

**One Housing**  
**Care & Support**



**ESTHER RANDALL**  
**COURT**

SENIOR LIVING IN REGENT'S PARK

[CARE.ONEHOUSING.CO.UK](http://CARE.ONEHOUSING.CO.UK)

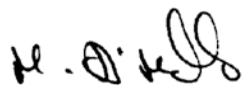
# WELCOME

Welcome and thank you for your interest in Esther Randall Court. I hope you enjoy your visit to this stylish modern property and have a chance to explore around.

We help our residents to live better by offering great homes that are designed for your lifestyle and your needs with a programme of activities to promote friendship, health and wellbeing.

I'm proud that One Housing Care & Support builds affordable, high quality homes that let older people keep their independence with the safety net of the best support available.

The team here is committed to creating homes for our residents to enjoy an independent life in, as part of the community. If you have any questions please ask our staff and we look forward to welcoming you soon.



**Martin D'Mello**  
Group Director Care & Support



## ABOUT US

One Housing Care & Support offers you flexibility and a choice of accommodation to ensure you can remain independent and part of the community.

We develop and manage beautiful retirement communities that are contemporary, vibrant, needs-adapted and in desirable locations. We promote independence and active lifestyles but also provide personalised support when you need it.

Care & Support is part of One Housing, an award-winning provider of housing, care and support across London and the South East since 1966.











## LIFESTYLE

Care & Support senior living at Esther Randall Court offers you a fulfilling independent life with care and support on-hand if you need it, giving you peace of mind.

It means that all of our staff are fully trained and dedicated to helping you, ensuring that your social and health needs are met, while you're free to enjoy the lifestyle that you choose.

There are beautiful communal spaces in which to meet up and chat with neighbours or join in with social activities. There's a helping hand whenever you need it, including the emergency call system in each apartment.

Invite friends and family to join you for a cup of tea and, when you want to, you can close your front door and relax in your own apartment.

# ESTHER RANDALL COURT

Esther Randall Court is a collection of self-contained apartments for the over-55s in the Regent's Park area.

Located in the London Borough of Camden for local residents who need help to continue living independently but don't want to move far.

There are 34 one-bedroom self-contained apartments which are complemented by a range of community facilities.

All apartments come unfurnished for you to fit out and decorate in your own personal style.

## APARTMENTS

- One-bedroom apartments.
- Digital TV, satellite and telephone points.
- Sky Wi-Fi included.
- A modern kitchen with fridge freezer, oven and hob.
- Plumbing for washing machine.
- Walk-in wet room with easy access shower.
- On call emergency assistance system.
- The option to be adapted with living aids, such as grab rails or shower seats, if you need them.

