

Gledhow, Leeds

Nursing Care



Person-centred care and support

We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Having worked with older people for nearly 70 years, we have used our experience to develop a special service at Gledhow offering:

- nursing care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care

MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support

Gledhow Christian Care Home

An attractive, modern development, purpose-built in 2000, Gledhow spans three storeys and has space for up to 50 residents. Situated within a residential area, the home is conveniently located close to local amenities and public transport links. The home is surrounded by gardens that residents can enjoy, and also has a car park, which visitors will find useful. Here we provide nursing care in an environment designed for your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.



Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Gledhow a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities for your comfort and convenience.

The Care and Support Service

Our Manager is a fully qualified professional who leads a dedicated care team including nurses and care and support staff. All our staff members are fully trained in MHA's high-quality care and provide individual support to residents round-the-clock. They play a vital part in creating the natural, homely atmosphere within Gledhow.

Personal Care and Support

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.



Nursing Care – Our 24-hour nursing care is provided by professional qualified nurses and trained care staff. We seek to meet increased physical needs and mental frailty with our on-going personalised nursing care.

Most importantly, we ensure each resident is treated with the respect and dignity that we all deserve.

Health Care

As a resident of Gledhow, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The chiropodist, optician, occupational therapist and dentist all visit residents regularly.

All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

Cleaning and Laundry

Our Domestic Assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.



Meals and Refreshments

Our food is freshly prepared on site by trained and experienced staff. Daily menus are prepared in consultation with residents; this enables us to provide you with tasty and interesting meals which meet your dietary requirements as well as your own individual preferences.



Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in each room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year.

Our external doors are all controlled by an alarm, making the home secure, and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Social Facilities

Gledhow has a number of residents' communal areas, with lounges and dining rooms throughout the home. Residents are also able to enjoy the gardens that surround the home. You'll find these areas very sociable and popular meeting places for residents.

While we always respect your privacy, we have our own Social Care Co-ordinator who organises a complete schedule of activities for you to take part in if you wish. These include painting, crafts, sing-alongs, books on tape, physical fun, games and bingo. Theatre groups, musicians and entertainers visit regularly and we also like to organise social events such as coffee mornings and outings.



Community Facilities

Set in an attractive part of north Leeds, Gledhow's surrounding area is largely residential but close to Gledhow Valley Woods and Roundhay Park. It is only five miles from the thriving city centre, with its open green spaces, parks, museums, art galleries and other amenities – including over 50 libraries. A historic city, Leeds has many listed buildings and a distinctive character to the medieval layout of its centre.

Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA's services have been independently assessed for quality by the English care sector's regulator, the Care Quality Commission (CQC), and have achieved one of the highest ratings.

Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers in the local area.

Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a modest fee.



