

New to Carlisle...  
Heysham Gardens and  
Heysham Meadows



Homes for independent living  
with care for life

Just off Newtown Road, Carlisle

[www.edenha.org.uk/heyshamgardens](http://www.edenha.org.uk/heyshamgardens) | e: [enquiries@edenha.org.uk](mailto:enquiries@edenha.org.uk)





# Welcome to Heysham Gardens & Heysham Meadows

## Homes for independent living with care for life

This unique Carlisle 'Extra Care community' is the first of its kind in Cumbria, enabling residents to live independently in their own homes. It provides a mix of 60 apartments, houses and bungalows for outright sale, part ownership and for rent.

### The development

Set in beautifully landscaped gardens this 'Extra Care community' has been created to meet the needs of people aged 55 and over.

Designed as "Lifetime Homes", the properties can be easily adapted to reflect current and changing needs of the occupier, complemented with tailor-made care packages that can be flexible to maintain independent living in your own home.

### Heysham Gardens

The heart of the development. Secure entry scheme of 40 two bedroom apartments on two levels linked by a central core. The ground floor apartments have a patio seating area and first floor homes have large feature windows. They all have easy access to communal areas indoors and the communal gardens.

### Heysham Meadows

A cluster of 16 bungalows designed as 'Lifetime Homes' and four houses with disability suites. These properties are adjacent to Heysham Gardens and have access to the communal facilities and care packages.

Residents of Heysham Gardens and Heysham Meadows also benefit from on-site facilities:

- Treatment/therapy/hair salon
- Indoor communal areas
- Café/catering
- Latest safety and security
- Emergency response:  
24 hours, 7 days/week (Careline)







## Design is in the detail

Designed with high standard of light and space, these homes have been created to be flexible - as 'Lifetime Homes' that can be adapted as your needs change. They have the flexibility to be remodelled, creating either larger living area or a large bedroom. All homes have disabled access and have been installed with Careline for peace of mind. They offer fitted kitchens, telephone and computer points - with provision for digital TV, satellite and broadband.

## Apartments

The two bedroom apartments are located in the central core of the development which benefits from secure entry. The core also has specially adapted bathroom facilities and a guest bedroom. Apartments are linked to the communal lounge and treatment room.

## Bungalows

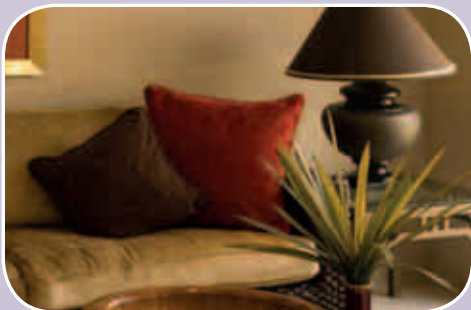
A range of two and three bedroom properties with private gardens. All have off road parking and some benefit from car ports.

## Houses

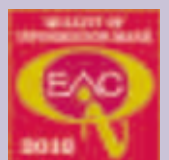
The houses are traditional three bedroom semi-detached properties. They have the added benefit of a ground floor bedroom incorporating a walk in shower en-suite. These homes benefit from off road parking.

## Management and Support Services

The scheme has an on-site Care Team and a Support Team co-ordinating regular activities. Careline is also installed in all homes, offering peace of mind and security in your own home. Emergency response 24/7.



If you would like this document in larger print, audio format or translation, please contact Eden Housing Association on 0800 183 3948 (free from a landline) or 01768 861470.





## Eden Housing Association

Eden Housing Association is proud to be the developer for this project. Formed in 1997 the Association provides over 1600 affordable homes for rent and shared ownership.

We do more than provide affordable homes - we have a role to play in building safe, happy and neighbourly communities and are committed to resident involvement.

To find out more visit [www.edenha.org.uk](http://www.edenha.org.uk)

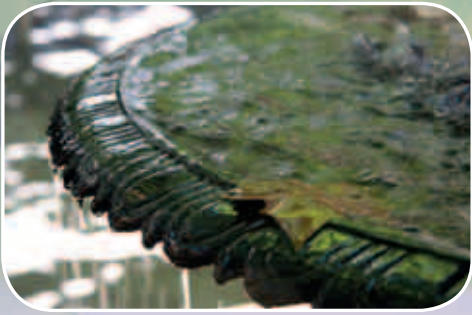
## Support and Care

Eden Housing Association will manage the scheme and provide support services. The on-site care provider will be commissioned by Cumbria County Council. Residents may choose an alternative care arrangement where appropriate.

Live an independent life in the comfort of your own home with the security and reassurance you need.







