



Saxon  
Weald




# Cranbrook Extra Care

*Spacious, well-appointed rental apartments for over 60s,  
situated in the seaside town of Langney, Eastbourne*



*We care about your independence*

## Leisure & Recreation

-  Bowling
-  Cinema
-  Bingo


## Amenities & Shopping

-  Post Office
-  Supermarket
-  Shop
-  Pharmacy
-  Medical Centre

## Community

-  Church


## Transport

-  Bus Stop

## Food & Drink

-  Takeaway
-  Restaurant

## Green Areas

-  Parks, Walks & Countryside

# Langney, Eastbourne

Cranbrook, Pembury Road,  
Langney, BN23 7FD

Cranbrook Extra Care scheme is situated in the Langney area to the north east of the large resort town of Eastbourne.

Eastbourne is situated on the south coast of England with a mainline rail service to London. It is surrounded by beautiful countryside, with the South Downs on its western edge.

Langney is a pleasant residential area with a good bus service and local amenities including a GP surgery and shopping centre.



*We care that your surroundings are important to you*

# A look inside your Cranbrook apartment



*“My apartment is so beautiful and spacious. It feels like living in luxury!”*

Our one and two bedroom apartments are generously-sized and have been designed to make the most of natural daylight, helping to create a bright, spacious feel.

The modern, fitted kitchens come complete with an eye-level built-in oven, as well as fitted hob and extractor fan.

Bathrooms are en suite, but can also be entered via your hallway. To aid mobility, they feature level-access showers, together with grab rails and slip-resistant vinyl flooring.

Ground floor apartments have doors leading onto private patio areas, while those on upper floors have Juliette balconies.

A range of thoughtful touches aim to make daily living a little easier. These include a basket fitted to the inside of your front door to catch your

post, raised-height electrical sockets to reduce bending and taps fitted with easy-grip levers.

All flats benefit from double-glazed windows and underfloor heating, together with TV aerial and phone points.

For your peace of mind, flats are fitted with a pull-cord emergency alarm system. They also have a door-entry system, to enable you to let guests in from the main scheme entrance.



*Well appointed apartments, designed and finished with care*

# Care and support at Cranbrook

*“It’s so reassuring to know that there is someone there for mum whenever she may need them.”*



Cranbrook offers its residents care and support with everyday living, provided by a team of professional carers on site 24 hours a day, seven days a week.

Bridging the gap between conventional retirement housing and a residential or nursing home, Cranbrook offers the best of both worlds. You have the independence of your own apartment and the peace of mind that comes with a caring team on hand, who will both provide regular support and respond to emergencies.

Cranbrook could be an ideal solution for couples who require different levels of care, enabling you to continue living together while receiving the support you need. You must be aged over 60 to qualify.

If you are interested in living at Cranbrook, a member of our team will meet you to ensure that you are eligible for an apartment and that your needs can be met by the scheme.

To use the on-site care team, you will have your needs assessed by East Sussex County Council. This will determine how much care you will receive and what you will have to pay. You can purchase care privately if you prefer.

For more details and advice on the support available at Cranbrook, please call us on 01403 226021.

*Peace of mind for you and your family*

# Communal areas at Cranbrook

We pay special care and attention to the design of our schemes and their grounds, ensuring that shared areas are stylish, comfortable and practical.

Cranbrook's spacious lounge is elegantly furnished, offering an ideal place to meet friends and relax. A small kitchen area means you can enjoy a morning coffee or afternoon tea at your convenience. Of course, if the weather is nice, you can also find yourself a quiet spot in the beautifully landscaped gardens or do a little gardening in one of the raised "allotment" beds.

An attractive guest suite is available at a small charge for friends and family who wish to stay overnight. An en suite shower room and drink making facilities help to make sure your guests are comfortable.

Please note: shared areas of the scheme may be used by community groups, adding to the range of activities available to residents.



## Facilities include:

- Generously-sized lounge
- Activity room
- Stylish, self-service restaurant
- Off-street parking
- Secure landscaped gardens
- Guest suite
- Assisted bathing facilities
- Mobility scooter charging rooms
- Hairdressing and beauty treatment room



*Stylish, comfortable facilities for your convenience*

# Dining at Cranbrook

## Sample Lunch Menu:

### Main Courses

a choice of dishes such as:

Steak & Mushroom Pie  
Homemade Lasagne  
or Salmon Fishcakes

Served with a selection of  
fresh, seasonal vegetables

### Dessert:

Sticky Toffee Pudding with  
Custard or Fresh Fruit

A nutritious, well-balanced diet is essential in maintaining health and well-being. Our attractive restaurant serves a substantial two-course midday meal every day of the year at a modest cost. Meals are freshly prepared in our kitchens and we are happy to cater for any specific health or cultural requirements.

This is a favourite time of day for many residents as they enjoy getting together with their friends and neighbours over a meal. The warm, friendly atmosphere means the restaurant is often considered the hub of the scheme. Visitors are welcome to use the restaurant too.

In the event of unexpected illness, meals can be taken to your apartment.

*“There’s a good choice of tasty food and it’s my favourite time of day as I take the chance to catch up with friends.”*



*Fresh, healthy meals, served in a warm social environment*

# Ground Floor Plan

## Ground Floor Apartments

1 - 10 Apartments

## Communal Areas

- 1 Dining area
- 2 Entrance lobby
- 3 Mobility scooter charging room I
- 4 Lounge
- 5 Activity room I
- 6 Computer station with web access
- 7 Hairdresser & treatment room
- 8 Activity room 2
- 9 Laundry

## Service Areas

## Carers' Suite & Facilities

## Toilets & Lifts

- 1 & 2 Lift
- 3 & 4 Disabled WC



*Designed and constructed with space, practicality and mobility in mind*



## Extra Care

If you have an enquiry about  
Extra Care please call

01403 226000



## Interested in renting?

Please contact Eastbourne Borough  
Council's housing department on

01323 415397 or 01323 415328

These details have been prepared in good faith and are believed to be correct at the time of printing (August 2011). Photographs shown are examples only. Plans, elevations, layouts and specifications are given as an indication only and may be subject to change. The information and details provided are prepared for the interest and guidance of potential residents but do not form part of any contract or constitute an offer.