



Interested in finding out more?

Please give us a call on
01253 735037.

We will be delighted to talk to you.

Starr Hills
Ansdell Road South
Ansdell
Lytham St Annes
Lancs
FY8 5PQ

Fax: 01253 732466

Email: home.lyt@mha.org.uk



Head Office

Epworth House
Stuart Street
Derby
DE1 2EQ

Phone: 01332 296200

Fax: 01332 296925

Email: enquiries@mha.org.uk

Website: www.mha.org.uk

Registered as a Charity - No. 1083995
Company Limited by Guarantee - No. 4043124
Methodist Homes for the Aged is part of MHA



Tarr Hills, Lytham St Annes

Residential Care



Person-centred care and support

We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Starr Hills offering:

- residential care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.



Starr Hills

Starr Hills is situated in the seaside resort of Lytham St Annes, which is located between Blackpool and Preston. The location is within a conservation area, which ensures both quiet surroundings and a relaxed pace of life.

Here we provide dedicated residential care and support in an adapted setting, designed for both your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.

Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Starr Hills a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

The Care Team

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Starr Hills.

Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

Health Care

As a resident of Starr Hills, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The chiropodist, optician, occupational therapist and dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Social Facilities

Starr Hills has a large number of residents' communal areas including a spacious lounge, tea bars, seating areas and a dining room. You'll find all these areas very sociable and popular meeting places for residents.

Whilst we always respect your privacy, Starr Hills has its own Social Care Co-ordinator who organises a complete schedule of activities for you to take part

in if you wish. These include painting, crafts, sing-alongs, needlework, physical fun, games, bingo and coffee mornings. Outside theatre groups, musicians and entertainers visit regularly and we also like to organise social events such as bus or boat trips.

Community Facilities

Lytham St Annes is a traditional seaside town with a Victorian Pier and the famous Lytham Green and Windmill. The area is also renowned for Ribble Estuary, home to over 250,000 migratory birds every year and the RSPB Discovery Centre at Fairhaven Lake.

Other community facilities within easy reach of Starr Hills include a leisure centre, library, theatre, park, bowling green, post office and an excellent shopping centre.

Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.



Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

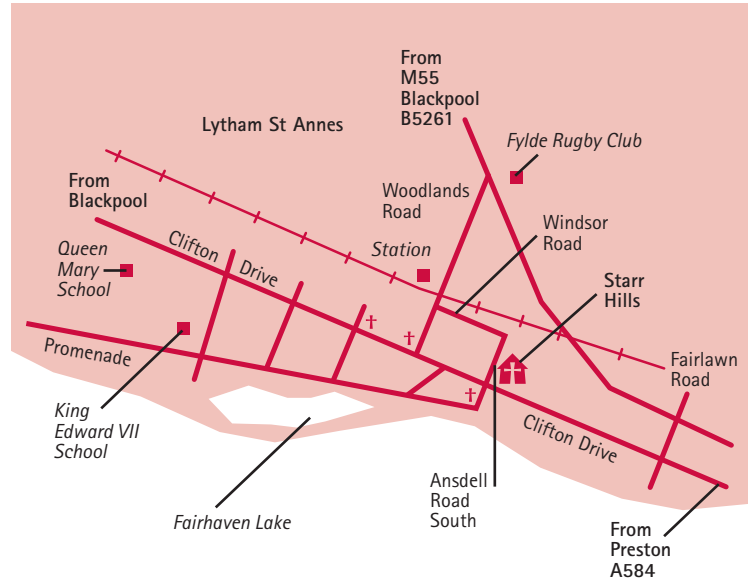
In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

Where Are We?

From M55. Stay on M55 until the end, filter left at the roundabout onto A5230. At the next roundabout turn right, continue to the second set of traffic lights and turn left onto the B5261. Continue through Heyhouses and North Houses, go straight on at the mini-roundabout and then take the third turn on the right into Woodlands Road. Continue on over the railway line before turning left into Windsor Road. At the end of this road turn right into Ansdell Road South; Starr Hills is on the left.



Map not to scale – shown as a guide only

From Preston. Take the A583 signposted Lytham and Blackpool. Take the left fork to Lytham, the A584. Proceed through Lytham passing the lifeboat station on your left. Go over the crossroads with Fairlawn Road to the next crossroads with Ansdell Road South. Turn right into Ansdell Road South and Starr Hills is immediately on your right.

From Blackpool. Take A584, South Shore following signs for Lytham. Continue past St Annes Pier and the schools marked on the map. Pass three crossroads and at the fourth turn left into Ansdell Road South.