







An innovative combination of single rooms and suites offering older people support, personal care, dementia care and nursing, designed to suit individuals and to enable couples to live together.







We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Having worked with older people for nearly 70 years, we have used our experience to develop a special service at Horfield Lodge offering flexible support, personal care, specialist dementia care and nursing.

Enjoying later life to the full is all about having comfort, choice and independence, free from hassle and worry, with specialist care and support tailored to your individual needs – and that's exactly what Horfield Lodge offers.

Horfield Lodge

Horfield Lodge is situated in a leafy, peaceful suburban setting on Kellaway Avenue in Horfield. It is of modern design, light and spacious with lovely views over Horfield Common and surrounding areas. The single rooms and care suites are arranged on four levels, with a lift and wheelchair access throughout. It is especially designed to make life comfortable for people in later life.

The name 'Horfield Lodge' reflects the history of the area and remembers a large house of the same name which was on the site in 1881.



Accommodation

Single Rooms

Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to make your own. Features include:

- TV and telephone points
- A bathroom with level-access shower, toilet, basin and lockable cabinet
- Carpets throughout and slip-resistant flooring.

Care Suites

The light and spacious suites include the features above plus:

- One or two bedrooms
- Lounge/dining area
- Kitchenette with fan-assisted oven, electric hob and room for your own fridge.

These suites are available for individuals wanting more space but are designed primarily for couples to share, with flexible and individual care and support arrangements for both partners.













Communal Areas

Shared facilities include:

- A communal lounge for social functions and a multi-purpose activity room
- A restaurant and coffee shop
- Hairdressing and therapy suite
- An amazing rooftop garden with breath-taking views
- Bathrooms to enjoy a relaxing bath, with assistance as required.

The Care & Support Service

Our manager is a fully qualified professional who leads a dedicated care team including nurses and care and support staff. All our staff are fully trained in MHA's high-quality care and provide individual support to residents round-the-clock. They play a vital part in the natural, homely atmosphere within Horfield Lodge.

Personal Care & Support

We aim to give each individual personcentred care within a calm environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

Dementia Care - MHA recognises each person as a unique individual. By getting to know the person and their life history, we aim to understand the meaning behind their behaviour and plan our care to reduce any frustrations and improve well-being.

Nursing Care - Our 24-hour nursing care is provided by professional qualified nurses and trained care staff. We seek to meet increased physical needs and mental frailty with our personalised service.

Health Care

You will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The chiropodist, optician, occupational therapist and dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment.

Meals and Refreshments

Our food is freshly prepared on site by trained and experienced staff. Daily menus are prepared in consultation with residents; this enables us to provide you with tasty and interesting meals which meet your dietary requirements as well as your own individual preferences.

Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and offer a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and you can choose to have your personal washing carefully cleaned and returned to you within 48 hours.

Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year.

The fire alarm is tested every week and our staff are regularly updated on fire precautions and procedures.













Social Facilities

In Horfield Lodge you have the privacy of your own space and the opportunity to join in a wide range of social activities such as painting, crafts, sing-alongs, theme days, physical exercise and games.

We like to organise social events and attract theatre groups, musicians and entertainers.

Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we make a modest charge.

Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers in the local area.

Quality Standards

We operate our own Quality Standards programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA's services have been independently assessed for quality by the English care sector's regulator, the Care Quality Commission (CQC) and have achieved one of the highest ratings.

In The Local Area

Bristol has a strong maritime heritage the old city docks now house the Industrial Museum and the SS Great Britain can be visited in her dry dock.



Old Bristol with its Georgian architecture is also full of charm. Visitors enjoy the street markets and attractions such as Bristol Old Vic Theatre, the oldest working theatre in the country.

Cabot Tower and the award-winning Bristol Zoo with over 450 species and nine animal houses under cover are nearby.

The Clifton Suspension Bridge is only two miles away and spans the picturesque Avon Gorge. It is the symbol of the city of Bristol and attracts visitors from all over the world.

Our care team will be happy to advise you on all the local places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs. Other community facilities within easy reach of Horfield Lodge include a park, post office, library and local shops.

Where Are We?

From the M4.

Take Junction 19 off the M4 onto the M32. Take Junction 2 off the M32.

At the roundabout turn right at the third exit. Keep right and continue to the top of Muller Road. Immediately facing you is the Wellington Public House. Take the road immediately to the left called Wellington Hill. Go to the end of this short road and turn left into Kellaway Avenue. Horfield Lodge is on your left.

















Interested in finding out more?

Please give us a call on **0117 916 6630**We will be delighted to talk to you.

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