

One Housing
Care & Support



ROSEBANK
PARK

SENIOR LIVING IN HARWICH

CARE.ONEHOUSING.CO.UK

WELCOME

Welcome and thank you for your interest in Rosebank Park. I hope you enjoy your visit to this stylish modern property and have a chance to explore our beautiful grounds.

We help our residents to live better by offering great homes that are designed for your lifestyle and your needs with a programme of activities to promote friendship, health and wellbeing.

I'm proud that One Housing Care & Support builds affordable, high quality homes that let older people keep their independence with the safety net of the best support available.

The team here is committed to creating homes for our residents to enjoy an independent life in, as part of the community. If you have any questions please ask our staff and we look forward to welcoming you soon.



Martin D'Mello
Group Director Care & Support



ABOUT US

One Housing Care & Support offers you flexibility and a choice of accommodation to ensure you can remain independent and part of the community.

We develop and manage beautiful retirement homes that are contemporary, vibrant, needs-adapted and in desirable locations. We promote independence and active lifestyles but also provide personalised support when you need it.

Care & Support is part of One Housing, an award-winning provider of housing, care and support across London and the South East since 1966.





LIFESTYLE

Care & Support senior living at Rosebank Park offers you a fulfilling independent life with care and support on-hand if you need it, giving you peace of mind.

It means that all of our staff are fully trained and dedicated to helping you, ensuring that your social and health needs are met, while you're free to enjoy the lifestyle that you choose.

There are beautiful communal spaces in which to meet up and chat with neighbours or join in with social activities. There's a helping hand whenever you need it, including the emergency call system in each apartment.

Invite friends and family to join you for a glass of wine in the bar and, when you want to, you can close your front door and relax in your own flat.

ROSEBANK PARK

Rosebank Park is a collection of new purpose-built apartments for the over-55s.

Located in central Harwich, it's ideal for local residents who need help to continue living independently but don't want to move far.

There are 58 one-bedroom and 12 two-bedroom self-contained spacious and modern apartments, complemented by a range of community facilities.

All flats come unfurnished for you to fit out and decorate in your own personal style.

APARTMENTS

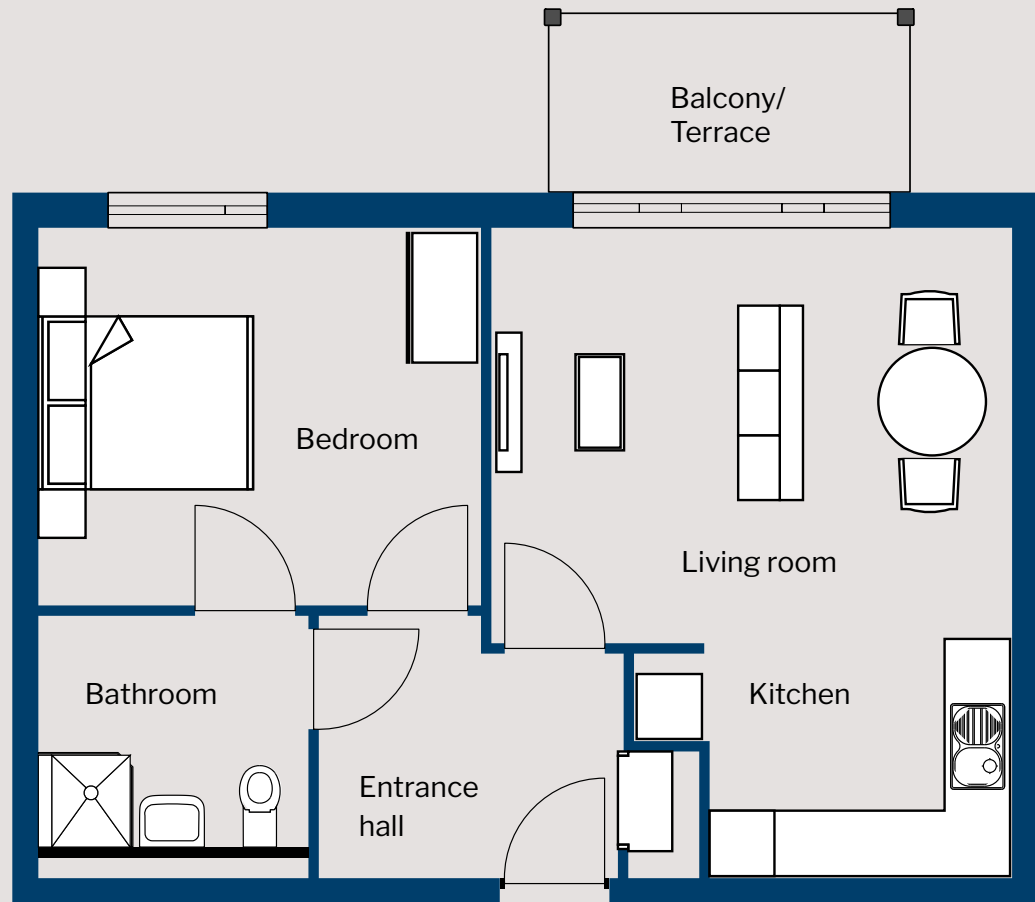
- One- or two-bedroom apartments.
- A spacious lounge area, with carpeting throughout the hallway, lounge and bedrooms.
- Options on cable television, internet/ wifi and telephone.
- A modern kitchen with fridge freezer, oven and hob with hood.
- Plumbing for washing machine.
- Walk-in shower room.
- Balcony or terrace space.
- Underfloor heating with individual heating controls throughout.
- 'Tunstall' door and call assistance system.
- The option to be adapted with living aids, such as grab rails or shower seats, if you need them.