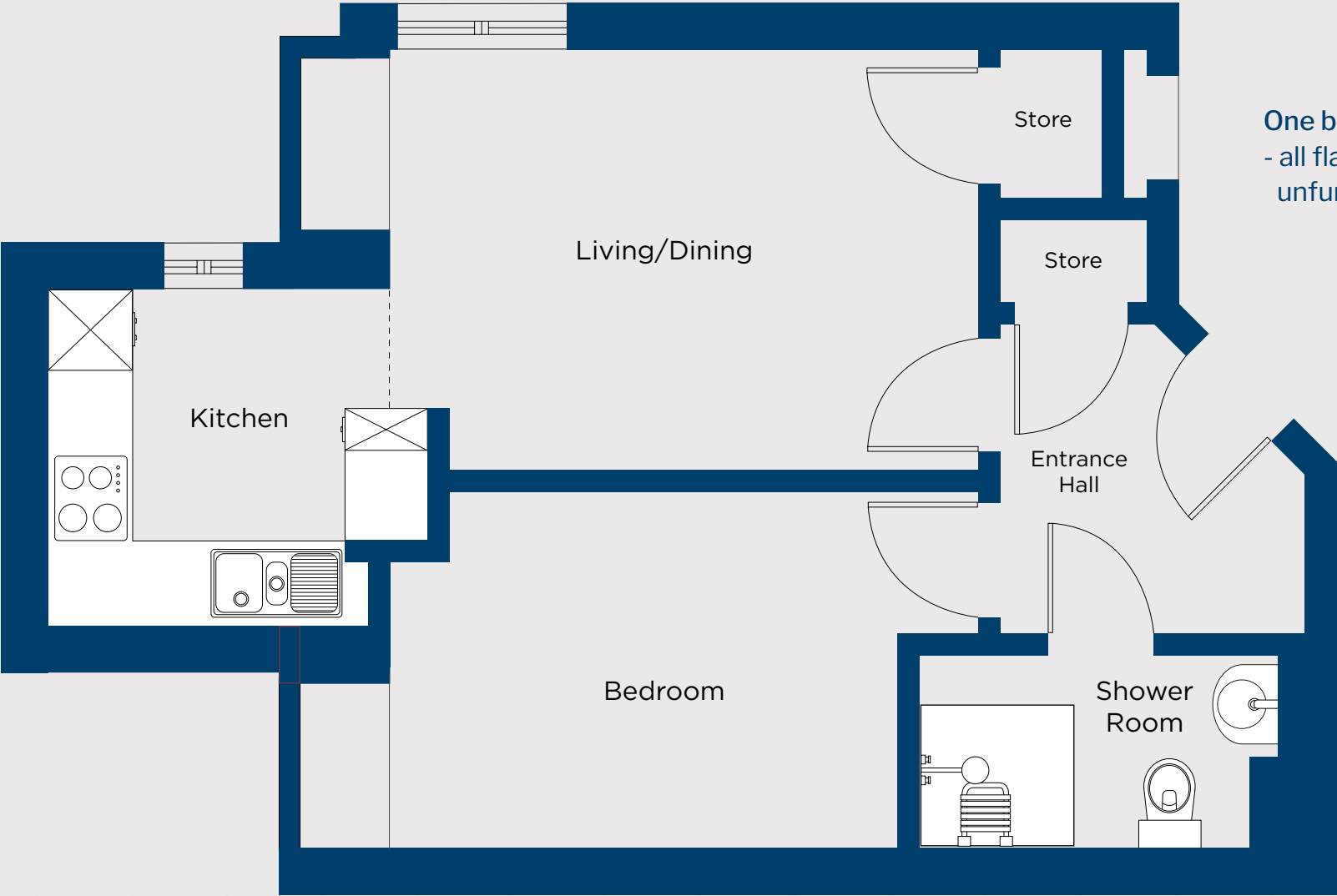
## COMMUNAL AREAS

- Communal dining area (chargeable).
- Large comfortable lounge with TV, books and tropical fish tank.
- Hair and beauty salon.
- Landscaped terrace with seating area.
- Twin en-suite guest room available on demand.
- Assisted bathing suite.
- Laundry room with two commercial dryers and two washing machines.
- Mobility buggy charging and store room.
- Wi-Fi in all communal areas.
- Lifts to all floors.
- Car park.
- Hearing induction loop.





# FLOOR PLAN



One bedroom flat  
- all flats come  
unfurnished





# LOCAL AREA

Esther Randall Court is conveniently situated just a stone's throw away from beautiful Regent's Park in the north London Borough of Camden.

The area is a vibrant mix of commercial streets and centres with a range of shops, restaurants, cafes, and supermarkets all easily accessible. There is an abundance of cultural choices with the British Library and some of the biggest and quirkiest museums in near proximity.

It is just a five-minute walk to the historic Regent's Park, one of the Royal Parks of London, which covers one hundred and sixty-six hectares of parkland, including, Queen Mary's Gardens, The London Zoo, and an Open Air Theatre among its facilities, amenities and gardens.

Its central location benefits from being on a quiet residential street but also very close to tube and bus services and the vibrant, full of life central London area.





# CORE SERVICES



## Services include:

- on-site management team
- support staff on-site 24hrs a day
- care-coordination and liaison
- family liaison
- co-ordinating assistive aids
- emergency response and support and reactive care
- local healthcare registration (GP surgery, dentist etc)
- medication ordering and collection
- housing-related support such as paying and monitoring of rent
- helping with utilities, setting up and maintaining the fabric of the home.

For more details, please see the inserts at the back of this brochure.



# MENU SERVICES - CHARGEABLE

## Personal care

### We offer:

- support with getting up, washing and dressing
- support with dental hygiene, hearing and sight aids
- waking night care
- prompting and assistance with medication
- support with moving from chairs, wheelchairs and beds.



## Practical support

### We offer help with:

- cleaning and domestic/housework
- laundry services
- shopping
- key holding
- preparing light meals and snacks
- bed changing.
- support and advice around finance management.



