

PARK LODGE

Extra Care Sheltered Scheme

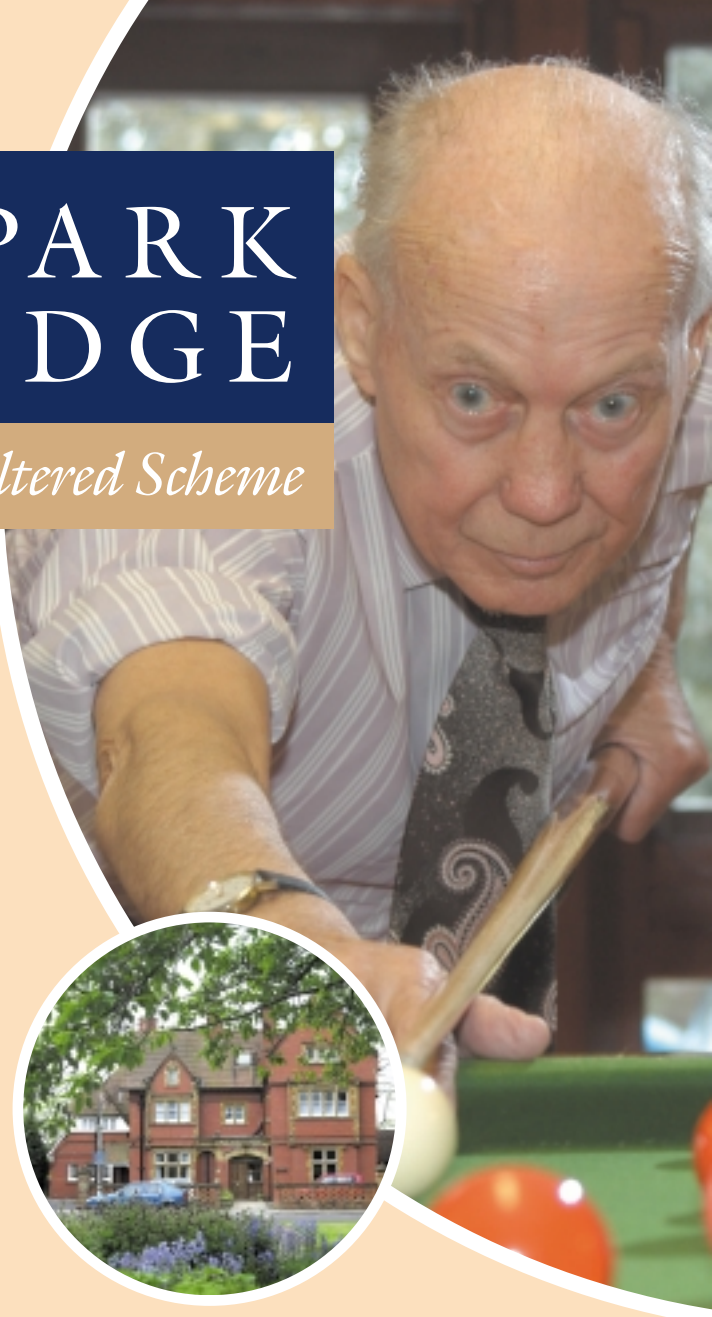
Park Lodge Extra Care Scheme is located in Yeovil, just a 10-minute walk to the town centre.

The scheme has 21 units of accommodation consisting of fifteen self-contained 1-bedroom flats and six 1-bedroom bungalows. There is a communal lounge, laundry room, guestroom and staff sleep in room within the scheme. The communal kitchen is used by staff to provide the midday meals for the residents. Each flat has a community alarm system for emergencies, night storage heaters and smoke detectors and UPVC double glazed windows. Park Lodge also has the added security of a door entry system. There is also an intermediate care flat used for those with rehabilitation needs after illness before returning to their own home.



Extra Care allows for the frail elderly to continue to live independently with the help of care staff as appropriate.

Extra care is not a provider of nursing care but provides help with everyday living.





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Park Lodge is a friendly and happy scheme, where you can join in with as many of the social activities that you want. Our care team will make you very welcome, respect your personal wishes and will always treat you as an individual. Each resident receives a monthly events newsletter with all the details of the events taking place at the scheme. This may include bingo, coffee mornings and afternoon cream teas, coach and theatre trips, pub lunches and quiz afternoons, raffles, auctions and a tenants' shop. In addition, there is often local entertainment, where door to door transport can be provided. A choice of hairdresser's and chiropodists visit the scheme regularly. The mobile library also visits the

scheme on a regular basis, but books are available for residents to borrow at the scheme. Local shopkeepers will also deliver fruit, vegetables and fish to your door three times a week; however, members of staff will do most of the shopping for the residents. Reorders of regular medication are delivered weekly to the scheme by a local pharmacy. Two mini day centres on a Monday and Wednesday have also been set up at the scheme for residents to join in with.

There is a good bus service in Yeovil to Taunton, Salisbury and the surrounding towns and villages. The nearest bus stop is located at the top of the road and has frequent buses into Yeovil. Yeovil – the major town of South Somerset, has the best shopping centre in the area with all the national retailers, a major department store and outdoor markets on Tuesdays and Fridays. There are plenty of places to eat and drink in Yeovil, including pubs, restaurants and a wealth of takeaways and also many local amenities i.e. post office, banks, chemists, dentists, opticians, doctor's surgeries and supermarkets.

If you are interested in having a look around Park Lodge, please contact Margaret Russell

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