

Week 1

DAY	MAIN	SIDE	PUDDING	REMARKS
Monday	Sausage or Cornish Pasty	Mash & Veg. ¹	Mini Eclairs	////
Tuesday	Jacket Potatoes or Macaroni Cheese	Veg. ² & Salad	Trifle	
Wednesday	Roast Chicken or Roast Gammon	R. Pot+Y. pudd & Veg. ³	Cheese Cake	
Thursday	Shepherd's Pie or Cottage Pie	Veg. ⁴ & N. Pot	Fruit Salad	
Friday	Fish & Chips or Fishermans Pie	Chips & Veg. ⁵	Rice Pudding	
Saturday	Chicken Casserole or Meat Ball	Mash & Veg. ⁶	Jelly	
Sunday	Roast Beef or Roast Lamb	R. Pot+Y. pudd & Veg. ⁷	Yogurt	

¹Peas

²Spinach and Cauliflower

³Mix Vegetables

⁴Stir Fry Vegetables

⁵Peas

⁶R. beans and Carrots

⁷Mix Vegetables



Week 2

DAY	MAIN	SIDE	PUDDING	REMARKS
Monday	Liver & Bacon or Steak Pie	Mash & Veg. ¹	Caramel	////
Tuesday	Macaroni Cheese or Breaded Chicken	Veg. ² & Mash	Cheese Cake	
Wednesday	Roast Lamb or Roast Beef	R. Pot+Y. pudd & Veg. ³	Rice Pudding	
Thursday	Meat Ball or Jacket Potatoes	Veg. ⁴ & Mash/Salad	Fruit Salad	
Friday	Fish & Chips or Poached Fish	Chips & Veg. ⁵	Chocolate Mouse	
Saturday	Beef Casserole or Quiche	Mash & Veg. ⁶	Cake	
Sunday	Roast Chicken or Roast Gammon	R. Pot+Y. pudd & Veg. ⁷	Lemon Mouse	

Week 3

DAY	MAIN	SIDE	PUDDING	REMARKS
Monday	Sausage or Mince Pie	Mash & Veg. ¹	Jam Donuts	////
Tuesday	Jacket Potatoes or Chicken & Mushroom Sauce	Veg. ² & Salad/Mash	Trifle	
Wednesday	Roast Chicken or Roast Beef	R. Pot+Y. pudd & Veg. ³	Rice Pudding	
Thursday	Shepherd's Pie or Cottage Pie	Veg. ⁴ & N pot	Fruit Salad	
Friday	Fish & Chips or Fish Pie	Chips & Veg. ⁵	Cheese Cake	
Saturday	Chicken Casserole or Macaroni Cheese	Mash & Veg. ⁶	Jelly	
Sunday	Roast Lamb or Roast Gammon	R. Pot+Y. pudd & Veg. ⁷	Yogurt	

¹Peas

²Spinach and Cauliflower

³Mix Vegetables

⁴Stir Fry Vegetables

⁵Peas

⁶R. beans and Carrots

⁷Mix Vegetables



Week 4

DAY	MAIN	SIDE	PUDDING	REMARKS
Monday	Liver & Bacon or Chicken Pie	Mash & Veg. ¹	Custard Tart	////
Tuesday	Toad in The Hole or Breaded Chicken	Veg. ² & Mash	Cheese Cake	
Wednesday	Roast Chicken or Roast Lamb	R. Pot+Y. pudd & Veg. ³	Rice Pudding	
Thursday	Macaroni Cheese or Jacket Potatoes	Veg. ⁴ & N pot	Fruit Salad	
Friday	Fish & Chips or Salmon	Chips & Veg. ⁵	Chocolate Mouse	
Saturday	Beef Casserole or Meat Ball	Mash & Veg. ⁶	Cake	
Sunday	Roast Gammon or Roast Beef	R. Pot+Y. pudd & Veg. ⁷	Lemon Mouse	