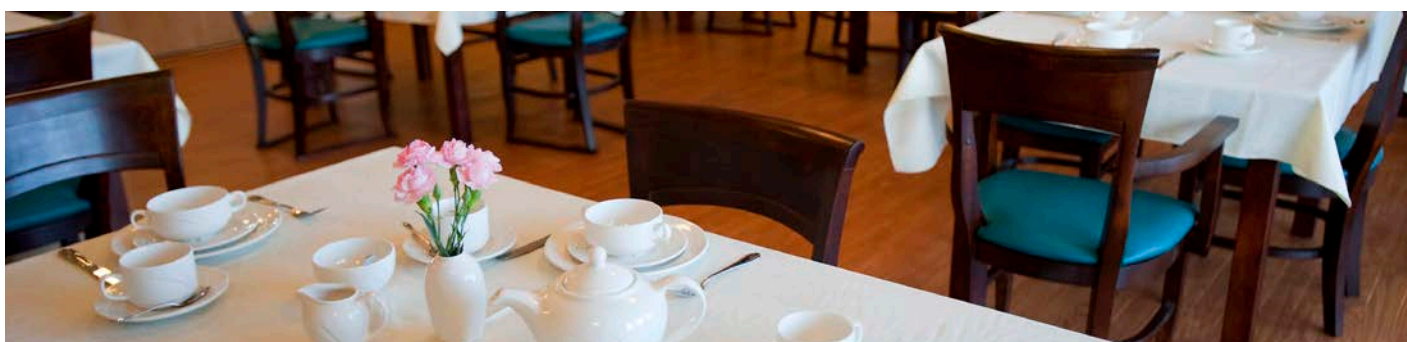
## WHAT MAKES US SPECIAL?

- Our caring team is highly trained and passionate about what they do.
- A strong sense of community and a Residents Committee which helps to shape our services.
- Regular social events, including coffee mornings, games and dementia-friendly activities.
- Bright and airy communal areas, lifts to all floors and fully accessible throughout.
- Attractive décor and furnishings.
- Accessible landscaped gardens with an ornamental water fountain.

# YOUR NEW HOME

You'll feel right at home in your apartment. It has everything you need and is unfurnished so you can make it your own and make adaptations to suit your needs. Features include:

- open plan lounge and kitchen
- one or two bedrooms
- fitted kitchen with fridge-freezer, washer-dryer, oven and hob
- level-access shower room
- emergency alert system featuring intercom, pull cord and pendant or wrist alarms – the onsite care agency is only a call or a buzz away, 24 hours a day, 365 days a year



## EVERYTHING YOU NEED

While you'll be self-sufficient in your own spacious apartment, you may feel like stretching your legs and seeing what else is available to you. Our onsite services and facilities include:

- social lounge with comfy seating and a TV
- quiet lounge for some 'me' time
- hairdressing salon
- accessible bathroom so you can enjoy a bath in safety and comfort
- buggy store with charge points for mobility scooters
- guest suite for visiting family and friends
- daytime reception and secure door entry to the building and your apartment
- organised activities arranged in partnership with the Residents Committee
- post, newspapers and pharmacy orders delivered directly to your door

Our **taste** restaurant is open seven days a week for lunch, as well as offering a meal delivery service. It is open to the public so you can enjoy a meal with your friends and family. Our in-house catering team take pride in preparing seasonal meals using fresh ingredients, as well as creating regular themed menus to celebrate special occasions throughout the year.

## IDEAL LOCATION

- Local shops are less than a five minute walk away.
- Sheffield city centre is only five miles away and is easily accessible by bus, car or taxi.
- There are several GP surgeries within a mile radius.
- Northern General Hospital with A&E is only a five minute drive away.
- There is a railway station and a bus station in Sheffield.
- The regular local bus service, Dial-a-Ride and low cost local taxis make journeys easy.



# HELP ON HAND

At Roman Ridge, you can live as independently as possible in the security and privacy of your own home. You can focus on living your life to the full, with the peace of mind that someone is on call if you need any help, and support is available if your needs change.

Personal and domestic care at Roman Ridge is provided by Carewatch, and its staff can support you in your new home. If you need it, Carewatch staff will work with you to create a personalised care plan. It will take into account your likes and dislikes, the emotional and social side of your life, your skills and abilities, religious, cultural and leisure preferences, and much more. They will review it with you on a regular basis and you can involve your family and friends. They also have strong links with local doctors, dentists, hospitals and social workers, to ensure you receive the best possible care and support.

Sanctuary Retirement Living staff are onsite to provide support with housing management, correspondence and money matters, and general household maintenance.

## CARE AND DOMESTIC SERVICES

Some of the things you can be supported with include:

- washing, dressing, bathing, personal care and hygiene
- getting in and out of bed
- preparing meals
- taking medication

For more information about the care and domestic services available to you at Roman Ridge, please contact Carewatch directly.

Carewatch is regulated by the Care Quality Commission.



## AM I ELIGIBLE?

To be eligible to live at Roman Ridge, you must:

- be aged 55 or over, or have long-term care needs
- reside in, or have a family connection to, the local area

We aim to offer a lively atmosphere and mixed community of people who have a range of care needs. You do not need to have any immediate care or support needs when you apply, but our kind and caring staff can support you if anything changes. Roman Ridge may not be suitable if you require a substantial amount of regular nursing care.

## HOW MUCH DOES IT COST?

Prices vary so please ask a member of staff for a price list. We have options for:

- private or local authority-paid rent agreements
- leasehold agreements

As well as your rent or leasehold costs, you will need to pay:

- a service charge, which covers your 24-hour pull cord alert system, your heating and water usage, maintenance costs and utilities charges for the communal areas and gardens, and buildings insurance for leasehold properties
- fees for any care and support or domestic services you require, which may be paid for by Sheffield City Council, if you have had your needs assessed and approved by the adult social care team

You will also be responsible for paying for council tax (band A), electricity usage, TV licence (if applicable) and any additional television package, telephone and line rental, internet and contents insurance.

Meals and drinks in our **taste** restaurant, the meal delivery service and overnight stays in our guest suite for visitors are all charged separately.

## HOW DO I APPLY?

1. Contact us for an application form or contact Sheffield City Council's adult social care team.
2. We'll arrange for you to visit and meet us.
3. We'll help you to complete a housing assessment and affordability form, as you may be eligible for financial assistance towards your rent and part of your service charge.
4. While you're here, we may assess if you would benefit from care and support services, and our care provider, Carewatch, may arrange to visit you at home to discuss your needs. For your care to be funded by Sheffield City Council, you must have had your needs assessed and approved by the adult social care team.

We also encourage you to discuss your housing options with your family and friends, and to seek independent advice, support and representation as appropriate. Organisations such as your local authority, Age UK, Citizens Advice or the Elderly Accommodation Counsel (EAC) can help.

*"My husband and I absolutely love it here. There is plenty to do and we especially like the bingo. We feel safe and secure living in such a friendly place."*

Mrs Barlow, resident



## CONTACT US

Come and see a new style of living for your retirement years. Contact us to arrange a no-obligation visit.

**01142 800 540**

**[Roman.Ridge@sanctuary-housing.co.uk](mailto:Roman.Ridge@sanctuary-housing.co.uk)**

**2 Lavender Way, Sheffield, Yorkshire S5 6DD**

For more details of all Sanctuary Retirement Living properties, visit our website or contact us if you would like this publication in an alternative format.



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 [www.sanctuary-retirement-living.co.uk](http://www.sanctuary-retirement-living.co.uk)

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