

# Willowbrook







### **Overview**

Willowbrook, located in Bettws, Newport, opened in July 2005 and is an *extra*Care scheme with 40 flats or apartments – 33 with one bedroom and 7 with an additional bedroom. Facilities include a laundrette, library and hair and beauty salon.

Willowbrook is close to local amenities with shops situated directly opposite.

extraCare is a fresh approach to housing for the elderly, and a real alternative to traditional residential care, offering choice and independence.

Care is tailored towards tenants' specific needs, and arrangements are then made to ensure tenants receive the exact package they require.

Tenants of Willowbrook live in their own flat, with their own front door, and have full control over who goes into their flat. They have a full right to privacy, and the comfort of security of tenure. Each flat is built to accommodate wheelchairs, and have 1 or 2 bedrooms, a lounge, kitchen, bathroom with easy entry shower, full central heating and a community alarm link with 24 hour support at the ready.



Willowbrook is not residential care. This difference is important to tenants as it means that rent and a high proportion of the service charge is eligible for housing benefit. The rent and service charge include provision of a midday meal 7 days a week and cleaning of each flat.

The overall culture of Willowbrook is the promotion of independence. Living at Willowbrook has given tenants the opportunity to regain or learn new independent living skills such as cooking, doing their laundry, entertaining guest, answering their own front door, things that most able bodied people take for granted.

#### **Activities**

- Regular Concert Evenings
- Bingo
- Day Trips
- Coffee Mornings

## **Facilities**

- Shop
- Laundrette
- Library
- Hair and beauty salon
- Wheelcair access
- Lounge
- Kitchen
- Bathroom
- Easy entry shower
- Full central heating

#### **Services**

- Support of the Scheme Manager
- 24 hour support through the Community alarm system
- Tailored tenant packages
- Midday meals 7 days a week
- Cleaning Independent living

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