## The environment

The scheme makes use of environmental and ecologically friendly materials like the Sedum roof on Heysham Gardens - a living, low maintenance roof that changes with the seasons.

The development is highly insulated with extremely efficient heating systems, solar panels and a ground source heat pump. Natural, responsibly sourced timbers and other materials have also been used throughout. This scheme will be awarded Code for Sustainable Homes – Level 3 from the Building Research Establishment.

## The gardens

The gardens have been designed to help support and encourage local wildlife and native plants. They incorporate water and sensory features allowing residents to see, touch, smell and listen, while enjoying the gardens.



## A sense of community

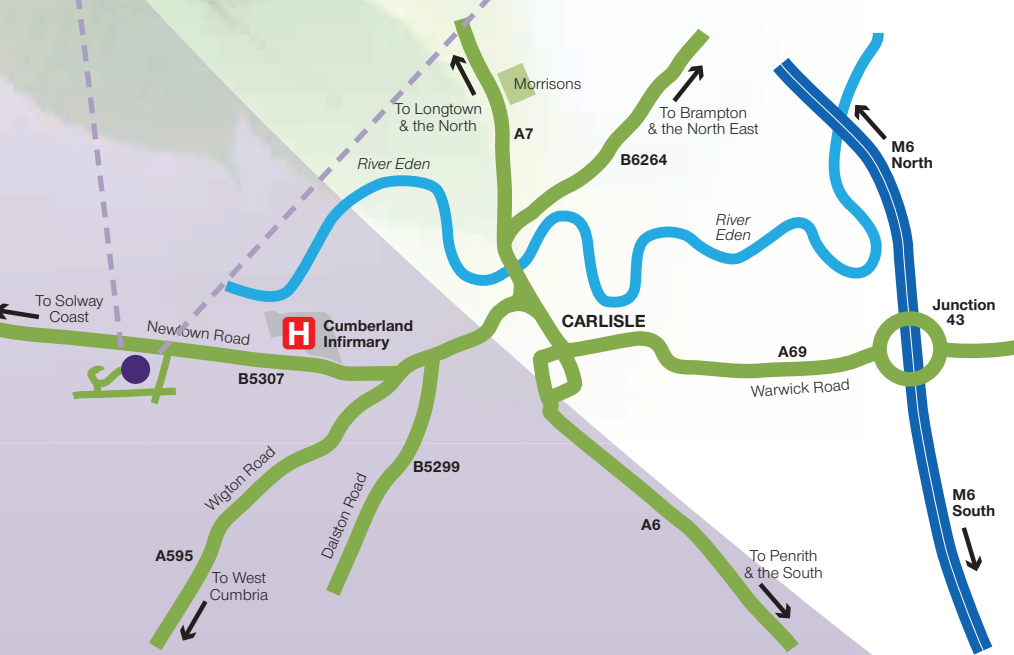
You're getting more than a home - you'll be part of a community that has indoor communal areas for socialising and a range of support services. Enjoy meeting other residents, safe in the knowledge that your privacy is respected at all times. Designed with pedestrians in mind, traffic is kept to a minimum and there is good access to footpaths and bus routes.

## Working in partnership

As a resident you have the opportunity to participate in the decision-making that affects your home and community. Resident involvement is actively encouraged and you can help build and maintain a safe, happy and neighbourly community.







“I want independence in my **own home** with the added reassurance of care when I need it”

## The location

Heysham Gardens and Heysham Meadow, Carlisle CA2 7RN

The Belle View area of Carlisle is undergoing a transformation, with regeneration contributing to the development of the area. This development is situated off Newtown Road at Low Meadow in the North West of Carlisle.

The properties are close to the hospital, Post Office and local convenience shops. They have excellent access to local bus routes and are only minutes from Carlisle city centre.

To see up to date news and pictures of the development please visit [www.edenha.org.uk/heyshamgardens](http://www.edenha.org.uk/heyshamgardens)

## Homes for independent living with care for life

Eden Housing Association is developer for this Extra Care community – we work in partnership with the following organisations:

Cumbria  
Primary Care Trust



Cumbria  
County Council



For sales please contact:

**Allan**  
Estate Agents

26-32 Lonsdale Street  
Carlisle CA1 1DH  
T: 01228 511 711  
E: [info@allanestateagents.co.uk](mailto:info@allanestateagents.co.uk)  
W: [www.allanestateagents.co.uk](http://www.allanestateagents.co.uk)

For rental please contact:



Eden Housing Association,  
Blain House, Bridge Lane,  
Penrith, Cumbria CA11 8QU  
T: 0800 183 3948 (free from  
a landline) or 01768 861470