## Companionship and social support

### We offer:

- encouragement and support with customer-led activities
- companionship
- help enabling communication
- support for well-being
- help maintaining social contacts.



For more details, please see the inserts at the back of this brochure.

# NEXT STEPS

## Eligibility

To be eligible to become a resident at Esther Randall Court you must be:

- aged 55 or over
- must be a Camden resident and referred by Social Services
- able to live safely on your own with some support
- have an assessment with the Care Team at Esther Randall Court at a time that suits you.

## Costs

Everyone will pay an amount towards the cost of living at Esther Randall Court. How much depends on your assessed financial position. There is help available towards the cost and we will explore this before you move in.

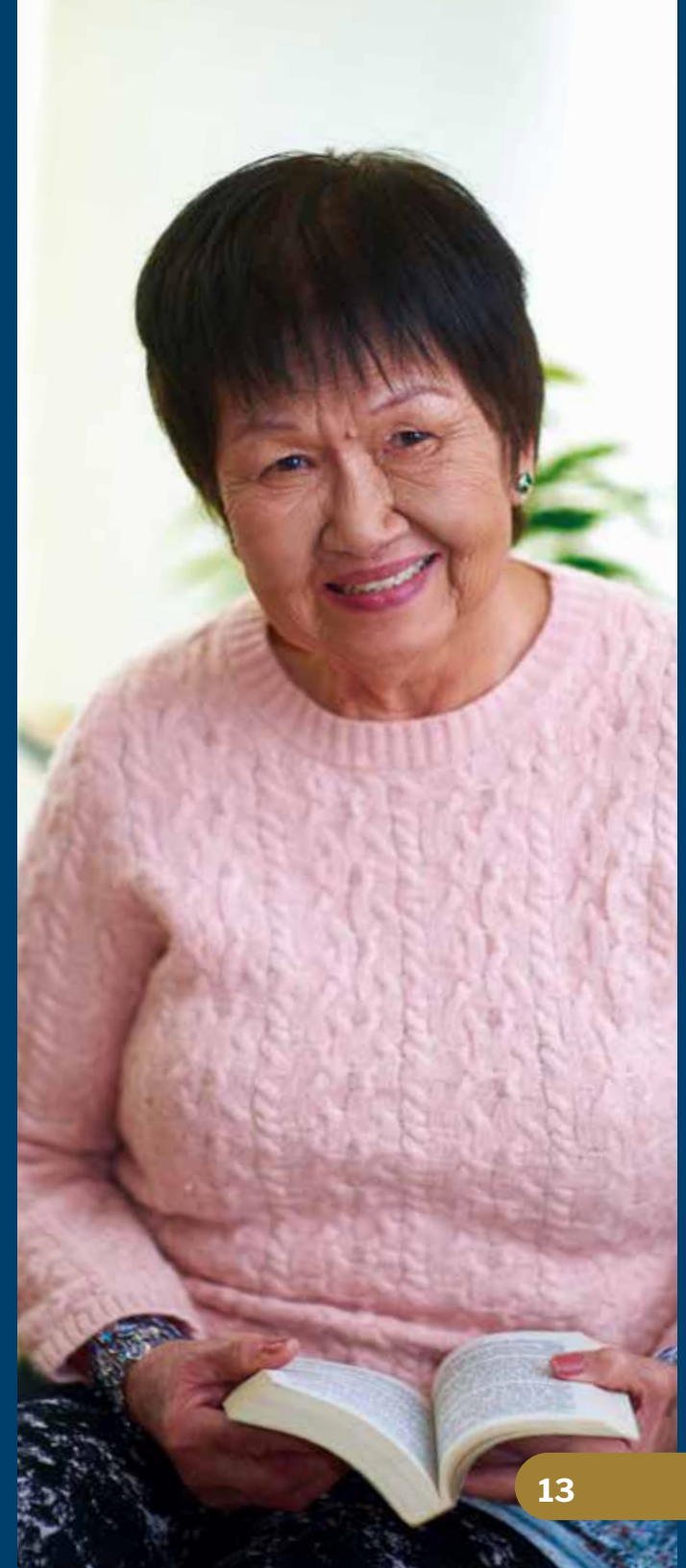
## Contact us

To apply, please do one of the following:

- contact Senior Living Team on 020 8821 5231 or [seniorliving@onehousing.co.uk](mailto:seniorliving@onehousing.co.uk)
- speak with your social worker
- speak with Camden's Access and Support Team on 020 7974 4000.

