

ST GILDAS

Extra Care Sheltered Scheme

St Gildas Extra Care Scheme is located in Chard, just a 10-minute walk from the town centre.

The scheme has 35 1-bedroom self-contained flats. There is a communal lounge, laundry room, bathroom with hoist and staff sleep in room within the scheme. There is also a communal kitchen, which is used by staff to cook the midday meals for the residents.

Each flat has a community alarm system for emergencies, night storage heaters and smoke detectors and UPVC double glazed windows.

St Gildas also has the added security of a door entry system. There is also an intermediate care flat used for those with rehabilitation needs after illness before returning to their own home.



Extra Care allows for the frail elderly to continue to live independently with the help of care staff as appropriate.

Extra care is not a provider of nursing care but provides help with everyday living.





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St Gildas is a friendly and happy scheme, where you can join in with as many of the social activities that you want. Our care team will make you very welcome, respect your personal wishes and will always treat you as an individual. There is an events notice board with all the details of the events taking place at the scheme. This may include bingo, quiz and video nights, coffee mornings and afternoon cream teas, entertainment evenings, home-cooked fish and chip suppers, and BBQ's in the summer. In addition, there is often local entertainment, where door to door transport can be provided. You can also keep fit with regular sessions of 'flexercise' on the last Wednesday



of every month.

A hairdresser and chiropodist visit the scheme regularly. The mobile library also visits the scheme on a regular basis, but books and cassette tapes are always available for residents to borrow at the scheme. Somerfield will also deliver fresh groceries to the scheme each week. Reorders of regular medication are delivered weekly to the scheme by a local pharmacy. Chard is a small market town located 16 miles from Taunton and 17 miles from Yeovil. There is a regular bus service to Taunton and the surrounding villages, which runs from the town centre. The town has a good selection of shops, which include supermarkets, chemists, butchers, newsagents and bakeries. A local market also runs on a Saturday in the town centre. Chard also has many amenities such as banks, post offices, dentists, opticians and several doctors' surgeries. There is a wide range of places to eat and drink, which include pubs, Chinese and Indian takeaway, coffee shops and fish and chip shops.

If you are interested in having a look around St Gildas, please contact Penny Wyatt

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