St Josephs Tring . Hertfordshire

Purpose built in 1993, St Josephs is found in the idyllic country town of Tring in Hertfordshire, providing care for those needs that arise from both old age and dementia.

An already established care home, St Josephs was one of the original care homes to identify the need for specialised, specific units, built to cater for the specific needs of residents with dementia. It was with this in mind that the purpose built, single storey courtyard style unit and secure walking area were created.

Residents have a choice of single or companion en suite bedrooms, all of which may be personalised with their own possessions to help create more familiar surroundings.

Residents may take meals in our splendid dining room or, if they wish, in the privacy of their own room. Residents living in the specialist unit may take their meals in the small lounge/diner. Our

resident cooks prepare a varied menu of appetising home cooked meals, taking into account nutritional balance and any specific dietary requirements or individual preferences. Morning coffee, afternoon tea and



snacks are available throughout the day.

At St Josephs life is for living and a full and active lifestyle is encouraged. Our Activities Organiser arranges a varied social calendar of activities and entertainment, including trips to places of interest.

> St Josephs Care Home . Aylesbury Road . Tring . Hertfordshire . HP23 4DL T: 01442 823159 . F: 01442 823537 . E: info@bmcare.co.uk



surroundings

leisure activities





hairdressing

comfortable

quality care

www.bmcare.co.uk

About Care at St Josephs

St Josephs has a select team of experienced staff who are trained to meet the needs of residents experiencing the varied conditions that often accompany old age. As no two people are the same, the emphasis is on individually planned care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always at hand.

St Josephs specialises in:

- Long term residential care for the elderly
- Long term care for residents experiencing a variety of conditions, including forms of dementia
- Short stay and holiday breaks (subject to availability)

St Josephs at a glance

- Resident call bell system for assistance at any time
- · Specially assisted bathrooms with automated baths
- TV points in all bedrooms
- Hairdressing salon
- Telephone point in bedrooms if requested
- Lift for passengers/wheelchairs
- Residents and guests refreshment making facilities
- In-house laundry
- Local GPs, district nurses, dentists, opticians, chiropodist visits by appointment

How to find us

St Josephs is situated in Tring, on the A4251. Coming from the North travelling south on the M1, exit at junction 6A and join the M25 southbound towards Heathrow airport. Leave the M25 at junction 20 and take the A41 west towards Aylesbury. Leave the A41 at the A4251 exit for Tring, then follow the directions as found on the map featured.

To arrange a viewing or for further information

Contact the Manager at St Josephs Aylesbury Road . Tring . Hertfordshire . HP23 4DL Tel: 01442 823159 . Fax: 01442 823537 www.bmcare.co.uk



Lots of friendly people to meet at at St Josephs





Afternoon tea served in the gardens

