

# Rylands & Brooklands, Wallington

Residential and Dementia Care



Person-centred care and support

# Ryelands & Brooklands

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We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Ryelands and Brooklands offering:

- residential and dementia care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

## MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.



## Ryelands and Brooklands

Ryelands and Brooklands are situated within beautifully landscaped grounds in the centre of Wallington. Here we provide both residential and dementia care in an environment designed for your ease of access and comfort. This includes an on-site dedicated staff team to provide you with 24-hour care and support.

## Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Ryelands and Brooklands a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

## Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

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**Dementia Care** - MHA recognises each person as a unique individual. By getting to know the person and their life history, we aim to understand the meaning behind behaviour and plan our care to reduce any frustrations and improve well-being.

Most importantly we ensure each resident is treated with the respect and dignity that we all deserve.

### **The Care Team**

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Ryelands and Brooklands.

### **Health Care**

You will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The chiropodist, optician, occupational therapist and dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

### **Meals and Refreshments**

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting

diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

### **Cleaning and Laundry**

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis. Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

### **Security and Peace of Mind**

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

### **Social Facilities**

Ryelands and Brooklands have a number of residents' communal areas including spacious lounges, dining rooms, a music room and an activities room. You'll find all these areas very sociable and popular meeting places for residents.

Whilst we always respect your privacy, we have our own Social Care Co-ordinator who organises a complete schedule of activities for you to take part in if you wish. These include painting, crafts, sing-alongs, books on tape, physical fun, games, bingo and speciality coffee mornings. Theatre groups, musicians and entertainers visit regularly and we also like to organise social events such as outings and bus trips.

We also have a hairdresser who visits to use our own well-equipped salon or provide you with hairdressing services in your room.

### Community Facilities

The local attractions within Surrey are numerous and include the beautiful RHS Wisley Gardens, Painshill Park, Loseley Park and the Rural Life Centre at Farnham. For those able to travel, the city of London is only a 30-minute train ride away.

Other community facilities within easy reach of the home include the town centre with the post office, shops and library.

### Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further



validation of our standards and quality of services, please do not hesitate to ask.

## Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

## Visitors

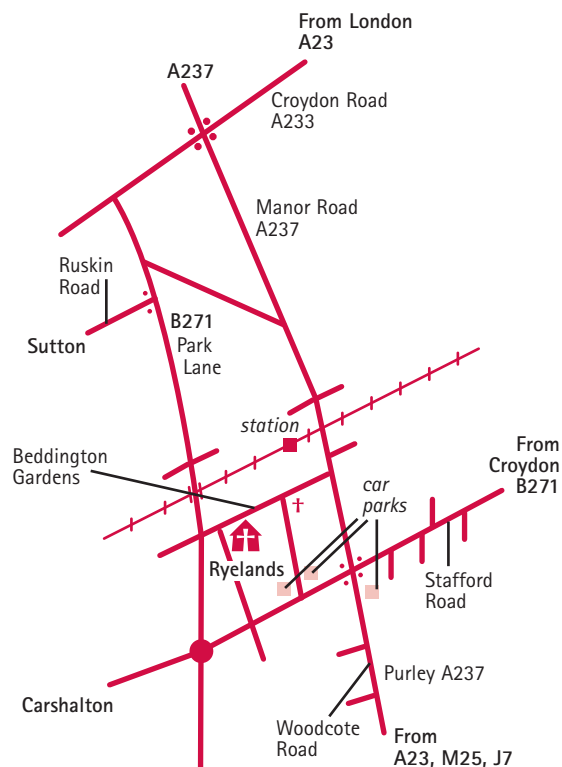
Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

## Where Are We?

**From London.** Leave the city on the A23 Brighton Road, by-passing Croydon. At the junction with the A232 turn right towards Sutton. At the traffic light junction with the A237 turn left into Manor Road (signposted Purley), proceeding into Wallington. Pass the railway station on the right, then take the next turning right into Beddington Gardens.

**From M25.** Leave the M25 at J7. Proceed on the A23. On reaching Coulsdon, take the left fork, A237 to Wallington and Carshalton. On crossing the B271 to Croydon, proceed into Wallington centre and take the next left turning before the railway station into Beddington Gardens.

**From Croydon.** Take the A232 (signposted Banstead, Carshalton & Wallington), bear left onto Stafford Road, the B271, crossing the A23. Proceed towards Wallington centre and at the crossroads with Woodcote Road, A237 turn right. Take the first left turn before the railway station into Beddington Gardens.



Map not to scale – shown as a guide only



### Interested in finding out more?

Please give us a call on  
**020 8647 6837.**

We will be delighted to talk to you.

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housing and care for older people

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