

Individual living with nursing care







Person-centred care and support





We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Allesley Hall offering:

- individual living with nursing care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

# MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life.

MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation.

We see every resident as a unique individual and provide care that is based on respect and loving support.



## **Allesley Hall**

Allesley Hall is situated within acres of its own landscaped gardens at the end of Allesley Hall Drive in Coventry.

Here we provide dedicated nursing care and support in an historic setting, designed for your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.

### Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your time at Allesley Hall a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

#### Your Care

We aim to give each individual personcentred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

Nursing Care - Our 24-hour nursing care is provided by professional qualified nurses and trained care staff. We seek to meet increased physical needs and mental frailty with our on-going personalised nursing care.

Most importantly we ensure each resident is treated with the respect and dignity that we all deserve.

### The Care Team

Our Home Manager is a fully qualified nurse who leads a team including a deputy manager, a team leader, registered nurses, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Allesley Hall.

#### **Health Care**

As a resident of Allesley Hall, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The chiropodist, optician, physiotherapist and dentist, all visit residents regularly. Our reflexologist, speech and language therapist comes weekly and their costs are covered by the home.

All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

## **Cleaning and Laundry**

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

### Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

# Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

#### **Social Facilities**

Allesley Hall has a number of residents' communal areas including a large lounge on each floor. You'll find these areas very sociable and popular meeting places for residents. The Gallery on the first floor is ideal for those quiet moments to chat with your relatives and the hairdressing salon is very popular during our hairdresser's weekly visits.

Daily activities at the home include the library book club, ceramics, books on tape, aromatherapy, physical fun, bingo and speciality coffee mornings. Outside theatre groups, musicians and entertainers visit regularly and we also like to organise social events such as outings and bus or boat trips.

## **Community Facilities**

We have links with various local organisations who offer opportunities for us to join with other groups, day centres and provide transport to events. Also, our care team will be happy to advise you on local places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs.

# **Quality Standards**

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission.









If you would like further validation of our standards and quality of services, please do not hesitate to ask.

## **Spiritual Well-being**

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

#### **Visitors**

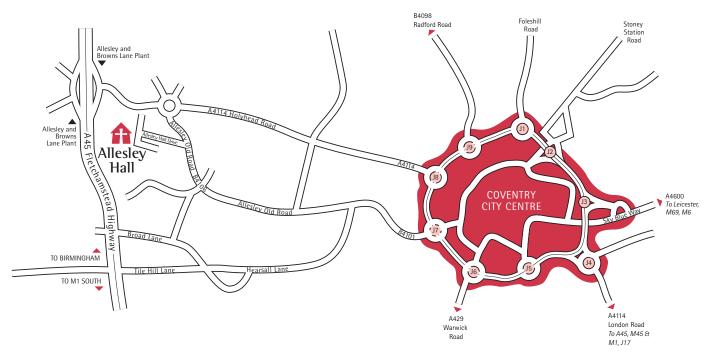
Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

#### Where Are We?

From the M1 South/Birmingham.
Allesley Hall is best approached via the A45 Fletchamstead Highway.
See map below.

## From Coventry City Centre.

Allesley Hall is best approached via either the A4114 Holyhead Road or the B4106 Allesley Old Road. See map below.











# Interested in finding out more?

Please give us a call on **02476 679977.**We will be delighted to talk to you.
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