COMMUNAL AREAS

- Attractive reception and foyer.
- Communal dining.
- Stylish licensed bar.
- Luxurious lounge.
- Landscaped gardens.
- Underfloor heating throughout.
- Modern laundry room.
- Assisted bathing suite.
- Mobility buggy charging and store room.
- Parking on site.
- Wifi in all communal areas.
- Two lifts to all floors.
- Hearing induction loop.

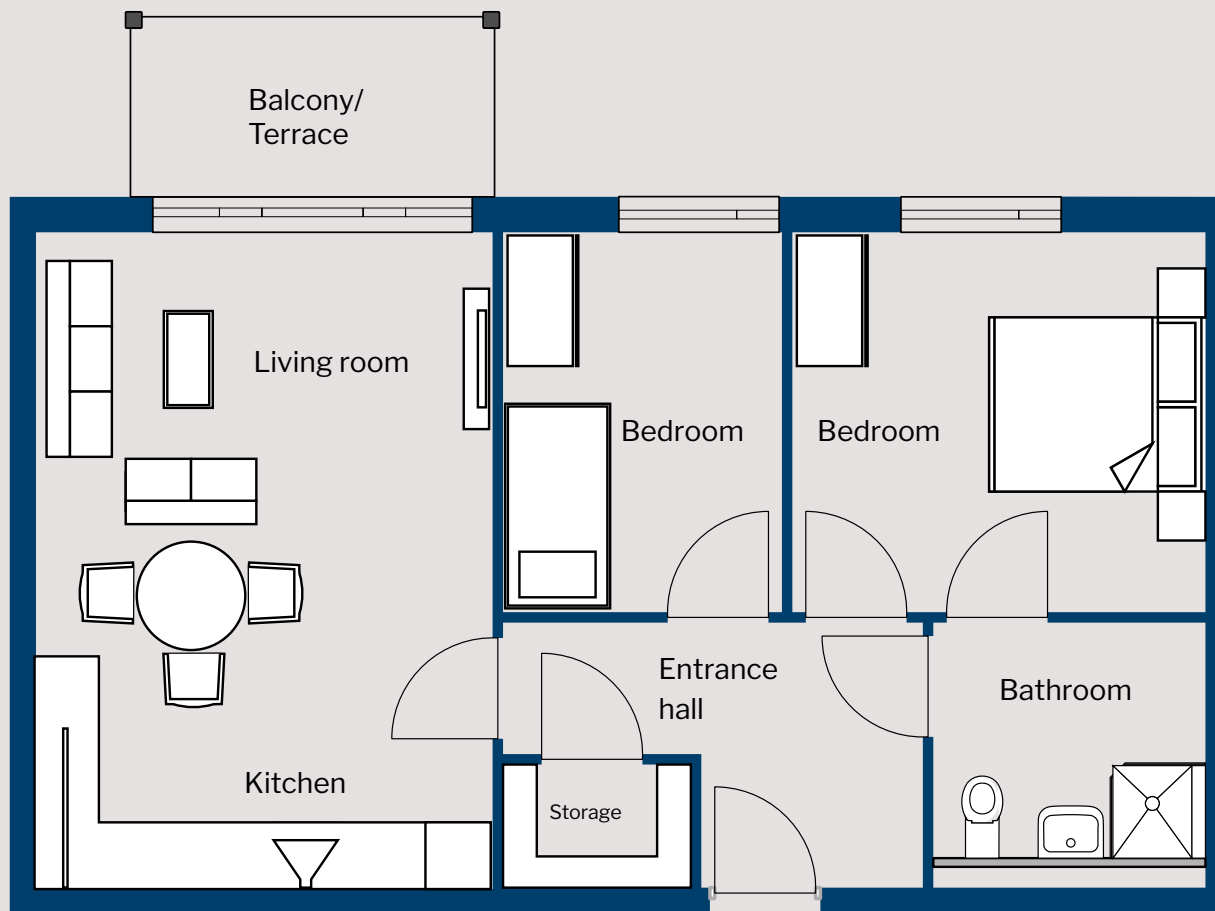


FLOOR PLANS



One-bedroom flat - all flats come unfurnished





Two-bedroom flat - all flats come unfurnished

THE HEART OF ESSEX

Rosebank Park is located in Harwich – an historic Essex coastal town and one of the Haven ports.

Full of character and with a strong sense of community, Harwich has the benefits of a culturally vibrant town, surrounded by beautiful nature. The old town is a conservation area with buildings dating back to medieval times and one of the oldest purpose-built cinemas still in use.

Set back from the road, Rosebank Park is close to shops, cafes, transport, local amenities and the Harwich & District Hospital.

Just a 20 minute walk to the beach, Rosebank Park has stunning views over Dovercourt Bay and the North Sea.



CORE SERVICES



Services include:

- on-site management team
- support staff on-site 24hrs a day
- care-coordination and liaison
- family liaison
- co-ordinating assistive aids
- emergency response and support and reactive care
- local healthcare registration (GP surgery, dentist etc)
- medication ordering and collection
- housing-related support such as paying and monitoring of rent
- helping with utilities, setting up and maintaining the fabric of the home.

