

Residential and Dementia Care



Person-centred care and support





We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Avonleigh Gardens offering:

- residential and dementia care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.



Avonleigh Gardens

Avonleigh Gardens is situated within beautifully landscaped gardens near the centre of Oldham. The location is a leafy suburban setting, which ensures both quiet surroundings and a relaxed pace of life.

Here we provide residential care and support in an adapted setting, designed for both your ease of access and comfort, with an on-site staff team to provide you with 24-hour care and support.

Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Avonleigh Gardens a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

The Care Team

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Avonleigh Gardens.

Your Care

We aim to give each individual personcentred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

Residential Care - We seek to meet increased physical needs and frailty with our on-going personalised care.

Dementia Care - MHA recognises each person as a unique individual. By getting to know the person and their life history, we aim to understand the meaning behind behaviour and plan our care to reduce any frustrations and improve well-being.

Most importantly we ensure each resident is treated with respect and dignity that we all deserve.

Health Care

As a resident of Avonleigh Gardens, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The optician, chiropodist, occupational therapist and dentist all visit residents regularly. All you need to do is inform our care team if you would like to make an appointment.

Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Social Facilities

Avonleigh Gardens has a number of spacious residents' communal areas including a lounge, dining room and an activities room. You'll find all these areas very sociable and popular meeting places for residents.

While we always respect your privacy, we have our own Social Care Co-ordinator who organises a complete schedule of activities for you to take part in if you wish. These include painting, crafts, sing-alongs, books on tape, physical fun, games, bingo and speciality coffee mornings.

Entertainers visit the home regularly and we also like to organise social events for your pleasure such as outings and bus trips.

Community Facilities

Within Oldham there is a vibrant shopping centre and a twice-weekly market. The town's industrial past is featured at both Oldham Museum and Saddleworth Museum and the town's art gallery boasts a collection of paintings by Constable, Turner, Lowry and the Charles Lees Watercolour Collection.

Other community facilities within easy reach of the home include the post office, shops and a library.



Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.

Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

Where Are We?

From the M60. Take J22, following signs for Oldham. This is Manchester Road, A62. On the left you will pass a Renault garage and Werneth Park on the right. Further up the road there is Compo's Café on the left. Next, approach a large roundabout. Take the third exit and stay in the right-hand lane, this will take you onto the A62, Oldham Way.

Pass Sainsbury's on your left. At the end of the by-pass is the Mumps Bridge Roundabout. Take the second exit onto Huddersfield Road. At the traffic lights go straight on passing McDonalds and Tesco on the right. At the next set of traffic lights turn left onto Ripponden Road.

As you climb the hill you will pass East Methodist Church. When you've passed the Black Horse pub you will see a pelican crossing. Clyde Street is the turning just before these lights. Avonleigh Gardens is the first turning on the left.

From M62. Take J20 onto the A627(M) following signs for Oldham. Leave the A627(M) via the slip road for Royton/Shaw passing a large shopping outlet on the left-hand side. At the roundabout take the second exit, Chadderton Way.

Pass Oldham Athletic football ground going through the traffic lights with B&O on the left-hand side. Go through another set of lights and approach the roundabout, taking the third exit onto A62, Oldham Way.

Follow directions in italics above.



Interested in finding out more?

Please give us a call on **0161 627 5722.** We will be delighted to talk to you.

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