

Short Stay Breaks

New this year we are offering short stay holiday breaks and respite breaks to a selection of Holiday Resorts and Hotels throughout the UK.

Bring a Friend or Bring your Carer and enjoy Yourself !!!

Warners
Gunton Hall
Lowestoft



Warners
Corton
Lowestoft



Warners
Sinah Warren
South Coast



Eastbourne
Seafront Hotel



- Transport to and from the resort
- 3 / 4 Night Accommodation
- Accessible Rooms Available
- Breakfast & 3 Course Evening Meal
 - Entertainment
 - Use of leisure facilities

Prices from £199 per person

- 3 / 4 Night Stay
- Transport
- Accommodation
- Half Board

Prices from £240 per person

Prices may vary dependent on number of passengers & seasonal rate changes.



Accessible Holiday Property



Even though we primarily organise day trips and short breaks we regularly receive requests for information relating to adapted holiday accommodation both in the UK and abroad.

Our web site now offers direct links to a fantastic selection of self-catering accommodation, B&B's, hotels and activity holidays. Many properties featured offer access statements and in some cases on-site caring or nursing staff.

Bookings are organised direct with the property owners but Suffolk Accessible Day Trips are able to provide accessible transportation to and from all UK holiday locations and UK airports. If required we are able to assist by accompanying you on your holiday to provide a driving service.

VISIT www.suffolkaccessibledaytrips.co.uk

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Suffolk Accessible Day-Trips

Suffolk Accessible Day Trips CIC

Organised outings for the elderly and those with restricted mobility.

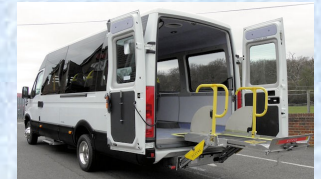


Lunches, Cruises, National Trust Visits, Museums, Cream Teas, Shopping trips & much much more

Welcome to Suffolk Accessible Day Trips



We are pleased to be offering an increased selection of organised day trips & outings for 2013. Please take time to have a look through our brochure and contact us as soon as possible to reserve your places. Most of our trips are arranged using our Wheelchair Accessible Mini Bus and all Trips include collection and return from your Scheme or Care Home. Choose your own travel dates.



**Adapted mini bus with
Wheelchair Lift**

- ★ Day Trips
- ★ Lunches
- ★ Mystery Tours
- ★ River Cruises
- ★ Cream Teas
- ★ Day at the Beach

- ★ Arrange your own day out to your chosen destination. We can provide your transport and arrange lunches, cream teas etc.
- ★ Come and enjoy one of our fantastic inclusive weekend breaks.
- ★ Choose from one of our many Adapted Holiday Properties both in the UK & abroad. We are able to provide accessible transportation to and from all UK holiday locations and UK airports. If required we are able to assist by accompanying you on your holiday to provide a driving service.



Member of the Association
of Community Interest
Companies

Suffolk Accessible Day Trips CIC

16 Chandler Court, Newman Drive Ipswich, IP5 2HS

Office 01473 622534 Mobile 07729 119114

E mail : suffolkaccessibledaytrips@gmail.com

Supported By



Organised Day Trips

Oulton Broad Cruise & Lunch



Back by popular demand. A Wheelchair friendly broads cruiser giving everyone the opportunity to enjoy the trip.

- Collection approx 8.45am
- Broads Cruise 11.00am
- Carvery Lunch at Wherry Hotel at 1.00pm

£36.50 Per person
Including Broads Cruise
& Carvery main Course

Dunwich Fish & Chip Lunch



- Collection approx 10.45am
- Fish & Chips Lunch, Desert & Tea 12.00am
- Calling at Aldeburgh after lunch for 1 hour to explore the shops or a cup of tea by the sea

£31.00 Per Person
Including Fish & Chips Lunch

Mystery Tours with either Lunch or Afternoon Tea



- Morning Trip**
- Collection approx 10.00am
 - Stop for Lunch 1.00pm
- Afternoon Trip**
- Collection approx 12.30pm
 - Stop for Afternoon Tea 3.00pm

£32.00 Per Person
Including Lunch or Tea

Aldeburgh for 3 Star Hotel Lunch



- Collection between 11.00am & 11.30am
- 12.15pm Lunch at the 3 star Wentworth Hotel at Aldeburgh.
- Calling at Farm Shop after lunch for 1 hour to explore the shop & nursery or perhaps a tea & cake

£32.50 Per Person
Including 2 Course Lunch & Tea/ Coffee

NHS HOME EYE TEST

Eye exam in the comfort of your own home.

Available for NHS eligible patients who cannot attend a practice unaccompanied for a sight test.



Lambs Home Eye Care

Call today to discuss your eye care needs:

01473 857703

www.ipswichhomeoptician.co.uk

Suffolk Accessible Day Trips CIC

Please Help Us To Help You

If you are responsible for organising Social Events within your Sheltered Scheme or Care Home could you please call us with your contact information.

