Capel Grange



Community Nursing Home, Newport



"Thank you to all the staff for the very high standard of care you have given to Mum and the warm welcome you give to all the family when they visit."

Offering the highest standards in person-centred care and accommodation

Open since July 2009, Capel Grange Nursing Home:

- Offers the highest standards in accommodation and person-centred care.
- Provides exemplary direct nursing care and a secure, relaxed and homely environment where our residents and their families feel that their care, well-being and comfort is of prime importance.
- Is the first of a series of not for profit, community nursing homes that Linc-Cymru intends to develop and operate across Wales.

Offering spacious, airy and comfortable surroundings, Capel Grange has been designed to make a positive difference to the lives of all our elders. The Home has 70 single occupancy rooms, all en-suite, fully wheelchair accessible and exceeding care home space standards requirements. There are communal lounges and dining areas, all comfortably furnished and situated around the building for easy access by all residents. A varied menu of the finest quality is provided.

Set in its own grounds, with a scenic garden and lawn area for residents to relax and enjoy, the Nursing Home is situated directly adjacent to Linc-Cymru's Capel Court Extra Care scheme, home to over 40 tenants who live independently with packages of care in their own apartments.

The scheme design is in line with Linc's high standards, and includes some features aimed at assisting residents with sight loss or poor memory to enjoy full access to the building. RNIB Cymru has been involved as a key partner in the design, advising on both the layout and the interior design of the building. Elements such as colour contrast and lighting levels have been assessed to ensure that they are right for the client group.

The scheme is designed to support residents with dementia and other memory loss, they have access to a garden designed to provide additional security. The Alzheimer's Society has been closely involved in the design aspects.









"We in RNIB Cymru have been delighted by the relationship we have developed with Linc-Cymru. We have been involved in new build developments, staff training, and our latest venture is the 'Visibly Better Scheme'. Linc-Cymru clearly put their tenants at the heart of their service."

We want our Nursing Home to become an inclusive, welcoming and interactive part of the local community. We have built strong links with the local area to ensure that our residents lead full and active lives. We have already ensured that positive links exist between the Extra Care scheme and the Nursing Home in that residents of both dwellings often get together to enjoy each other's company whilst taking part in a range of activities such as arts and crafts, reminiscence work, music workshops, cinema mornings, bingo, and concerts.

The Eden Alternative Programme

Linc Care services have great staff that are caring and dedicated and always willing to go the extra mile. Our staff have embarked on a challenging but exciting journey with us to make all our services enjoyable and vibrant places to live. To help us do this we have engaged with a non-for profit-organisation called Eden Alternative.

The core concepts of The Eden Alternative are strikingly simple:

- We must teach ourselves to see places where people live as habitats for human beings rather than facilities for the frail and elderly.
- Our Elders (as we like to call the people who live in our services) need and deserve an opportunity for a life worth living.



The Eden Alternative challenges the plagues of loneliness, helplessness and boredom by creating a human habitat where life revolves around close and continuing contact with plants, animals and children. It puts the decision-making authority into the hands of the Elders or into the hands of the closest to them. The Eden Alternative inspires a strong community that encourages companionship, wellbeing, dignity and choice.

Registration

We have in place a very flexible registration which allows us to respond easier to local care needs. Our registration covers the following persons:

- Older persons aged sixty-five or over requiring general nursing care
- Older persons with a diagnosis of dementia/mental infirmity
- We can also accommodate adults between fifty and sixty-five who have a diagnosis of dementia and who require nursing care.

For further information about Capel Grange or the services we offer, please contact Cath Divers Nursing Home Manager:

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