

GUILDFORD GRANGE EXTRA CARE SCHEME



Guildford Grange is a purpose built 'Extra Care' Supported Housing Scheme for older people who require care and support to enable them to remain independent. The service is managed by Places for People Individual Support, a specialist provider of care and support services.

The Scheme was opened in April 2004. It is set in its own well-maintained landscaped gardens and is located close to the town centre and local amenities.

Accommodation comprises of 40 2-bedroomed self-contained flats, four of which are fully accessible for wheelchair users. All the flats have walk in showers, and fully fitted kitchens with ovens placed at mid-height level. There are also communal facilities including 2 lounges, a dining area, an assisted bathroom, a hairdressing salon and a bar area.

Aims and objectives

To provide safe, secure and comfortable housing, for older people.

To offer practical and social support, to enable residents to maintain their tenancy and to acquire and improve on the skills necessary for independent and integrated living.

To ensure that older people are at the centre of planning and decision making within the scheme and community.

To work within our equality and diversity policy, to tackle inequalities for older people.

To empower older people, to benefit the individual and the community.

To link, where appropriate to other agencies providing healthcare, training and employment, education and leisure facilities.

To promote active and healthy ageing opportunities, to increase participation and engagement.

To provide advice and information to residents to enable them to make informed choices about their lives.

To prevent premature ill health and dependency, by promoting activity and social engagement.

To liaise with other agencies and organisations, voluntary and statutory in order to link in with relevant older persons strategies.

To develop and maintain good communication with other workers and Places for People Homes, to enable the project to run effectively.

To develop and maintain good communication with other providers to share good practice to enable us to develop and improve services.

What does Guildford Grange aim to do?

At Guildford Grange we aim to provide you with the care and support you need to enable you to retain maximise and develop your life skills and independence. Our philosophy is to 'do with' you rather than 'for you'. We provide safe, secure and quality housing which protects your privacy whilst encouraging you to retain strong community links and your independence; we also provide an opportunity for you to make friends within the scheme by using our communal facilities and enabling you to join in with activities.

Places for People Individual Support staff work hard to provide you with an excellent standard of support using a keyworking approach, ensuring you are central to all support planning and decision making.



All flats have a walk in shower room

Open plan fully fitted kitchens



Who is Guildford Grange for?

Although Guildford Grange can provide accommodation for people over 55 years, many of you will be over 65 and need some care or support as assessed by Neighbourhoods & Community Care or Places for People Individual Support: -

Personal Care	could mean assistance to wash and dress
Support	could mean advice about finances and benefits or prompting life skills, e.g. cleaning, shopping, liaising with other agencies on your behalf.

Our residents include people with minimum support needs and people with different degrees of disability and age related health problems such as reduced mobility, memory problems, visual or hearing impairment, or social isolation.

We hope that this approach will lead to you being able to help each other and with staff to facilitate social events.

How do I apply to live at Guildford Grange?

If you have an existing care package, discuss your interest in the Scheme with your Social Worker if possible. If you do not have an existing care package, or you are not sure who your Social Worker is, then enquire at the scheme either by telephone or in person.

What are the communal facilities and Activities?

We aim to provide and have included in the design a range of facilities to promote your health, well-being and opportunities to socialise.

These facilities are: -

- Lunch club - Sunday to Friday 12.30 pm managed by Izzyde. Also provide teatime packed meals. They also provide a small shop where everyday goods can be purchased.
- Gym, changing room and showers. Hallam Volunteering run a fit club tailored to aid mobility and frailty issues identified with the elderly, Also Tai Chi courses.
- Leisure/Hobby room - A computer is available for your use. Arts and craft sessions held on Friday's.
- Assisted Bathing
- Age Concern Day Centre - held every Tuesday morning.
- Communal lounge - Organist on Thursday afternoon's.

- Bar/Cafe area - Coffee morning held on Monday's and Thursday at 10.30 am and Social Evenings on Tuesday's and Thursday at 6.30 pm.
- Cultural Celebrations.
- Various social events and guest speakers throughout the year.
- Monthly resident and social activity meetings.
- Social evening every Tuesday run by the residents and Thursday run by the T.A.R.A.
- The residents also run games nights, dominoes and cards.
- Tuesday is the Asda bus for residents to do their shopping.
- Hairdresser is open on Thursday's
- Agewell club is here every Wednesday afternoon.

Who is the Care Provider?

Carewatch (Sheffield) provide the personal care service at Guildford Grange on behalf of NCC. They are one of the largest domiciliary care providers in Sheffield.

Carewatch staff are on site 24 hours a day,

4 staff between 7.00am and 1.00pm.

2 staff between 1.00pm and 6.00pm,.

3 staff between 6.00pm and 10.00pm.

And a member of staff sleeping in for night time care emergencies.

How is Support provided by Places for People Individual Support?

The emphasis on retaining and developing independence is the key to our support planning process.

Each of you has a keyworker who will work closely with you, Carewatch, NCC, any family members and other professionals to formulate a tailor made package of support to meet your needs.

Your keyworker is responsible for ensuring your support is delivered, and with you, monitoring how effective that support is. Your Support Plan will be reviewed at **least** every six months.

Your plan of support will be flexible, considers your likes and dislikes, cultural and spiritual preferences, occupational interests and daily routines. Records are kept on your personal file which is kept in a secure location. We keep your information confidential in accordance with Places for People Individual Support Confidentiality Policy, and will only be shared on a need to know basis, e.g. with other professionals involved in your care and support.

Rents

Our rents are set at an affordable rate and are reviewed on an annual basis.

The rent includes a service charge element. A small proportion of the service charge will not be covered by Housing Benefit, these are called personal charges.

Rent should be paid weekly or monthly, one week in advance and can be paid by direct debit, standing order, Places for People Individual Support swipe card, or over the phone with a debit/credit card.

For further information please contact: -

Places for People Individual Support:

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