

## Mary Holben House

**36-38 Thrale Road, Streatham,  
London, SW16 1HX**

**Tel: 020 8664 6773  
Textphone: 020 8307 7905**

Mary Holben House is a retirement housing scheme with 48 flats in total, consisting of 40 single one bedroom flats and 8 double self contained flats.



### **Our facilities**

#### **Welcoming and supportive**

Mary Holben House is designed to encourage independent living. Support is available if needed.

All flats are self contained and there are communal areas in the scheme that all residents are encouraged to use and socialise with other residents or family and friends.

The scheme has a beautiful communal garden. It is a lovely area where residents can walk around the garden or sit and enjoy

the lovely flowers and plants. The area is paved to provide easy access for all.

There is a communal lounge which can be used by all residents and on site activities take place here. The lounges can be booked for private functions with residents family or friends.

There is also a hearing loop in the communal lounge which allows partially deaf people to take part in activities and meetings as well as a good selection of books that can be borrowed from the scheme library, located in the lounge.

A 24 hour communal laundry is available at the scheme for all residents.

On the ground floor of the scheme there are level access private showers. These have been adapted and have seats to help you if needed.

The guest room can be booked for residents visitors. There is a fee charged for this facility and bookings need to be made through the scheme manager.

## Mary Holben House

### Our services

#### Care and commitment

All our services are in place to allow residents to live as independently as they can.

There is a scheme manager to encourage independent living. The scheme manager is available between the hours of 9 am and 4.30 pm, Monday to Friday.

There is an intercom system at the scheme and if residents wish, the scheme manager can call on them daily to check that they are not having any problems.

There is an emergency call centre available 24 hours a day all year round which can be activated using the pull cords in each of the flats and the communal areas.

### Activities

#### Things to do, places to go

Staff encourage residents to organise their own events and activities as part of our drive to encourage independent living.

From time to time there are planned activities that take place at the scheme. All activities are advertised on the notice boards.

There is a luncheon club twice a week on Tuesday's and Thursday's.

### Local areas

#### Getting around

Mary Holben is situated in a quiet area.

The scheme is serviced by several buses including the 319 towards Sloane Square, 57 towards Kingston and the G1 bus stops throughout the local area.

The nearest train stations are Streatham Common or Streatham and the nearest tube station is Tooting Bec.

### Viridian Housing

#### About us

Viridian Housing is a leading housing association. We provide high quality housing and care for a wide range of people on varied outcomes. We do not trade for profit and we put all profits we make back into our homes and services.

#### Want to find out more?

For more information, please contact the scheme manager:

Tel: 020 8664 6773