

St Matthews

Redbourn . Hertfordshire

St Matthews is situated close to the common in the small rural village of Redbourn. It is just a short drive from the town of Harpenden, the historic old town of Hemel Hempstead, and only a short journey from the historic city of St Albans. Formerly part of the site where the Brook Bond tea factory was situated, St Matthews is a purpose built care home that has been tastefully furnished and equipped as one of B&M Care's superior care homes.

Accommodation is provided in single en suite rooms, the majority of which also have shower facilities. All bedrooms may be personalised with the resident's own possessions to help create more familiar surroundings.

Meals may be taken in our splendid dining room or in one of the smaller lounge/diners. Our resident chef prepares a varied menu of appetising home cooked meals, taking into account nutritional balance and any specific dietary requirements or individual preferences.

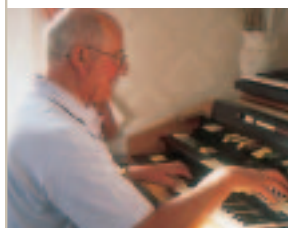
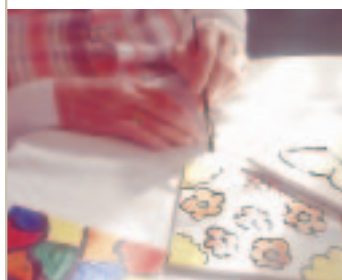
Morning coffee, afternoon tea and snacks are available throughout the day.

At St Matthews life is for living and a full and active lifestyle is encouraged. Our

Activities Organiser arranges a varied social calendar of activities and entertainment, including trips to places of interest.



arts & crafts



leisure activities

quality care



*St Matthews Care Home . Chequer Lane . Redbourn . Hertfordshire . AL3 7QG
T: 01582 792042 . F: 01582 792045 . E: info@bmcare.co.uk*

www.bmcare.co.uk

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About Care at St Matthews

St Matthews has a select team of experienced staff who are trained to meet the needs of residents experiencing the varied conditions that often accompany old age. As no two people are the same, the emphasis is on individually planned care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always at hand.

St Matthews specialises in:

- Long term residential care for the elderly
- Long term care for residents experiencing various dementia related conditions
- Short stay and holiday breaks (subject to availability)

St Matthews at a glance

- Resident call bell system for assistance at any time
- Single en suite bedrooms, many with shower facilities
- Specially assisted bathrooms with automated baths
- TV points in all bedrooms
- Telephone points by arrangement
- Residents and guests refreshment making facilities
- Lift for passengers/wheelchairs
- In-house laundry
- Hairdressing salon
- A variety of beautifully landscaped gardens, courtyards and patios
- Local GP's, district nurses, dentists, opticians and chiropodist visits by arrangement
- Ample visitor parking

How to find us

St Matthews is situated outside Redbourn village, just off the B487 to the east and near junction 9 of the M1 to the west.

To arrange a viewing or for further information

Contact the Manager at St Matthews
Chequer Lane . Redbourn . Hertfordshire . AL3 7QG
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The dining room at St Matthews



A typical bedroom at St Matthews