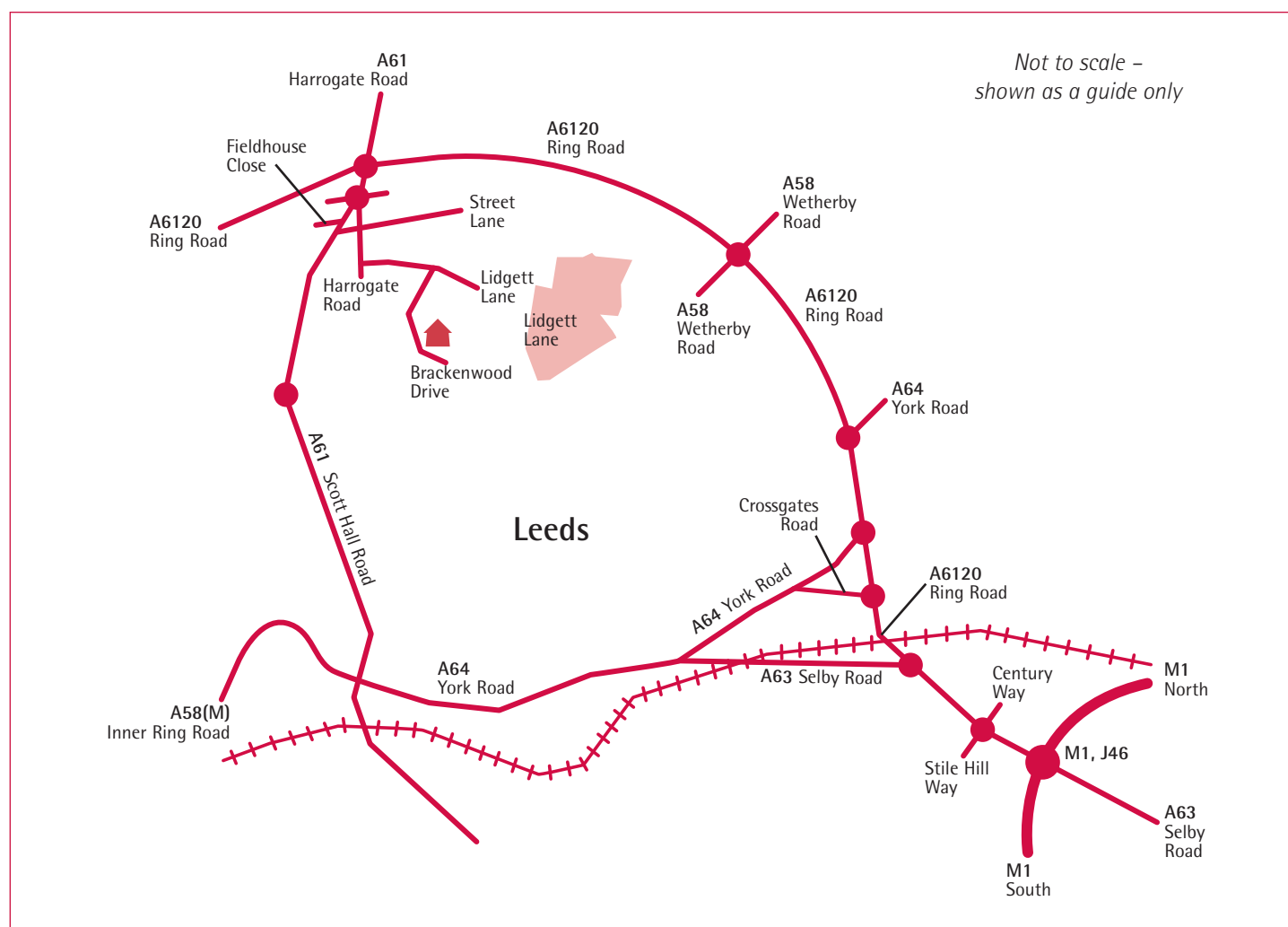
Where Are We?

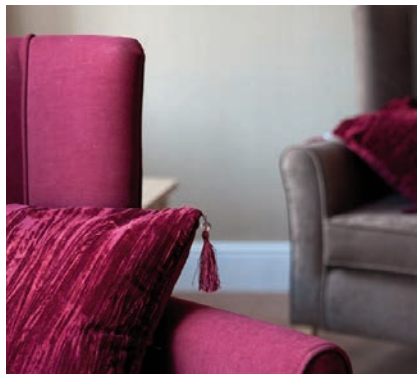
Gledhow Christian Care Home is accessible from the M1 and A61.

From the A61/M1

Exit at Junction 46 of the M1 and join the A63 Selby Road north towards Leeds. Stay on the road towards Leeds and at the roundabout with the A6120 Ring Road, join this road and stay on it until the roundabout with the BP petrol station, here take the first exit on to the A61 towards the city centre. Continue on the

A61. After you pass Fieldhouse Close on the right, turn left into Street Lane and continue until you reach the traffic light junction with Harrogate Road. Turn right into Harrogate Road, passing the Yorkshire Bank. Continue until you reach Lidgett Lane on the left. Take this road until you come to Moor Allerton Hall Primary School. Take the right turn into Brackenwood Drive. Continue along this road and you will see the sign for Gledhow Christian Care Home on the right, marking a small road to turn into, which will lead you to the home itself.





Interested in finding out more?

Please give us a call on:

0113 288 8805

We will be delighted to talk to you.

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