

Residential and Dementia Care







Person-centred care and support



We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Lawnfield House offering:

- residential and dementia care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

## MHA - Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life.

MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation.

We see every resident as a unique individual and provide care that is based on respect and loving support.



### **Lawnfield House**

Lawnfield House is situated within its own beautifully kept grounds on Coverdale Road in Willesden. The location is a leafy suburban setting, which ensures both quiet surroundings and a relaxed pace of life. Here we provide residential and dementia care in a modern, purpose-built environment, designed for your ease of access and comfort.

### Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Lawnfield House a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own. All rooms have modern en suite facilities and TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

#### Your Care

We aim to give each individual personcentred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

#### The Care Team

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Lawnfield House.

#### Health Care

As a resident of Lawnfield House, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The chiropodist, optician, occupational therapist and dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

# **Cleaning and Laundry**

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

#### Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

# Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

#### Social Facilities

Lawnfield House offers a large number of communal areas including four spacious lounge-dining rooms and a conservatory. You'll find these areas sociable and popular meeting places for residents.

Our care staff team organise a complete range of activities for you to take part in if you wish. These include painting, crafts, sing-alongs, physical fun, games, bingo and coffee mornings. Outside entertainers include musicians who visit us regularly and we also like to organise social outings such as bus trips.

### **Community Facilities**

London boasts many world-famous attractions including Buckingham Palace, the Houses of Parliament and Madame Tussauds. Nearby Brent Cross has its own shopping centre, as well as numerous restaurants and leisure facilities. Our care team will be happy to advise you on all the local places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs.

Other local facilities within easy reach of Lawnfield House include the library, park, post office and local shops.

## **Quality Standards**

We operate our own Quality Standards
Programme that is constantly audited and
monitored to ensure the highest standards
in all areas. MHA has been highly praised
for excellent service by the Care Quality
Commission, the Centre for Policy on
Ageing and the Government's Audit
Commission. If you would like further
validation of our standards and quality of
services, please do not hesitate to ask.









# Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

#### **Visitors**

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

#### Where Are We?

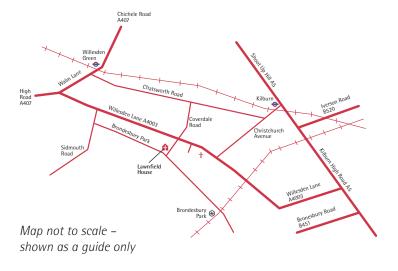
Travelling by Road. From M1, J1, take the exit towards A40, M4, Wembley. At the roundabout take the third exit onto the North Circular Road. At the roundabout, take first exit onto the A5, Edgware Road. Continue to follow A5. Turn right at A407, Chicele Road – continue to follow A407. Turn left onto Walm Lane and turn left at A4003/ Willesden Lane. Turn right at Coverdale Road and Lawnfield is at the end of the road on your right-hand side.

# On the London Underground/Rail.

The nearest tube station is Kilburn on the Jubilee line. From the station turn right onto Christchurch Avenue. Walk to the end of this road and then turn right onto Willesden Lane. Cross over the road (church is opposite) and walk down Willesden Lane. Coverdale Road is second turning on the left after the church. Walk to the end of Coverdale Road and Lawnfield House is on the right – about ten minutes' walk.

Brondesbury Park Rail Station, which is on the Silverlink Rail Services, is five minutes walk from the home. Leave the Station and turn left on Brondesbury Park Road. Continue along here until you reach the mini-roundabout, turn right into Coverdale Road. Lawnfield is the first building on the left.

By Bus. From Kilburn Park Underground and from St Raphael Estate, NW10, take bus number 206. Request the stop at 'Manor Park Drive' which is one minutes' walk away. From Holborn Station and from Willesden Bus Garage take bus number 98. Request the stop at 'Deerhurst Road' which is five minutes' walk away.











# Interested in finding out more?

Please give us a call on **020 8830 4290**. We will be delighted to talk to you.

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