

Weston House, Stafford

Nursing Care



Person-centred care and support



We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Weston House offering:

- nursing care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.

Weston House

Weston House is situated on a quiet road in Stafford. The location is a short distance from local shops, amenities and has an ample parking area and its own enclosed landscaped garden.

Here we provide specialist care in a homely, purpose-built environment, designed for your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.

Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your time at Weston House a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

The Care Team

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Weston House.



Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

Nursing Care - Our 24-hour nursing care is provided by professional qualified nurses and trained care staff. We seek to meet increased physical needs and mental frailty with our on-going personalised nursing care.

Most importantly we ensure each resident is treated with respect and dignity that we all deserve.

Health Care

As a resident of Weston House, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The chiropodist, optician, occupational therapist and dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid immediately – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Social Facilities

At Weston House we have a large number of different communal areas including spacious TV lounges, seating areas, dining rooms and kitchenettes. You'll find these areas sociable and popular meeting places for residents and their families.

We also have a hairdresser who visits regularly to use our own well-equipped salon or provide you with hairdressing services in your room.

Daily activities at the home are organised by our Volunteer Co-ordinator and include painting, reading, coffee mornings, religious services and arts and crafts. We also organise trips to social events and local places of interest, and enjoy visits from musicians and entertainers.

Community Facilities

Within Stafford there is a thriving shopping centre and numerous community facilities such as libraries, parks and leisure centres. Local heritage sites include Stafford Castle with its delightful and highly aromatic Medieval herb garden, Izaak Walton's Cottage and the Ancient High House. Weston Park is also located close to Stafford. This venue boasts a stately home, beautiful grounds and its own railway as well as playing host to numerous events throughout the year.

Our care team will be happy to advise you on any local places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs.



Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.

Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

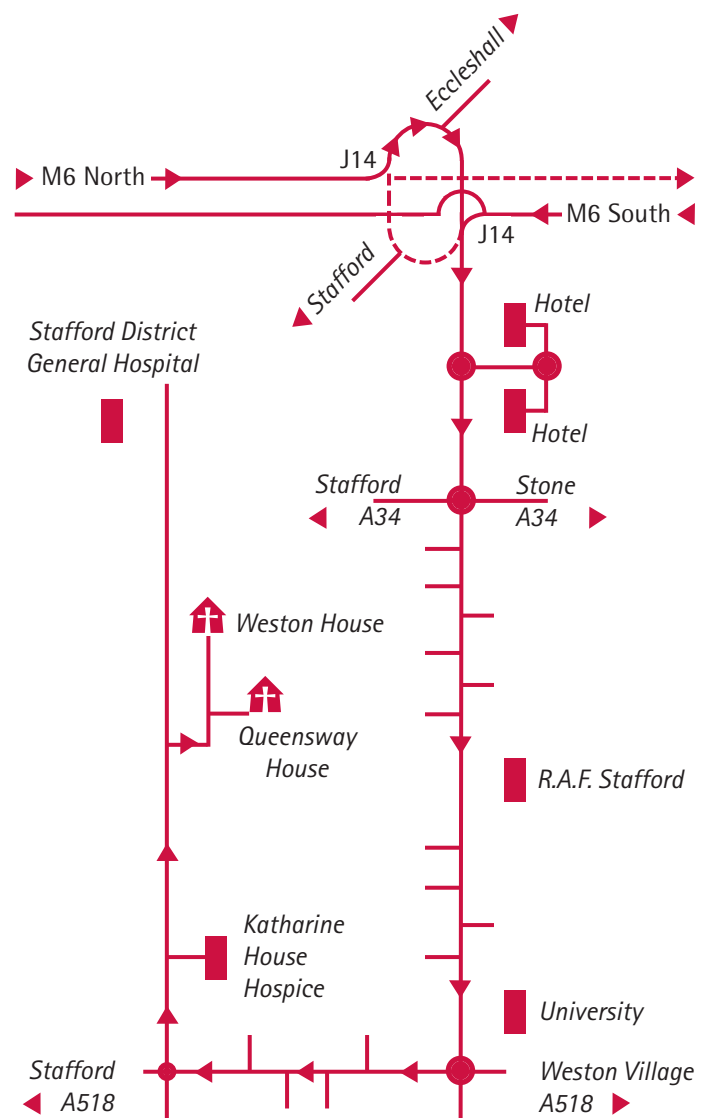
In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

Where Are We?

Exit the M6 at Junction 14 and follow the road straight until you reach the junction onto the A518. Turn right signposted Stafford and take the third right turning onto Weston Road. Take the third turning right off Weston Road to arrive at your destination.



Map not to scale – shown as a guide only



Interested in finding out more?

Please give us a call on

01785 228324.

We will be delighted to talk to you.

Weston House Nursing Home

Weston Road

Stafford

ST16 3TF

Fax: 01785 220815

Email: home.weq@mha.org.uk



housing and care for older people

Head Office

Epworth House

Stuart Street

Derby

DE1 2EQ

Phone: 01332 296200

Fax: 01332 296925

Email: enquiries@mha.org.uk

Website: www.mha.org.uk

Registered as a Charity - No. 1083995
Company Limited by Guarantee - No. 4043124
Methodist Homes for the Aged is part of MHA