

# Cranwell Court



caring for people, homes and communities

# Why Choose a Care Home

At Longhurst & Havelok Homes, we know that making the decision to give up your own home and move into a care home can be a difficult one. But it can take the stress and worry out of everyday living for you and your family. In fact, it could transform your life providing the help and support you need when you need it, the opportunity to make new friends and enjoy new experiences. At Cranwell Court we offer a warm and welcoming atmosphere, friendly, professional staff and modern, comfortable surroundings - everything you need to feel at home. A place where you will be treated with dignity and respect, live with privacy and as much independence as possible. Cranwell Court is a not-for-profit residential care home for designed for older people and older people with dementia. It is located close to Grimsby town centre, set in beautiful landscaped gardens, within easy access to local amenities.

A modern, purpose-built home Cranwell Court has 51 single and 2 double flats with en-suite shower, WC and hand basin, emergency pull cords, TV and telephone facilities. Although furniture and soft furnishings can be provided, you are welcome to bring personal belongings, decorate and furnish your flat to your taste –

helping you to feel at home. Most flats have the added benefit of kitchen facilities. We take pride in our choice of homely communal areas where you can entertain family and friends, socialise with other residents or take part in the wide range of organised activities and events. As well as a large comfortable lounge with bright sunny conservatory overlooking the landscaped gardens there are number of smaller seating areas in cozy niches around the home. You can enjoy delicious, home cooked meals in the spacious dining room which is also an ideal space for social activities and events.

The wide, spacious corridors and wider doors together with the lift are designed to make it easier for residents with wheelchairs and restricted mobility.

### Value for Money

As well as high quality, spacious accommodation, you can enjoy nutritious home cooked meals and snacks from a wide and varied menu that also caters for special diets (whether for cultural, religious or medical needs), the comfort of 24-hour care and support as well as a range of social activities and services such as laundry. Cranwell Court offers real value for money.



### **High Quality Care**

We are there when you need us - 24-hours a day, 365 days a year. Our friendly and professional staff are committed to providing the highest standard of care and support to our residents. We believe in the holistic approach to care with individually tailored, flexible care plans to meet your own personal needs, including dietary and religious as well as physical and emotional. We will work with you, your own GP and family to ensure that your care plan meets all your needs providing the right care and support for you now and in the future.

All the team have recently undergone additional training for the care of older people with dementia, enabling them to handle complex situations appropriately such as calming and reorientating a distressed resident.

All our highly motivated staff are trained above statutory requirements with NVQ qualifications and many have celebrated long service awards with us. We are committed to ongoing, continual personal development for all our staff with a high standard of training.

### **Enjoy the Lifestyle**

Social activities play a major part of the day to day living at Cranwell Court - keeping minds and bodies active. The varied programme includes bingo, quizzes, art and craft sessions, music/sing-along events, birthday celebrations and charity events to name but a few. You can also keep fit with armchair or movement exercise classes or enjoy a pampering session having your hair or nails done. If you would prefer to pursue a hobby or interest on a one-toone basis, our activities co-ordinator can provide the support to help you to enjoy your chosen activity. We also have strong links with the local community, community centres and churches enjoying trips out or in-house entertainment from local schools or choirs. Visitors are always welcome whether it is in the privacy of your own flat or in the communal areas, friends and family can join in social activities and events or even enjoy a meal with you.

## Your Freedom to Choose

### Independent Living

Cranwell Court is your home and we promise that you can treat it just like home. We believe in giving you every opportunity to make your own



choices and decisions about the services you use. We will support you to remain as independent as possible and our residents are empowered and supported to manage their own finances and medication as far as possible.

You can choose when to get up in the morning, when to go to bed whether you would like to join in with the social activities or go on the trips or even where you take your meals. You are free to come and go as you would please all we ask is that you keep us informed.

We are committed to working with residents and their families to continually improve the quality of facilities and services we offer, by listening to their views and ensure they play a major role in decisions made about their home – Cranwell Court.

### **Dementia Care**

For your peace of mind as well as additional training, we have also implemented a number of initiatives that recognize the special needs of residents suffering from dementia. These included larger more colourful signage, and increased security to ensure their safety. Safety measures include stairgates, fob systems to doors, locking of communal bathrooms (when not in use) and making the courtyard and gardens secure.

### **Respite Care**

If you need a short break, or your carer is on holiday - come and enjoy the warm and friendly atmosphere at Cranwell Court. We will work with you to provide a full care plan to ensure your individual needs are met during your stay. Whether it is just a few days or longer, enjoy all the care and support, benefits and lifestyle that living in a care home can offer.

### Day Care

You may want a break just for the day and would like to experience the high quality care and support from our team at Cranwell Court offer. Join us for the day and enjoy home cooked meals and tea and coffee throughout the day. Make new friends with residents, enjoy some pampering from our staff or join an activity.

Call us now to arrange a visit or for an application pack.

# **Cranwell Court**

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