

# Providing Quality Homecare in the Comfort of Your Own Home



- Help with your cleaning
- Assistance with meal preparation
- Shopping & escort to appointments
- Ironing & laundry
- Sitting service
- Personal care

**Short or long visits  
Daily or weekly**

**Experienced and  
DBS checked staff**

**Consistent carers  
Consistent times**

**Cleaning &  
Home Help**

## Contact Details

Email - [luton@myhomecare.co.uk](mailto:luton@myhomecare.co.uk)

Tel: 0800 689 4219

[luton.myhomecare.co.uk](http://luton.myhomecare.co.uk)



Helping you remain  
Independent in  
your own home



- Domiciliary Care
- Live in Care
- Befriending Service
- Meal Provision
- Personal Care
- Cleaning
- Errands

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