

# White Plains

*Denham. Buckinghamshire*

White Plains is situated just outside the village of Denham in the beautiful Buckinghamshire countryside. It is only a short drive away from Uxbridge. Set in eight acres of lovely grounds including a fish pond and bird aviary, White Plains is a comforting and welcoming country home providing care to a varied range of residents, with needs related to old age or a physical disability.

Accommodation in White Plains is available in a choice of single, single en suite or companion rooms, which are all pleasantly decorated. Residents are encouraged to personalise their room with their own belongings to help create more familiar surroundings.

Meals may be taken in either the delightful dining room or in the privacy of residents' own rooms. Our skilled resident cook prepares a varied range of appetising and nutritionally balanced meals, taking into account any specific dietary requirements or individual preferences.

Morning coffee, afternoon tea and other snacks are available throughout the day.

At White Plains life is for living and a full and active lifestyle is encouraged, with friends and relatives always welcome. Our Activities Organiser arranges a varied social calendar of activities and entertainment, including minibus trips to places of interest.



*social  
activities*

*arts & crafts*

*beautiful  
grounds*

*quality  
care*

*White Plains Residential Home, Tilehouse Lane, Denham,  
Buckinghamshire, UB9 5DE T: 01895 832190 F: 01895 835966*

[www.bmcare.co.uk](http://www.bmcare.co.uk)

**B&M**  
C A R E

# About Care at White Plains

White Plains has a select team of experienced staff who are trained to meet the needs of residents experiencing the varied conditions that often accompany old age. As no two people are the same, the emphasis is on individually planned care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always at hand.

## White Plains specialises in:

- Long term residential care for the elderly
- Long term residential care for elderly people with physical disabilities
- Short stay and holiday breaks (subject to availability)

## White Plains at a glance

- Resident call bell system for assistance at any time
- Single, single en-suite or companion bedrooms
- A selection of specially assisted bathrooms with fully automated baths and shower facilities
- Rooms fitted with television points
- Rooms fitted with telephone points can be arranged
- In-house laundry
- Library
- Residents' shop
- A variety of beautifully landscaped gardens
- Refreshment making facilities for residents and guests
- Availability of minibus for outings and visits
- Visits by local GPs, district nurses, opticians and chiropodists by arrangement

## How to find us

White Plains is situated in Denham Green on the A412, close to Denham village.

Travelling from the South on the M25, exit at J16 and take the M40(A) to Uxbridge. Exit at J1 on the A40 towards Oxford/Denham. Turn right at the traffic lights onto the A412 North Orbital Road, take the second left into Tilehouse Lane. White Plains is on the left after Denham Golf Club.

From the North on the M25, exit at J17 following signs for the A412 towards Denham/Slough. Turn right into Denham Green Lane and then left at the T junction onto Tilehouse Lane. White Plains is situated on your right.

## To arrange a viewing or for further information

B&M Care invites you to visit the home at any time, but if you would like to arrange a viewing at a specific time or require further information, please contact:  
**The Management . White Plains Residential Home .**  
Tilehouse Lane . Denham . Buckinghamshire . UB9 5DE  
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Home cooked meals in the dining room at White Plains



A typical bedroom at White Plains

