

# avids House, Harrow

Residential & Dementia care







Person-centred care and support





We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Davids House offering:

- residential and dementia care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

# MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life.

MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation.

We see every resident as a unique individual and provide care that is based on respect and loving support.



#### **Davids House**

Davids House is situated within its own beautifully kept grounds on Pool Road in Harrow. The location is a leafy suburban setting, which ensures both quiet surroundings and a relaxed pace of life. Here we provide residential and dementia care in a modern, purpose-built environment, designed for your ease of access and comfort.

### Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Davids House a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities and TV's, enabling you to relax within the privacy of your own room.

### **Your Care**

We aim to give each individual personcentred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs. Most importantly we ensure each resident is treated with the respect and dignity that we all deserve.

## The Care Team

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Davids House.

## **Health Care**

As a resident of Davids House, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The optician, chiropodist, occupational therapist and dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

#### Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

# **Cleaning and Laundry**

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

# Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

## Social Facilities

Davids House offers a large number of communal areas including two spacious conservatories and lounge-dining rooms. You'll find these areas sociable and popular meeting places for residents.

Our Deputy Manager organises a complete range of activities for you to take part in if you wish. These include crafts, singalongs, physical fun, games, bingo, coffee mornings and religious celebrations. Outside entertainers including theatre groups and musicians visit us regularly and we also like to organise social outings.

## **Community Facilities**

Harrow boasts many attractions including Harrow Museum's Headstone Manor, which is surrounded by the only surviving moat in Middlesex. The area also has an arts centre, as well as numerous restaurants and leisure facilities. Our care team will be happy to advise you on all the local places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs.

## **Quality Standards**

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.

# **Spiritual Well-being**

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.









In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

#### **Visitors**

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

#### Where Are We?

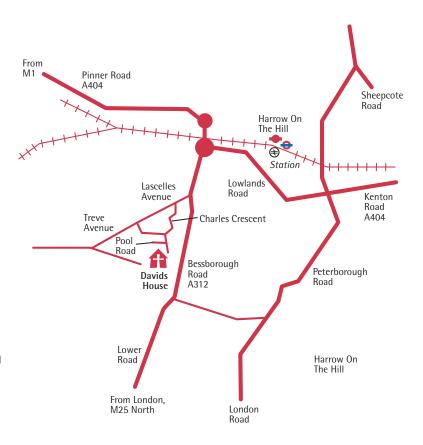
By Car. From M40 motorway, continue onto the A40, taking the first exit onto Church Road, A312. Continue along the A312. Bear left onto Pett's Hill, A312. At the roundabout take the second exit onto Northolt Road, A312. Next, turn left onto Lower Road, then bear left onto Bessborough Road, then left into Lascelles Avenue and then take the second turning on the left into Charles Crescent. Finally, take the second turning on the right into Pool Road, Davids House is situated at the end of Pool Road. The home has ample parking.

By Train. The Metropolitan Line runs approximately every 10-15 minutes to Harrow on the Hill Station.

By Bus. Take buses 114, 140 and H11 from Point C at Harrow on the Hill Station. Get off at the first stop. Take the second turning on your left into Charles Crescent and then the second turning on the right into Pool Road, Davids House is at the end of Pool Road.

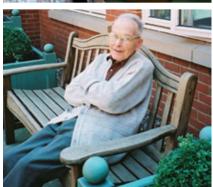
On Foot. From Harrow on the Hill Station, turn right at the barrier and follow signs for College Road to Harrow on the Hill Bus Station. Walk through to the end of the bus station, continuing along College Road until you reach the underpass.

When you come out of the underpass, walk along Bessborough Avenue on the right-hand side of the road onto the small roundabout. Turn right into Lascelles Avenue and then take the second turning on the left into Charles Crescent. Finally, take the second turning on the right into Pool Road, Davids House is situated at the end of this road.



Map not to scale - shown as a guide only









# Interested in finding out more?

Please give us a call on **020 8864 2238.**We will be delighted to talk to you.

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