For more details, please see the inserts at the back of this brochure.

MENU SERVICES

Personal care

We offer:

- help with getting up, washing and dressing
- hair care, manicure and pedicure
- help with dental hygiene, hearing and sight aids
- waking night care
- prompting and assistance with medication
- help with moving from chairs, wheelchairs and beds.



Practical support

We offer help with:

- cleaning and domestic/housework
- laundry services
- ironing
- shopping
- paying bills
- key holding
- preparing light meals and snacks
- bed changing.



Companionship and social support

We offer:

- accompaniment to appointments
- encouragement and support with customer-led activities
- companionship
- help enabling communication
- support for well-being
- help maintaining social contacts.



For more details, please see the inserts at the back of this brochure.

NEXT STEPS

Eligibility

To be eligible to become a resident at Rosebank Park you must be:

- aged 55 or over
- have a local connection
- able to live safely on your own with some support
- have an assessment with the Care Team at Rosebank Park at a time that suits you.

Costs

Everyone will pay an amount towards the cost of living at Rosebank Park. How much depends on your assessed financial position. There is help available towards the cost and we will explore this before you move in.

Contact us

To apply, please do one of the following:

- contact Senior Living Team on 0300 123 7367 or seniorliving@onehousing.co.uk
- speak with your social worker
- contact Essex Customer Service Centre on 0345 603 7630.

