



## Longhurst Group Care & Repair

## **Housing MOT**

A Housing 'MOT' is a home check service delivered across Rutland, which provides information, advice and support to help you to maintain your independence and live as safely as possible in your own home.

At the home visit, an assessment of the property and your individual needs will be carried out, which includes discussions about:

- Your general wellbeing and how you are managing in your home
- equipment
- falls prevention
- general housing conditions
- minor and major adaptations
- assistive technology
- minor handyperson works
- warm home/energy advice and support
- eligibility for welfare benefits.



To arrange a Housing MOT or for further information, please contact Care & Repair on:

- © 01933 415387 or 0300 123 1745, Option 3