

# Briar Hill House, Rugeley

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## Nursing Care



Person-centred care and support

# Briar Hill House

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We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Briar Hill House offering:

- nursing care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

## MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.

## Briar Hill House

Briar Hill House is situated within its own landscaped grounds on Attlee Crescent, a quiet residential area on the outskirts of Rugeley. The location is a short distance from the town centre shops and amenities.

Here we provide care in a homely, purpose-built environment, designed for your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.

## Your Accommodation

As a resident, you'll enjoy having your own private single room, designed to make your life at Briar Hill House a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

## The Care Team

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Briar Hill House.



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## Your Care

We aim to give each individual, person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your named nurse and keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

**Nursing Care** - Our 24-hour nursing care is provided by professional qualified nurses and trained care staff. We seek to meet increased physical needs and mental frailty with our on-going personalised nursing care.

Most importantly we ensure each resident is treated with respect and dignity that we all deserve.

## Health Care

As a resident of Briar Hill House, you will have access to the full spectrum of local health and medical services such as your own GP and hospital appointments. The chiropodist, optician, occupational therapist and dentist all visit residents regularly and we have our own reflexologist who works within the home. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

## Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

## Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

## Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

## Social Facilities

At Briar Hill House we have a large number of different communal areas including spacious lounges, seating areas and dining rooms. You'll find these areas sociable and popular meeting places for residents. We also have a hairdresser who visits to use our own well-equipped salon and provide you with a full hairdressing service.

Daily activities at the home are organised by our Social Care Co-ordinator and include singing and arts and crafts. We also organise trips to social events and local places of interest, and enjoy visits from the local pat-dog scheme, musicians and theatrical entertainers.

## Community Facilities

Within the town of Rugeley there is a vibrant shopping centre and community facilities such as libraries, parks and a leisure centre. Local places of interest include the forest of Cannock Chase, an area of outstanding natural beauty, covering 26 square miles, the River Trent and the Trent and Mersey Canal, which both flow through the town.

## Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas.



MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.

### Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family, friends, animals, nature, music, art or other activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

### Visitors

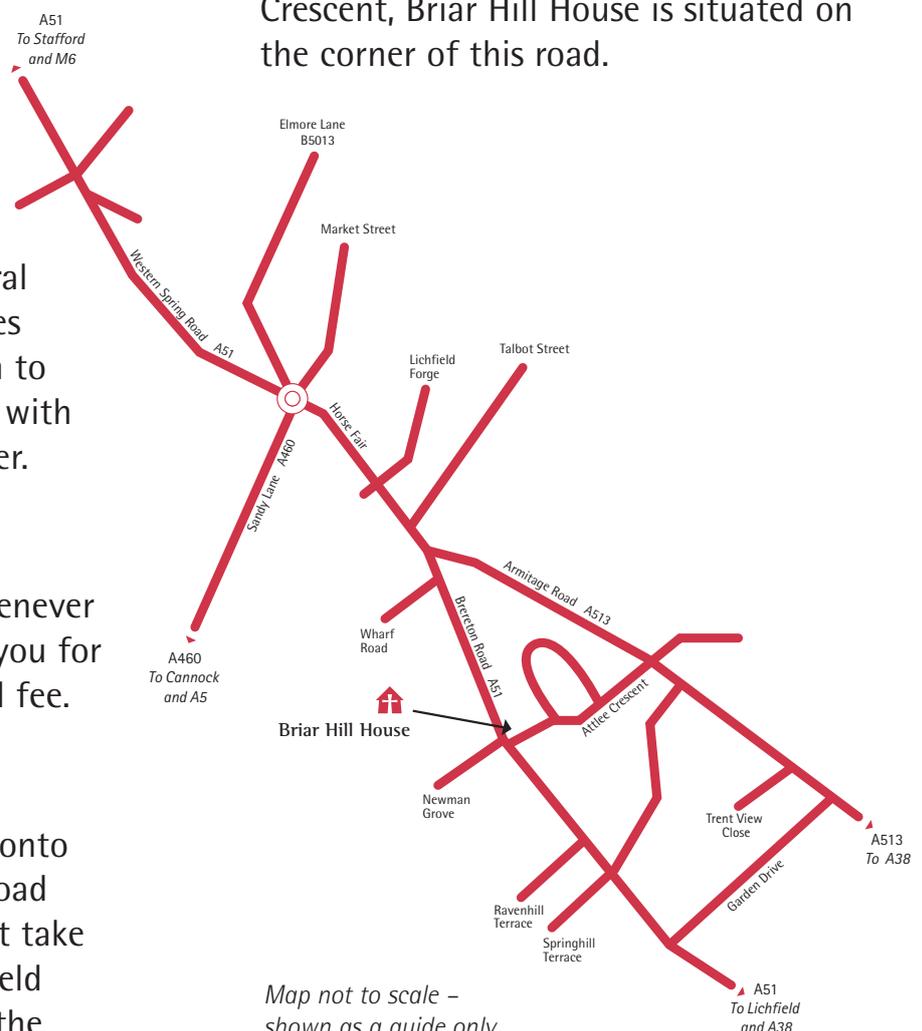
Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

### Where Are We?

**From the West.** Exit the M6 at J13 onto the A449 for Stafford. Follow this road into Stafford and at the roundabout take the fourth exit onto the A34 (Lichfield Road). At second roundabout, take the

first exit onto the A513 and follow this road into Rugeley. At the first roundabout take the second exit onto the A51 (Western Springs Road). At the next roundabout take the second exit and continue along the A51 for a short distance until you see the turning for Attlee Crescent on your left.

**From the East.** Exit the A38 at Lichfield and follow signs for A51 Rugeley/A513 Stafford. Once on the A51 follow this road into Rugeley. At the roundabout take the first exit and continue on for approximately 2km. Turn right into Attlee Crescent, Briar Hill House is situated on the corner of this road.



Map not to scale – shown as a guide only



### Interested in finding out more?

Please give us a call on  
**01889 576622.**

We will be delighted to talk to you.

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housing and care for older people

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