We can then keep you informed of Special Offers & forthcoming events.

Tel 01473 622534

or

Melvin on 07729 119114

Liz on 07940 463458

or email

suffolkaccessibledaytrips@gmail.com

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We've planned ahead, it's easy and now we have peace of mind with our East of England Co-operative Funeral Plan



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or email us at preneed@eastofengland.coop

Visit www.eastofengland.coop/funerals



*Free from a landline/mobile charges can vary

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wiltshirefarmfoods.com



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Fully Qualified Visiting Foot Health Practitioners at Competitive Rates

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- Corns
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Dawn Kaylor 07767 455073

Mr Offord - MAFHP -MCFHP
 Miss Kaylor - MAFHP -MCFHP
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"helping you to relax & be yourself"

A safe complementary therapy used to help treat many problems & conditions, including:

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- Stress management
- Fears & phobias
- Quitting Smoking
- Anxiety
- Weight control

Free Initial Consultation available

Vicky Parsons Dip Hyp CS

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vicky.hypnotherapy@gmail.com

HS Accredited Hypnotherapist

STOP

Getting fed up with answering the door, closing the windows or even your curtains ?

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Also offer lock repairs & replacement.

Modern day solutions for disabled access.

Telephone 01359 242052
email easidoor1@aol.com

Horning Broads Cruise & Lunch



A Wheelchair friendly Paddle Steamer Cruise giving everyone the opportunity to enjoy the trip.

- Collection approx 9.30am
- Main Course Lunch at Swan Inn at 12.30pm
- Broads Cruise 3.00pm (One & a half hours)

£39.50 Per Person

Including Broads Cruise & Main Course meal from set menu at the Swan Inn

Bury St Edmunds Market + Coffee & Scone at Farm Shop



An opportunity to take a look around the historic town of Bury St Edmunds and pick up some bargains at the Wednesday market

- Collection approx 9.30am
- Leave Bury at lunch time & stopping at Organic Farm Shop for Coffee & Scone.

£26.00 Per Person

Including Coffee & Scone

Day Trip to Duxford Museum



Day trip to the Imperial War Museum at Duxford.

- Collection approx 9.30am
- Leaving Duxford approx 3.00pm

£37.00 Per Person

Including Entry Fee

Southwold Beach & Pier



Enjoy a day at the seaside. Take your Picnic or have Lunch on Southwold Pier

- Collection approx 9.30am
- Leave Southwold at 3.00pm stopping for Tea at Friday Street Farm Shop on the way home.

£29.00 Per Person

Including Pot of Tea

Bressingham Steam Museum & Gardens



Accessible Rides, Attractive Gardens & the Dads Army Appreciation Society collection.
Steam Days Wednesday, Thursday or Friday.

- Collection approx 10.00am
- Leave Bressingham 4.15pm

£32.00 Per Person
Including Entry Fee on Steam Day

Traditional Cream Tea in Luxurious Surroundings



Sandwiches, Cakes, Scones Preserves & Clotted Cream. What could be better.

- Collection approx 1.00pm
- Visit to Stonham Barns
- Tea at 3.30pm

£32.00 Per Person
Includes Full Afternoon Tea

Clacton Beach & Pier or visit the Sea Quarium



Enjoy a few hours at Clacton Seafront.
Visit the popular Sea Quarium or just enjoy the sea breeze, sunshine & a bite of lunch.

- Collection approx 10.00am
- Leave Clacton 4.00pm

£25.00 Per Person

Selection of Pub Lunches



A chance to go out for a while and enjoy a pub lunch with friends. We offer a selection of venues up to a 10 mile radius of Ipswich

Price dependent on number of passengers & destination.
Call for Quotation

Special Events



Whitsun Fayre
Bury St Edmunds
Monday 27th May

£24.50
Per Person



Newmarket Race Day
Friday 7th June

£29.00
Per Person
Free Entry



Helmingham Hall
Vintage Car Rally.
Sunday 4th August

£27.00
Per Person
inc Entry



Clacton Air Show
Thursday 22nd August
Friday 23rd August

£25.00
Per Person
Free Entry

Drive, Drop & Shop

We know that everyone enjoys a good look around the shops and the chance to take advantage of the sales. What we don't know is exactly where you would like to go.

We are now offering shopping day trips to the following destinations but are open to your suggestions and will provide transport for alternative venues.



Norwich **£27.00 Per Person** **Lakeside Thurrock** **£28.00 Per Person**

Cambridge **£28.00 Per Person** **Freeport Braintree** **£25.00 Per Person**

Prices may vary slightly dependent on numbers of passengers.

Should you have a specific shopping venue you would like to visit please call us on 01473 622534 for a quotation and to reserve your trip.