For more information, please refer to the inserts at the back of this brochure.

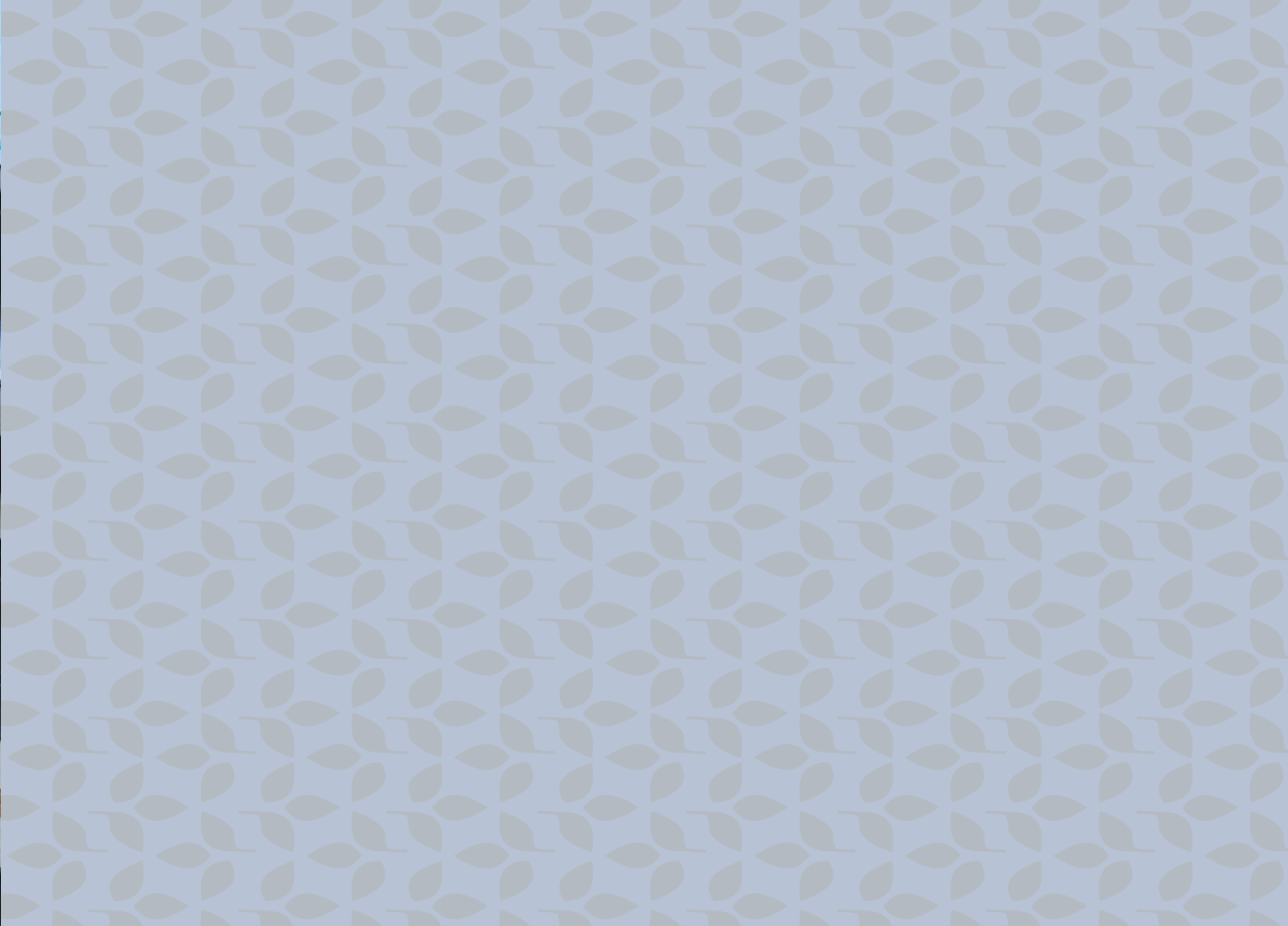
All images in this brochure are representative only.











**ESTHER RANDALL**  
**COURT**

# One Housing Care & Support



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