EXTRA CARE INDEPENDENT SENIOR LIVING



Vale Road BH1 3SY Draper Road BH11 8BD



Extra Care housing

Extra Care housing offers apartments to rent for older people, with care and support available. We understand that you want to live safely, comfortably and independently. We also know you may need extra care and support in your day to day life.

Vale Road

Vale Road is close to Boscombe with its shopping, library and community facilities. The accommodation has been thoughtfully designed with older people in mind.

Draper Road

Draper Road is close to Kinson, and provides good transport links to Bournemouth. The accommodation has been specifically designed for persons living with dementia. Unfortunately *NO* pets are permitted at this scheme, this is part of the Planning requirements. Our staff work closely with Bournemouth and Poole NHS local doctors

Our staff work closely with Bournemouth and Poole NHS, local doctors and pharmacies to support your well-being.

Your home options

Extra Care housing offers the following:

- your own front door to a self-contained rented apartment with disabled access
- one bedroom and limited availability for two bedroom properties
- Iow surface temperature central heating throughout
- modern fitted kitchen
- * showers with level access.
- call system with telecare support
- smoke, heat and flood detectors
- lighting sensor
- falls detector (optional)
- medication reminder (optional)

Communal facilities

- a lounge for relaxing and socialising meeting other residents and the local community
- * a restaurant serving meals and snacks (Vale Road Only)
- a drinks-making area
- laundry facilities
- * a motorised buggy storage and charging facility.

The support you need

We work in partnership with other agencies to offer support services including:

- home care if your assessed needs are eligible
- specialist services if you have mental health difficulties or dementia
- Telecare options which complement staff to assist maintaining your independence by summoning assistance in the event of a problem such as falls detection, our Careline team can offer advice and assistance regarding the use of Telecare.

A Well–being Centre to promote health and independence is located within Vale Road with rehabilitation from the Community Assessment and Rehabilitation Team providing advice and support for carers.

Safety and security

We use modern technology which can summon help to assist and support your well-being, if required. Features may include:

- door entry fobs with CCTV viewing of visitors on your own television
- motorised door openings
- tailored telecare packages to maximise your independence further information can be obtained from our dedicated Careline team.

To complement onsite facilities, contact during office hours can be arranged with a Senior Housing Officer.

Vale Road

Vale Road on site facilities include health and well being sessions following an assessment. These services are provided through Bournemouth & Poole NHS. These services are specifically tailored to the requirements of older persons. Typical facilities can include (subject to availability and change).

- District Nurse drop in
- Podiatry clinic
- Health & Well Being
- Falls prevention and awareness

Draper Road

Draper Road has a memory clinic and other memory aids to assist residents living with dementia. Other activities designed and organised to stimulate and assist residents maintain their long term independence.

Who can live in Extra Care Housing?

Our extra care schemes are designed to meet your needs if you:

- live in Bournemouth
- are over 55
- are eligible for Bournemouth Borough Council's Housing Register
- have a current social care assessment showing either substantial or critical eligibility
- have a physical or sensory disability

Who can live in Dementia Extra Care Housing at Draper Road?

As above and:

- Have been diagnosed with early on-set dementia.
- Are able to maintain independent living and manage and maintain a tenancy, with identified support and care.
- Accept the provision of support, care services and assistive living devices provided at each scheme.



Managing your tenancy

A qualified and experienced Senior Housing Officer can be contacted during office hours to provide the following services:

- arranged visits, as per your support plan, to check you're safe and well
- encourage your independence, resident participation and involvement
- $\boldsymbol{\ast}$ with your agreement, liaise with your relatives and care staff
- make sure communal areas are clean and tidy
- look after health and safety equipment and issues
- monitor the condition of the building
- liaise with repair services and contractors.
- assist you with tenancy related matters (including rent and repairs)

When staff are not on duty there is a 24-hour Central Control service to respond to emergencies.

Draper Road

A dedicated team to meet your support and care requirements with objectives outlined through an integrated housing support and care plan.

Fast Track

You may receive priority for one of our properties if you are:

- in residential care but able to live in the community with support
- at risk of entering residential care but are able to live in the community independently with support
- in hospital and cannot be discharged because of your housing needs, though are able to live independently in the community with support
- in current housing which is unsuitable and cannot be adapted, and also need care and support to live independently in the community

How much will it cost to live in extra care housing?

How much you pay for your accommodation and the care you need will depend on your financial circumstances.

A tenancy will be created where you be required to make payment arrangements to cover the rent and for any service charges e.g. Heating & Hot Water (All service charges will be clearly identified). Rent and service charges are fixed for a year.

You will be separately assessed and or charged by the Council for any care and support you may require.

How to apply for Extra Care Housing

If you think living within an extra care scheme is right for you, speak to your social worker or care manager.

We can then arrange to visit you to talk about your situation, housing and care needs. If someone provides a lot of regular assistance to you we will also consider their needs.

If you do not have a social worker or care manager but think your needs meet the criteria to become an extra care resident contact:

Bournemouth Care Direct

Town Hall Annexe, St. Stephen's Rd Bournemouth, BH2 6EA Tel: 01202 454979 Minicom: 01202 454974 email:caredirect@bournemouth.gov.uk

To find out more about the Council's Housing Register and to make an application:

Contact: Housing Options Team Tel: 01202 451467 email: housing@bournemouth.gov.uk

You can ask for this leaflet in large print, Braille, in audio format or in other languages.