

Langholme, Falmouth

Residential Care



Person-centred care and support



Langholme

We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for 65 years, we have used our experience to develop a special service at Langholme offering:

- residential care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.

Langholme

Langholme is situated in pleasant landscaped grounds on Arwenack Avenue in Falmouth. This seaside location offers views of the harbour and is a short distance from Falmouth's town centre.

Here we provide dedicated residential care and support in a purpose-built setting, designed for both your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.

Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Langholme a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

Some rooms have en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

The Care Team

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Langholme.



Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

Health Care

As a resident of Langholme, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The chiropodist, optician, occupational therapist and dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Social Facilities

Langholme has a large number of residents' communal areas including a spacious lounge, tea bars, seating areas and a dining room. You'll find all these areas very sociable and popular meeting places for residents.

Whilst we always respect your privacy, Langholme has its own Social Care Co-ordinator who organises a complete schedule of activities for you to take part

in if you wish. These include painting, crafts, sing-alongs, needlework, physical fun, games, bingo and coffee mornings. Outside entertainers including theatre groups and musicians visit us regularly and we also like to organise social outings such as bus or boat trips.

Community Facilities

Falmouth boasts a superb location at the southern end of the Fal Estuary, a beautiful network of creeks and rivers. The town has a centuries-old port, excellent sandy beaches and a vibrant shopping centre. Local attractions include the National Maritime Museum, Pendennis Castle and Falmouth Art Gallery.

Other community facilities within easy reach of Langholme include the post office, shops, library and leisure centre.

Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.

Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.



Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

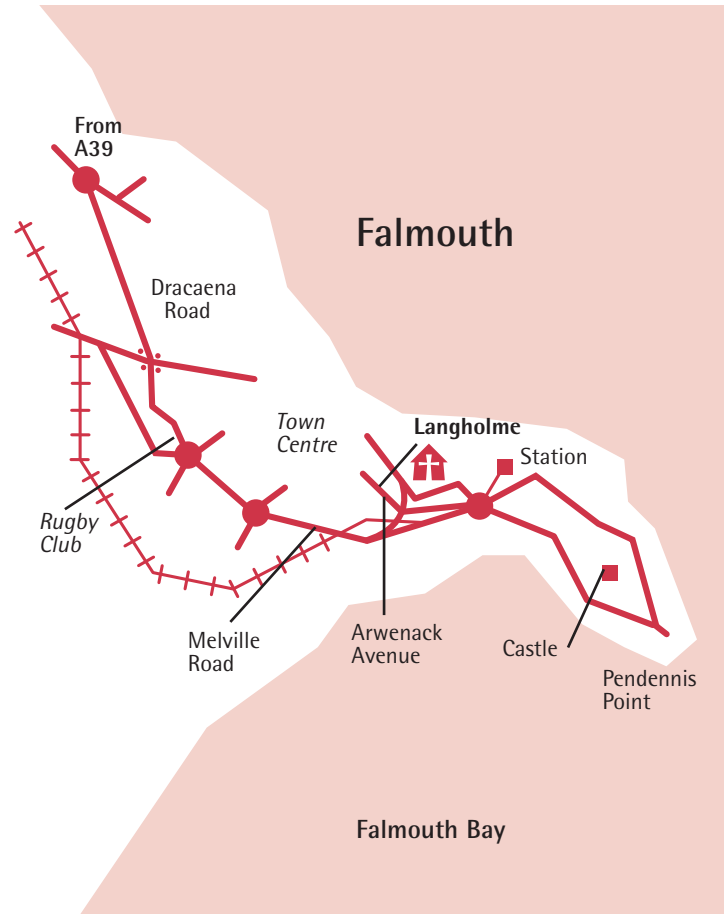
We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

Where Are We?

Approach Falmouth on A39.

Close to the town centre at the roundabout with a supermarket on the right, take the second exit up Dracaena Avenue. Proceed to roundabout with Falmouth Rugby Club on the right, take the second exit, Melville Road. Proceed along Melville Road, going straight on at the next roundabout. Where the road forks, bear left along Avenue Road. Travel down the hill and under the bridge. First left after the bridge is Arwenack Avenue. To reach Langholme on the right-hand side, follow the one-way system around the avenue and double back, until the home is on your left.



Map not to scale – shown as a guide only



Interested in finding out more?

Please give us a call on
01326 314512.
We will be delighted to talk to you.

Langholme
Arwenack Avenue
Falmouth
Cornwall
TR11 3LD

Fax: 01326 317577
Email: home.fal@mha.org.uk



Head Office

Epworth House
Stuart Street
Derby
DE1 2EQ

Phone: 01332 296200
Fax: 01332 296925
Email: enquiries@mha.org.uk
Website: www.mha.org.uk

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