### EXTRACARE

Independent lifestyle with care and support



a positive choice for your future





If you would like further information please contact:

Clwyd Alyn Housing Association

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This information is available in your own language and alternative formats on request



# in the heart of Shotton

Residents of Llys Eleanor will be supported to take advantage of all that Shotton has to offer. Opportunities will be provided to support occupants to welcome their friends and family to enjoy the facilities and activities available at Llys Eleanor.

Llys Eleanor sits within the local community of Shotton. There are shops, doctor's surgeries, social clubs, cafes and a leisure centre. Transport links are very good with local taxis, bus services and Shotton Train Station just a short distance away.

A superb development of

1 and 2 bedroomed apartments,
with an extensive range of
communal facilities and an on-site
care team



### a positive choice for the future

Flintshire County Council and Clwyd Alyn Housing Association are driving up standards to meet older people's changing expectations and needs.

Llys Eleanor aims to deliver a whole lifestyle for older people, with an emphasis on quality of life and positive opportunity.

Take a little time to consider what an independent lifestyle with care and support could offer you...





## consider the benefits of...

- ▶ The privacy of your own home with your own front door
- ➤ Support to maintain independence including 24 hour care should you need it
- ▶ The opportunity to participate in stimulating group activities in purpose built facilities
- ▶ A secure environment
- ▶ A high-quality restaurant providing fresh produce to meet dietary requirements
- ► A modern fully equipped gym to keep you moving
- ▶ A cosy cinema room to unwind with friends
- ▶ A hairdressing salon
- ▶ A quiet library
- ► A light and airy conservatory for potting or just sitting
- ▶ A hobbies / activity room catering for a variety of skills and interests
- ▶ A communal lounge to provide opportunities for you to relax with friends
- ▶ A delightful sun terrace on the upper floor where you can relax with others
- ▶ A laundry room
- ▶ Relaxing in beautifully landscaped gardens

## meeting your housing, care and support needs

The lifestyle offered within Llys Eleanor aims to promote the health and wellbeing of all its occupants. To make sure this happens the care and support provided within the scheme will be flexible and individually tailored.

An assessment process will help ensure that the scheme can meet your individual needs before a tenancy is offered. Once your tenancy has been agreed, Clwyd Alyn Housing Association's Scheme Manager will work with you to ensure you are fully aware of the tenancy options and help find the best one to suit you. Flintshire County Council Care Scheme Manager will assist in assessing your care and support needs.

Assistance, care and support will be on hand 24 hours a day for when you need it. When you don't need it you will have the space, privacy and dignity to live your own life fully independently.

The choice will always be yours.





## choosing to enjoy life to the full

Support will be available to help you make use of the on-site facilities

### going green

Designed to be environmentally friendly Llys Eleanor is a timber frame build, highly insulated and double glazed throughout.

The roof is designed to harvest rainwater for reuse in WC's - saving expensive treated water for other use.

On site allotments provide the opportunity for residents to grow their own produce.

Events will provide links to the wider community, and will promote active ageing and mental and physical wellbeing.

#### time to relax and make new friends

Llys Eleanor offers a wide range of activities and celebrations throughout the year. An activity Coordinator will be on site to assist the residents committee to develop a variety of social activities and ensure there is always something going on.

We aim to have tea dances, keep fit, book clubs, film nights, gardening club, manicure and beauty sessions, pool and darts. Events will provide links to the wider community and family and friends will be welcome. Keeping active and making time to enjoy yourself is important, it will make you feel good and will promote mental and physical wellbeing. The choice to participate in any activities on offer at Llys Eleanor will always be yours.

### a garden for all

Within the beautifully landscaped gardens there are allotments, raised beds, seating areas and flower boxes just outside your patio doors.

You and your visitors can 'join in' with the daily gardening as little or as much as you choose. There is also a conservatory to help nurture tender shoots and more delicate species of plants.





### a warm welcome to visitors

Your visitors will be welcome to join you in your apartments or in activities in the communal rooms.

Luncheon Groups are popular and a good way to begin new friendships and revive old ones. You may invite your guests to stay for lunch but please try to book. Unexpected guests can usually be accommodated, speak to the Scheme Manager who will confirm availability and inform your guests of costs.

This is your home - why not arrange a table and invite your friends and family to join you for lunch in the modern, stylish restaurant?

#### financial assistance

Whether you wish to rent or purchase an apartment the Scheme Manager is on hand to support you with managing your finances and provide assistance with benefit claims.

Changing circumstances can be difficult to manage financially but staff are trained to assist you and ensure you get all the help and support you need in total confidence.

#### upkeep and maintenance

One of the luxuries of living at Llys Eleanor is knowing that Clwyd Alyn Housing Association will work with you to ensure that the planned programme of maintenance and replacement keeps the building and internal furnishings of Llys Eleanor up to the consistently high standard you expect.

Support will also be available to assist you with any maintenance issues you may have within your apartments, if you require assistance please do ask.





## safety and security add peace of mind

Llys Eleanor is enhanced by a number of discrete security features to ensure that you fully benefit from the peace of mind that is gained from living in a communal setting.

With secure access to and from the private areas within the scheme, tenants can rest assured that Llys Eleanor has been designed with your safety in mind.

The audio and video entry system enables you to identitfy your visitors and decide who you want to let in.

Llys Eleanor offers spacious and comfortable living for older people in a modern purpose built environment.

50 private apartments on two floors are serviced by three lifts and enhanced by a range of built in security features. Ensuite bathrooms with walk in showers provide space and dignity and enable people to remain independent with minimal support. All areas are fully wheelchair accessible.

Every effort has been made to provide a true representation of Llys Eleanor but as the scheme is still under development please ensure you refer to full brochure and tenancy information for specific terms, conditions and charges.

Kitchen 11'9"x 7'7" Bathroom Cegin 8'6"x 7'1" Ystafell Ymolchi Guest / Carer Bedroom Lounge 11'2"x 8'8" 19'0"x 11'9" 14'8"x 10'8" Ystafell Welv Ymwelydd Lolfa /Gofalydd

Mae Llys Eleanor yn cynnig digonedd o le cyfforddus i bobl hŷn mewn amgylchedd modern wedi ei adeiladu i'r diben.

Mae 50 o randai preifat ar ddau lawr yn cael eu gwasanaethu gan dri lifft ac mae yno amrywiaeth o nodweddion diogelwch. Mae'r ystafelloedd ymolchi ensuite gyda chawodydd cerdded i mewn yn cynnig gofod ac urddas i alluogi pobl i barhau yn annibynnol gyda chyn lleied o gefnogaeth ag sy'n bosibl. Gall cadair olwyn fynd i bob rhan o'r adeilad.



