

Dementia Nursing & Dementia Care







Person-centred care and support





We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Berwick Grange offering:

- dementia nursing and dementia care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

MHA - Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life.

MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation.

We see every resident as a unique individual and provide care that is based on respect and loving support.



Berwick Grange

Berwick Grange is situated within landscaped grounds on Wetherby Road, in Harrogate. The location ensures both quiet surroundings and a relaxed pace of life for our residents.

Here we provide dedicated residential and nursing care for older people living with dementia in a purpose-built setting. The home is designed for ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.

Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Berwick Grange a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

The Care Team

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Berwick Grange.

Your Care

We aim to give each individual, personcentred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

Dementia Nursing Care - Our 24-hour nursing care is provided by professional qualified nurses and trained care staff. We seek to meet increased physical needs and mental frailty with our on-going personalised nursing care.

Dementia Care - MHA recognises each person as a unique individual. By getting to know the person and their life history, we aim to understand the meaning behind behaviour and plan our care to reduce any frustrations and improve well-being. Most importantly we ensure each resident is treated with the respect and dignity that we all deserve.

Health Care

You will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The optician, chiropodist, occupational therapist and dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment.

Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Social Facilities

Berwick Grange has a number of communal areas available to residents including spacious lounges, dining rooms, quiet rooms, a library and a music room. You'll find all these areas very sociable and popular meeting places for residents.

Daily activities at the home include painting, crafts, sing-alongs, physical fun, games, bingo and themed coffee mornings. Outside entertainers visit us regularly and we also like to organise regular social outings such as bus trips.

Community Facilities

Harrogate is a spa-town situated southeast of the Yorkshire Dales. The town is famous for its tea shops, antique shops, gardens, flower shows and turkish baths. RHS Harlow Carr, the most northerly of the RHS gardens is located here as well as The Stray, some 200 acres of vast open parkland, which surrounds the town centre. Other community facilities within easy reach of Berwick Grange include the library, post office, shops and leisure centre.

Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.









Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

Where Are We?

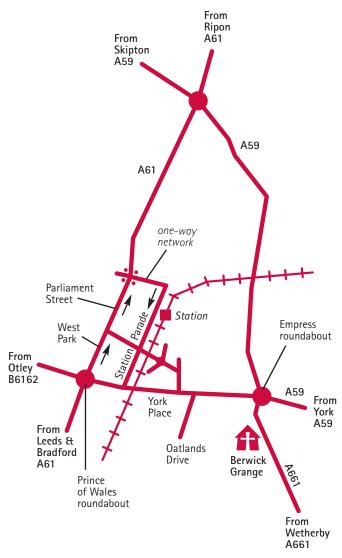
From Leeds. Approach on the A61. Carry on to the The Prince of Wales roundabout and follow map.

From York. Leave York on the A59 passing through Knaresborough and joining the A6055 to Harrogate. Carry on to the Empress roundabout and follow map.

From Ripon. Approach Harrogate on Skipton Road. Carry on along this road until you reach the Empress roundabout. Follow map.

From Wetherby. Follow the signs into Harrogate, passing the Yorkshire Show Ground on your left. Go through the traffic lights at Woodlands Corner. Berwick Grange is on the left behind the Medical Centre.

Harrogate



Map not to scale - shown as a guide only









Interested in finding out more?

Please give us a call on **01423 880194.**We will be delighted to talk to you.
Berwick Grange

14 Wetherby Road Harrogate HG2 7SA

Fax: 01423 884519

Email: home.har@mha.org.uk



Head Office

Epworth House Stuart Street Derby DE1 2EQ

Phone: 01332 296200 Fax: 01332 296925

Email: enquiries@mha.org.uk Website: www.mha.org.uk

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