For more information, please refer to the inserts at the back of this brochure.

All images in this brochure are representative only.

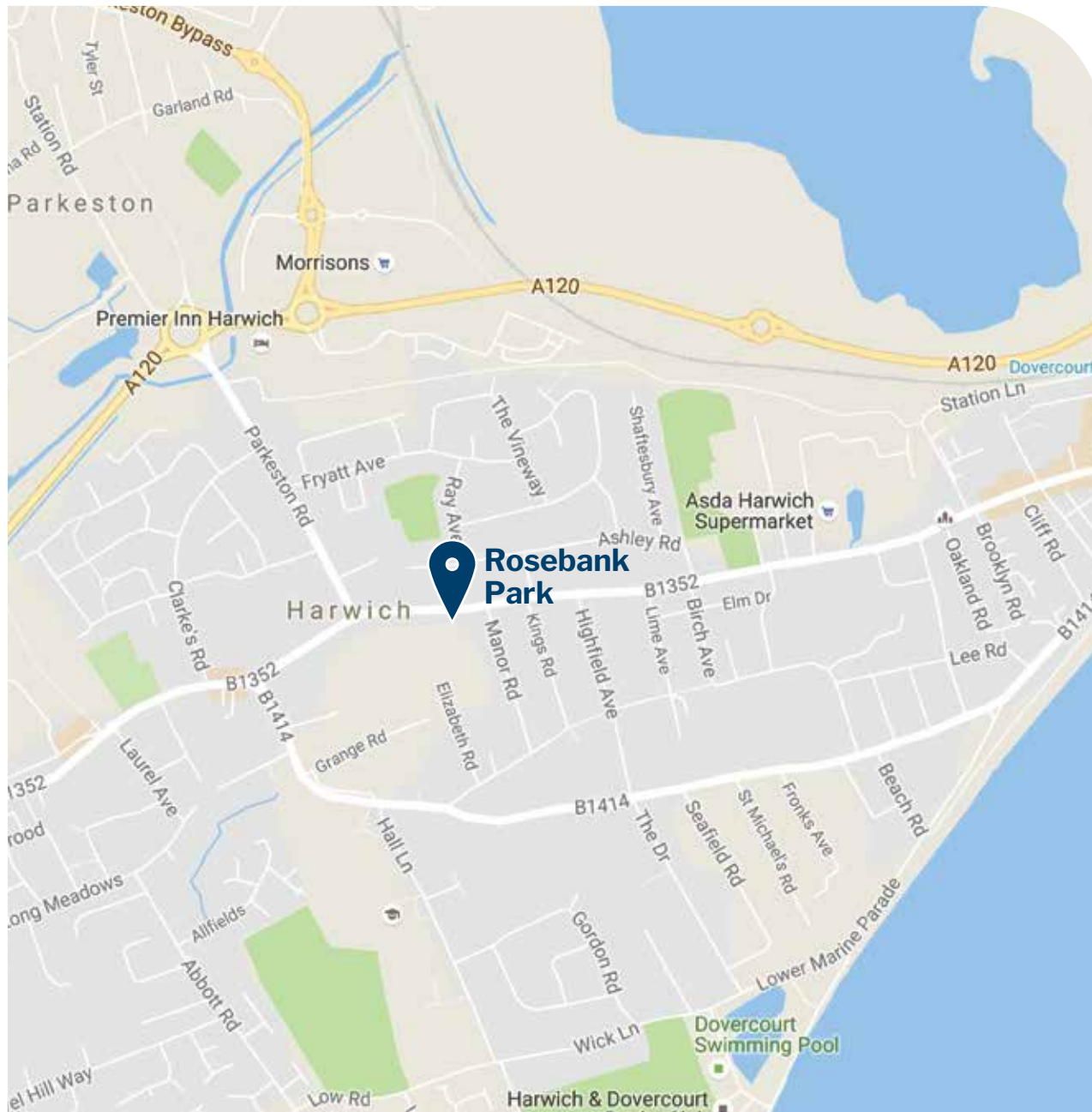






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