

# **Astor Court**

Astor Court Lamb Street Cramlington Northumberland NE23 6XF

Telephone Fax Manager 01670 738890 01670 738892 Ray Robson



# **Category of Registration**

43 beds in total. 18 elderly persons residential. 25 persons with mental disorder (other than mental handicap or learning disabilities) elderly residential. Respite beds are available for elderly persons.

# **The Perfect Setting**

Astor Court was built in 1999, situated in East Cramlington surrounded by pleasant countryside. The home is set in attractive gardens including seating areas providing a welcome retreat in the summer months. Astor Court is ideally placed on a regular bus route and close to shops and amenities. Within the grounds of Astor Court is Astor View Lodge, a 29 bed separate residential unit, built in 2002 creating the perfect care complex in Cramlington.

## **Philosophy of Care**

Our aim at Astor is to provide residents with a homely lifestyle that is flexible for each individual and sensitive to residents changing needs. We encourage residents to be as independent as possible and assist them to maintain their present lifestyle. The highest standard of care is provided to enable our residents to lead a full and contented life.

## **Physical Layout**

We pride ourselves on the style and comfort of our homes and in the levels of housekeeping and building maintenance. We look on them as if they were 5 star hotels to reflect the level of personal care we offer.

Astor Court is a two storey building set in attractive gardens home to 43 residents including 25 with mental health problems. Designed to create a feeling of a home within a home, downstairs has 18 single ensuite bedrooms for elderly persons with a mentail disorder. Astor Court offers not only four beautifully appointed lounges, two on the ground floor and two on the first floor, a shop, a delightful dining room and a large reception area. A separate smoking area is available upstairs and downstairs for residents who wish to smoke.

All residents, their families and friends can enjoy a pleasant visit to Astor Court's mediterranian style coffee shop, open throughout the day and offering light snacks, ice cream, coffee and tea at reasonable prices.

All proceeds go towards Astor Courts residents' fund for outings.

All bedrooms are well appointed, fully furnished and have en-suite facilities. Each has a TV and telephone point plus a Nurse call alert system.

#### **Catering Services**

Our chefs provide first class meals, which are varied. Good home cooking and fresh ingredients ensure that special diets can be catered for. Meals

are served in our elegant dining rooms or, if residents prefer, in the privacy of their own rooms.



# **Tea Room Facilities**

All residents and their families are welcome to enjoy a pleasant chit-chat in the delightful Mediterranean-style tearoom, which is open throughout the day for everyone to enjoy. Light snacks, ice cream, coffee and tea are available at reasonable prices. All proceeds made from this facility go towards the residents fund for outings etc.

## Services

At Astor local GPs visit on request or, if residents wish, they can choose their own GP and there is a visiting chiropodist. Community nursing services, physiotherapy, occupational therapy, speech therapy and a psychologist or a psychiatrist can all be accessed through the GP service. Visiting professionals to the home will provide dental and optical care, or private arrangements may be made if it is the wish of any resident. Laundry is attended to on the premises or service users may wish to make their own arrangements. There is a luxurious hairdressing salon on site where residents can enjoy weekly visits by the hairdresser. There is a charge for this service.

#### Activities

There is an activities organiser as part of the home's staffing arrangements where social outings and in-house activities are organised. In addition, visiting entertainment is arranged, aromatherapy and hand massages are available. Activities such as crafts, reminiscence therapy, Karaoke, coffee mornings and a gardening club are commonplace within the home. In fact most activities requested by residents can be organised by our activities organiser.



# Spiritual Observance

Monthly visits by all spiritual denominations clergy are arranged. Residents can also attend a church of their choice if they so wish.



# The Staff

Our staff are all trained and have been selected for their friendly caring manner and are led by senior staff to provide care and support on a 24-hour basis. Our staff are happy to discuss any requirements from both residents and family and offer advice. Residents are encouraged to continue their normal lifestyle with help and support of experienced and caring staff. Our in house accreditted training skills allows continual staff development.



# Complaints

We adopt an open door policy and welcome visitors at any time. We have a complaints policy and procedure and encourage residents and relatives to comment on the care they are receiving.

# Fees

- 1. Private residents: £425 per week (residential).
- 2. Sponsored by the Local Authority.

## **Further Enquiries**

Our home manager looks forward to your enquiry and subsequent visit to view Astor Court. Telephone Ray Robson on 01670 738 890.

# How To Find Us



# **Other Information**

 Registration Authority

 Commission for Social Care Inspection

 Cramlington Office

 Northumbria House

 Manor Walks

 Cramlington

 Northumberland

 NE23 6UR

 Tel
 01670 707 900

 Local Authority District Office

Social Services Department Cramlington Office Civic Precinct Forum Way Cramlington Northumberland NE23 6SH. Tel 01670 712 928

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