

Residential and Dementia Care







Person-centred care and support



We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Aughton Park offering:

- residential and dementia care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

MHA - Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life.

MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation.

We see every resident as a unique individual and provide care that is based on respect and loving support.



Aughton Park

Aughton Park is situated within its own attractive grounds on Aughton Park Drive, near Ormskirk. The location ensures quiet surroundings and a relaxed pace of life.

Here we provide residential and dementia care in a purpose-built setting, designed for your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.

Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Aughton Park a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

Your Care

We aim to give each individual personcentred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

Residential Care - Our 24-hour person- centred care is provided by suitably trained and qualified care staff. We seek to meet increased physical needs and frailty with our on-going personalised care.

Dementia Care - MHA recognises each person as a unique individual. By getting to know the person and their life history, we aim to understand the meaning behind behaviour and plan our care to reduce any frustrations and improve well-being.

Most importantly we ensure each resident is treated with the respect and dignity that we all deserve.

The Care Team

Our Home Manager is a fully qualified professional who leads a team including three assistant home managers, plus a senior care assistant, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Aughton Park.

Health Care

As a resident of Aughton Park, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. A chiropodist, and an optician visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully laundered and returned to you within 48 hours.

Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid immediately – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Social Facilities

Aughton Park has a number of residents' communal areas including a spacious TV lounge, seating areas, tea bar, dining room and a conservatory. You'll find all these areas sociable and popular meeting places for our residents.

Whilst we always respect your privacy, Aughton Park has its own Activities Co-ordinator who organises a complete range of activities for you to take part in if you wish. These include painting, crafts, sing-alongs, physical fun, games, bingo and coffee mornings. Outside entertainers including theatre groups and musicians visit us regularly and we also like to organise social outings such as bus trips.

Community Facilities

There is no reason why you can't maintain links with the local community or develop new friendships and relationships. We have links with various local organisations who offer opportunities for us to join with other groups, day centres and provide transport to local events. Also, our care team will be happy to advise you on local places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs.









Quality Standards

We operate our own Quality Standards
Programme that is constantly audited and
monitored to ensure the highest standards
in all areas. MHA has been highly praised
for excellent service by the Care Quality
Commission, the Centre for Policy on
Ageing and the Government's Audit
Commission. If you would like further
validation of our standards and quality of
services, please do not hesitate to ask.

Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

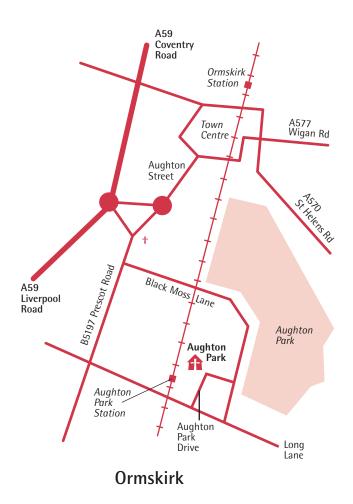
Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

Where Are We?

Ormskirk is easily accessible via the motorway network. From the M6, J27 (north) take the A5209 and then the A59 into Ormskirk. From the M58, J3 (south) take the A570 into Ormskirk.

On entering Ormskirk, please follow the map below to Aughton.



Map not to scale – shown as a guide only









Interested in finding out more?

Please give us a call on **01695 576996.**We will be delighted to talk to you.

Aughton Park Care Home Aughton Park Drive Ormskirk L39 5QE

Fax: 01695 570170

Email: home.aug@mha.org.uk



Head Office

Epworth House Stuart Street Derby DE1 2EQ

Phone: 01332 296200 Fax: 01332 296925

Email: enquiries@mha.org.uk Website: www.mha.org.uk

Registered as a Charity - No. 1083995 Company Limited by Guarantee - No. 4043124 Methodist Homes for the Aged is part of MHA